

NEXUS

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PUBLISHED BY

NEXUS Magazine Pty Ltd, ABN 80 003 611 434

EDITOR

Duncan M. Roads

CO-EDITOR

Catherine Simons

ASSISTANT EDITOR/SUB-EDITOR

Ruth Parnell

OFFICE ADMIN/EDITORS' ASSISTANTS

Jenny Hawke; Susie Foster

MAIL ORDER DEPARTMENT

Richard Giles; Susie Foster

WEB MISTRESS

Jenny Hawke

CONTRIBUTORS THIS ISSUE

Rick Rozoff; Sherrill Sellman, ND;
Nenah Sylvester, PhD; James Maxlow, PhD;
Nassim Haremein; Marcus Reid;
Gary Opit; Michael Tellingier; Jim Oglesby

CARTOONS

Phil Somerville

COVER GRAPHIC

Jeff Edis, jeff_edis@hotmail.com

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Beaudesert Times, Queensland, Australia

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HEAD OFFICE – All Correspondence

PO Box 30, Mapleton, Qld 4560, Australia.

Tel: (07) 5442 9280; Fax: (07) 5442 9381

Website: <http://www.nexusmagazine.com>

NZ OFFICE: RD 2, Kaeo, Northland. Tel: +64 (0)9 405 1963; Email: nexusnz@xtra.co.nz

UK OFFICE: 55 Queens Rd, East Grinstead, West Sussex, RH19 1BG. nexus@ukoffice.u-net.com

EUROPE OFFICE: Postbus 10681, 1001 ER Amsterdam, The Netherlands. Email: nexus@fsf.nl

STATEMENT OF PURPOSE

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Editorial

This year, 2010, marks the 20th year of my involvement with NEXUS Magazine specifically, and marks over 30 years of being involved with alternative media and finding unusual and off-beat information to impart. During that time I have travelled far and wide, amassed a huge library of rare and hard-to-get information, and met and held discussions with many diverse and interesting people. Many times I have been offered information on the condition that I do *not* publish it. Such has been my thirst to understand "the big picture" that I readily accepted such conditions.

I would like to share some of the overall "picture" painted by what I call the more interesting sources. These contacts usually provide information specific to their personal involvement, i.e., no speculation, just what they saw and did, and, as you might appreciate, these are credible sources.

I share this information with you now, because mankind stands at a juncture where disclosure of our relationship with non-terrestrial and non-human beings is "just around the corner", figuratively speaking. When this day comes, the average person is going to want to know if "they" are friendly, neutral or hostile. There is certainly money and encouragement for researchers and publishers to spread the fear factor, and there is peer pressure and even naked hatred for those who claim that we are not under threat as a species. So what have I learned that can be contributed to the information pool on this topic?

1. The Earth has a secret rulership. Don't ask me who they are; I don't know. Their primary instruments of control include religions, the intelligence community, central banks, media and the military-industrial complex.

2. Starting around World War II, a parallel scientific and technological path was taken, resulting in the creation of teleportation and antigravity devices, cloned super-humans, a fleet of spaceships, off-world bases, etc.

3. We have been visited by many civilisations many times, and these visits are ongoing and increasing. Some view us as distant relatives and want to help; some view us with dispassionate interest and scientific curiosity; and some just want to access resources that are unique to our part of the woods.

4. Everyone seems to be expecting some sort of major change to occur in, on or around Earth in the very near future. How soon, I don't know. There is a lot of interest in what the outcomes of this will be.

Now this might not seem like anything new to a lot of you, but I can tell you that hearing this information from people who have actually been on the ships, met the aliens, been to other planets and off-world bases, etc. means that it sinks in a lot more than you would imagine.

The thing that bugs me is that we have a bunch of rulers who want to stay hidden but who have the technology to allow everyone to lead happy, healthy and peaceful lives; the technology to transform the planet into an Eden-like paradise; the technology to end disease and polluting energy sources. So why maintain the stress? Is controlling six billion humans really that rewarding for whoever is doing this? For this, I have no firm answers.

The temporary conclusion I have drawn is that Earth/mankind is maybe the equivalent of a "farm" or a "garden" or a "school", or all three combined. If so, I wonder if the harvest and the graduation are the same thing...

I've run out of room to give a summary of this edition's contents, but rest assured that we have another great read in store for you. Until next time...

Duncan

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Dr Kathy Forti (USA): Came back from a near-death experience with the blueprint for a new technology.

Nassim Haramein (USA): Physicist presenting new concepts of information linking Einstein's field equations with quantum physics and consciousness.

Trisha McCagh (Australia): Animal communication expert on how to interact intuitively with our pets.

Ian Ross Vayro (Australia): Author of *God Save Us From Religion, They Lied to Us in Sunday School* and *Tears in Heaven*.

Donna Fisher (Australia): Author and investigator of the links between ill health, EMFs and dirty electricity.

James Maxlow (Australia): Geologist and leading advocate of the Expanding Earth hypothesis.

Wal Thomhill (Australia): Key researcher and lecturer on the *electric* nature of the cosmos.

Sherrill Sellman (USA): Author and researcher who specialises in the role of hormones in our health.

David-Wynn: Miller (USA): How our language has been used to enslave the masses for thousands of years; and what we can do about it.

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Letters to the Editor ...

MMR Researchers Silenced

Dear Editor: Readers may know that Dr Andrew Wakefield and two other doctors have been tried over three years in the UK by the General Medical Council, having suggested a link between the MMR vaccination, inflammatory bowel disease and regressive autism. In January, all defendants were found guilty on almost all charges.

The complaint was made by a journalist from the *Sunday Times*, whose managing owner, James Murdoch, is now a board member of vaccine manufacturer GSK. Legal aid, given to fight a claim against GSK and two other companies, was withdrawn in 2003, and the appeal was turned down by a judge with a brother on the GSK board. This brother was also a managing editor for Elsevier, which publishes the medical journal *The Lancet*, whose editor was a leading prosecution witness. Need I go on...except to mention that the chair of the panel (jury) that tried the three doctors had shareholdings in GSK. The whole farrago was organised to show that the MMR vaccination is completely safe.

To publicise the cases of the 2,000-odd vaccine-damaged children in the UK, I have edited and published two volumes of "parents' stories" (*Silenced Witnesses: The Parents' Stories. The Denial of Vaccine Damage by Government, Corporations and the Media*). These books, written by parents, can be obtained from the website: www.slingshotpublications.com. Slingshot is now behind with the printer's

bill, so any donations, sales of the books, and offers to distribute or reprint them would be appreciated.

Best wishes,
Martin J. Walker

MMR-Paper Controversy

Dear Duncan: So *The Lancet* has retracted a controversial 1998 paper that linked the measles, mumps and rubella (MMR) vaccine to autism.

A study by the General Medical Council (GMC), which oversees doctors in Britain, discredited the lead author, Dr Andrew Wakefield, saying that he had "acted unethically in conducting the research". It stated that "there was a biased selection of patients in *The Lancet* paper" and that his "conduct in this regard was dishonest and irresponsible". Interesting.

The GMC is headed by a professor of a major UK medical university—one that is heavily funded and sponsored by, you guessed it, the principal manufacturer of the vaccine in question! Don't believe me? Visit the GMC's website, then Google the names of the university and the manufacturer. Follow the money!

Best regards,
Ian N., Australia

Enlightenment via the Net

Thank you, Duncan, for publishing "Journey through the Light and Back" (17/03).

I had a very similar experience in 1958 when I lost external consciousness while listening to the concert pianist Albert Ferber in a Rosicrucian temple in London. Unfortunately at that time, when I was a young

airman, the world was not as tolerant. As a result, when I tried to share my experience in my community, I was formally excommunicated from my Christian church by the Very Reverend Dean of Bawtry, who marked my Air Force records that in the event of death I was never to be buried in consecrated ground.

Fortunately, enlightened people like Mellon Thomas Benedict now have the advantage of the Internet in sharing their stories.

I have excitement at the ongoing work for an "Integral and Wilful Evolution" by Ken Wilber and Craig Hamilton. Perhaps you could feature them? The "Operating System" is wonderful and inspiring; see the website www.IntegralLife.com/.

Thank you again for your contribution to humanity.

Phil H., Western Australia

Australian Fuel Cells

Hi Duncan: Further to the article on Bloom Energy [17/03], it might interest you to know that an Australian company has been producing ceramic fuel cells for the European market for a number of years and was floated on the ASX in 2004 and on the London Stock Exchange and the AIM market in 2006. Ceramic Fuel Cells Limited (CFCL) was formed in 1992.

I was reading out the Bloom Energy article to a German friend, who wasted no time crowing about how Germany has been using this technology for years and that the company which provided this energy was even listed on the stock exchange as CFU!

I endeavoured to research this and, lo and behold, this is what I found. Check it out at www.cfcl.com.au/about/.

I wasted no time letting my friend know that it is, in fact, an Australian company that supplies Germany with this technology!

Sadly, how daft does this make us appear when we are looking at American technology, i.e., from Bloom Energy, when it is clear that we have the forerunners to ceramic fuel cells sitting right here in our own backyard!

Leanne N., Bunbury, WA

Alert on Bisphenol A

Hello again, Duncan: I have come across another *big* story that I don't think gets any real press.

I just sent it to Elaine Hollingsworth's Doctors are Dangerous website, so hopefully Elaine will send this information out in one of her upcoming e-zines. I figured I should send it to you as well, because not many other publications have the guts to print this kind of story.

This story is about how bisphenol A is in nearly all of our canned foods and beverages. This is where I found out about it: <http://tinyurl.com/2g486sg>.

Len F., Washington, USA

Ancient Geo-engineering

Dear Editor: A new term, "geo-engineering", has come to the fore at various international meetings dealing with "global warming" (now more correctly addressed as "climate change"). This term was officially embraced by the US presidential science

... more Letters to the Editor

NB: Please keep letters to approx. 150 to 250 words in length. Ed.

adviser, Dr John Holdren.

Speaking at an international conference in Bonn, Germany, he revealed that "geo-engineering" is among the "extreme options" under discussion by the US government. Using space-age technology yet to be devised, he said, "particles will be shot into the Earth's upper atmosphere to create a shield that will reflect away from Earth the Sun's warming rays". While such extraordinary measures would be only a last resort, Dr Holdren said: "We don't have the luxury of taking any approach off the table."

Such new space-age ideas duplicate technologies that have already been used—450,000 years ago! The audacious idea of protecting a planet thermally by creating a shield of particles in its upper atmosphere is not as revolutionary as it seems. It was, as I wrote in my 1976 book *The 12th Planet*, exactly the reason why the Anunnaki—"Those who from Heaven to Earth came"—had come here some 450,000 years ago from their planet Nibiru.

On Nibiru—"Planet X" of our solar system—the problem was the opposite: loss of internally generated heat due to a dwindling atmosphere, brought about by natural causes and nuclear wars. Nibiru's scientists, I wrote, concluded that the only way to save life on their planet was to create a shield of gold particles in their upper atmosphere. It was in search of the needed gold that the gods of the ancient peoples had come to Earth.

Basing my conclusions on Sumerian and other texts from the ancient Near East, I wrote that the Anunnaki began to arrive on Earth some 445,000 years ago, establishing settlements in the E.Din (later called Mesopotamia) and mining gold in southeastern Africa.

As I have written in subsequent books, "modern science is only catching up with ancient knowledge". The idea of geo-engineering is borrowed from Anunnaki technologies.

Zecharia Sitchin, New York City, USA

Brain Tumours Predicted

Dear Duncan: I love your magazine and I've been getting it for about eight years. Something has come to my notice that could be very dangerous for humans in the near future, and I would like your readers to know this through your excellent magazine.

I am a retired radio and television technician, and have worked in the industry for over 50 years. My last job was with an electronics repair firm, and I specialised in the repair of television sets, amplifiers and microwave ovens. I did a course in microwave ovens, and over my training period I learned that they heat the food by a process of "bio-molecular friction". In other words, the water in the food vibrates at an incredible speed of 2.4 GHz, or 2,400,000,000 times per second. I also learned that a frequency of 2.4 GHz was picked worldwide because the water molecules vibrate the easiest at this frequency. This friction causes heat

and, hence, cooks the food. If the authorities had picked a lower or higher rate of vibration, the oven would not be very efficient, hence the frequency of the magnetron circuit, 2.4 GHz, is used.

Now to the point of my letter. Recently I was walking through a shop that sells cordless phones and I was shocked to see, written on some phones, the frequency of 2.4 GHz. My cordless phone is 900 MHz, or 0.9 GHz. Some other phones there were 5.8 GHz, which is also okay. But holding a 2.4 GHz cordless phone to your head would "vibrate" the liquid molecules in your brain very easily. I think that in 10 years' time, there will be a lot of people with brain tumours.

Morris B., Mackay, Queensland, Australia

Ringling Cedars Inspiration

Dear Duncan: After reading yet another brilliant issue cover to cover, I found myself in turmoil. (Not hard to do with a NEXUS mag, I might add.) I am referring to the article regarding underground cities all over the world and the Planet X scenario, where life as we know it on this planet will supposedly cease to exist by no later than 2012 (a doomsday scenario).

The elite that have access to the underground cities will be the only ones who could possibly survive. The possibility of this happening could be debated for quite some time. I am actually writing to remind those readers who have read the magnificent series of the

"Ringling Cedars" books (if you haven't read any, may I highly recommend them) to remember the power of human thought and dreams. Project a future for yourself and the Earth that brings you joy and true happiness.

The woman Anastasia in these books offers many insights and solutions to man's woes. Let Anastasia's dream for us all be fulfilled. Counteract the doomsday scenarios. Create your own little paradise on Earth.

There has never been a greater need to act than right now. We are the generation on Earth that can step back from the precipice and choose a better future. Stay true to your dreams and your heart.

Thanks, Duncan, for all the energy you put into NEXUS. The more truth we know, the more it will set us free.

Liz F., Victoria, Australia

Rife Handbook Correction

We apologise to all concerned that last edition (17/03) we inadvertently published incorrect details with our review of Dr Nenah Sylver's book *The Rife Handbook of Frequency Therapy, with a Holistic Health Primer*.

The handbook, published by Desert Gate Productions LLC, is available in hardcover or as an e-book (760pp, ISBN 978-0-9818075-0-8) from Bibliotique/Barner Books, New York, tel +1 (845) 255 2635, website <http://www.bibliotique.us/si/rife2009.html>. For more information, visit <http://www.nenahsylver.com>. See this edition (17/04) for part one of Dr Sylver's three-part article, "Healing with Electromedicine and Sound Therapies". Ed.

OVER HALF OF OUR NEWS IS "SPIN"

The Australian Centre for Independent Journalism analysed 2,203 stories across 10 newspapers between 7 and 11 September 2009 to see whether they were initiated by public relations or promotions.

The study found that nearly 55 per cent of stories analysed were driven by some form of public relations; for example, a media release, a public relations professional or some other form of promotion.

Sydney's *Daily Telegraph* topped the study, with 70 per cent of stories analysed found to have been triggered by public relations sources. The least-PR-driven publication was its competitor, the *Sydney Morning Herald*, with only 42 per cent PR-driven stories.

Papers owned by News Ltd, which controls more than two-thirds of the Australian metropolitan print media market, were found to have been more PR driven than those owned by Fairfax Media.

(Source: *Crikey.com.au*, 15 March 2010)



JUST SEEING DISEASE SYMPTOMS PROMOTES IMMUNE RESPONSE

Previous research has found that when people see someone who looks sick, they have a psychological response: they feel disgusted and want to stay away. Researchers from the University of British Columbia wanted to go one step further, to see if looking at sick people might also affect how the immune system itself works.

For this study, published in *Psychological Science*, volunteers were shown two 10-minute slide shows on two different days. The first one was a neutral slide show, with pictures of furniture. The second was one of two options: a disease slide show, showing people with pox, blowing their noses, sneezing and so forth, or a slide show of guns.

Before and after the slide shows, a blood sample was taken from each volunteer. Some bacteria were added to the blood sample, and then the researchers measured the strength of the immune response.

People who had looked at the pictures of people sneezing, coughing or otherwise showing signs of disease had a stronger immune response than people who had looked at pictures of men aiming guns at them.

(Source: *ScienceDaily.com*, 28 April 2010)

NZ HEALTH MINISTRY FINDS THAT FLUORIDATION DOES NOT REDUCE TOOTH DECAY

Statistics from a New Zealand Ministry of Health study suggest there are no advantages derived from fluoridation. These statistics actually match similar arguments set forth by the American Dental Association.

The latter organisation conducted a large study on some 39,000 American children and found that they did not derive any advantages from the use of fluoride.

The practice of adding fluoride to water supplies is to help in the prevention of cavity development. Yet recent studies reveal that fluoridation does little, if anything at all, in terms of cavity prevention.

The study, conducted in New Zealand by the Ministry of Health, reveals that children living in areas



"I knew some of those World Financial Crisis stimulus funds would trickle down to us eventually."

... GLOBAL NEWS ...

with no fluoridation have one per cent fewer cavities than those children who reside in regions where fluoridation is offered.

The statistics are actually revealing that children are simply not benefiting from the use of fluoridation. The bottom line is that the Ministry of Health is trying to make the use of fluoridation sound more promising. At least 50 years of studies indicate that fluoridation does not provide an adequate defence against cavities.

(Source: *Dental Health Magazine*, 30 April 2010, <http://tinyurl.com/2vukm4z>)

BREAST CANCER DEATHS LOWER IN MAMMOGRAM-FREE AREAS

Scientists from the Nordic Cochrane Center in Copenhagen, Denmark, and the Folkehelseinstituttet in Oslo, Norway, have found that deaths from breast cancer were lower in areas where women didn't undergo breast cancer screening tests.

The Danish research team looked at annual changes in breast cancer deaths in two Danish regions where breast cancer screening programs were offered to the public, and compared this to data collected in non-screened regions throughout the rest of the country.

The researchers concluded in their study, which was just published in the *British Medical Journal*, that there's no evidence that the drops in cancer deaths in the women screened for breast cancer had anything to do directly with mammograms.

Moreover, other studies over the past few years have actually implicated mammograms in causing some breast cancers to develop in the first place. For example, a study published in *Archives of Internal Medicine* in 2008 found that the start of mammography screening programs throughout Europe was associated with an increased incidence of breast cancer.

(Source: *NaturalNews.com*, 7 April 2010, <http://tinyurl.com/yabwyam>)

EDIBLE RFID MICROCHIP MONITOR CAN TELL IF YOU TAKE YOUR MEDICINE

Researchers at the University of Florida, USA, have combined RFID, microchips and printed nanoparticle antennas to make pills that communicate with cellphones or laptops to tell doctors whether patients are taking their medicine.

The inventors hope that their tattle-tale technology, still in the prototype stage, can be applied commercially to a range of medications in clinical trials and in the treatment of patients with chronic diseases where it is essential that the doses are taken and taken on time.

The pill is a white capsule with a microchip embedded and with an antenna printed on the outside with ink containing silver nanoparticles. A device worn by the patient energises the microchip via bursts of low-voltage electricity. The chip signal confirms that the pill is in the stomach, and the device sends a signal that the pill has been swallowed. The messages can go to cellphones or laptops to inform doctors or family members.

(Source: *Network World*, 31 March 2010, <http://tinyurl.com/yztqjph>)

"SMART DUST" AIMS TO MONITOR EVERYTHING

In the 1990s, a researcher named Kris Pister dreamed up a wild future in which the Earth would be sprinkled with countless tiny sensors, no larger than grains of rice. These "smart dust" particles, as he called them, would monitor everything, acting like electronic nerve endings for the planet. Fitted with computing power, sensing equipment, wireless radios and long battery life, the smart dust would make observations and relay mountains of real-time data about people, cities and the natural environment.

Now, a version of Pister's smart dust fantasy is starting to become reality. The latest news comes from the computer and printing company Hewlett-Packard, which recently announced it's working on a project that it calls the "Central Nervous System for the Earth". In coming years, the company plans to deploy a trillion sensors all over the planet.

The wireless devices would check to see if ecosystems are healthy, detect earthquakes more rapidly, predict traffic patterns and monitor energy use.



"Before commencing the invasion, should we send them a codified series of mysterious mathematically patterned microwave signals over several months, or just Twitter?"

... GLOBAL NEWS ...

The idea is that accidents could be prevented and energy could be saved if people knew more about the world in real time, instead of when workers check on these issues only occasionally.

Pister said the wireless frequencies that smart dust sensors use to communicate—which work similarly to Wi-Fi—have security built into them. So the data is public only if the person or company that installed the sensor wants it to be, he said.

Further privacy concerns may arise if another vision for smart dust comes true. Some researchers are looking into making mobile phones into sensors. In this scenario, billions of people roaming the Earth with cellphones become the "smart dust".

(Source: *CNN.com*, 3 May 2010, <http://tinyurl.com/zwnlxmc>)

SCOTTISH PAEDOPHILES PROTECTED IN HIGH PLACES

In October 2009, the UK Column reported in an article, "BBC Hides Truth of Girl's Sexual Abuse Ordeal", the shocking case of Downs Syndrome girl Hollie Greig, who was horribly abused by an Aberdeen paedophile ring over a period of 10 years.

From the age of just six, Hollie

was repeatedly sexually abused by her father, Denis Charles Mackie. Later, Mackie began sharing his daughter with a gang of paedophile "swingers" that has been operating in Aberdeen for many years.

The identities of a further seven child victims are already known. There is no question that the gang is well-connected, efficiently organised and totally ruthless. The UK Column's frightening revelation is that the gang is protected by individuals of "high standing" within the Scottish establishment.

In 2000, after 14 years of terrified silence, Hollie eventually told her mother, Anne, about the abuses. Formal statements were made to Grampian Police, providing all the horrifying details and the names of the abusers. They include a senior Scottish sheriff, a policeman, social workers, a nurse, a solicitor, an accountant, a fire officer, the head of a special school, married couples and others.

While there has been some general Scottish media coverage, the media have been largely silent on what must be one of Scotland's worst top-level paedophile scandals.

Suspicious and angry, many individuals directly working to obtain justice for Hollie, as well as a

growing number of the general public, now consider that key establishment figures, many with direct responsibility for criminal investigations and justice, have made a concerted and continuous effort to conceal the facts from the people of Scotland.

The common theme is that victims and their supporters are unable to get any real support from MPs, local councillors, the judiciary, police and other "officials". Many describe a wall of silence, often accompanied by intimidation against the victims.

Recently, a policeman told the UK Column that police themselves had experienced their own paedophile investigations suddenly being dropped by senior police officers. He added: "If you want to really get to the paedophiles, you should look at Westminster."

(Source: *Robert Green, The UK Column*, 2 Feb 2010, <http://tinyurl.com/ygwkk6p5>)

THE END OF GENE PATENTING?

A court in New York State ruled that patents on two genes linked to breast cancer are invalid.

By declaring that the genes can't be patented because they are essentially products of nature rather than inventions, the US District Court for the Southern District of New York State has effectively cast doubt on whether patents on 2,000 other human genes—around 20 per cent of the total—are valid.

The American Civil Liberties Union (ACLU), which brought the case together with the Public Patent Foundation, said that the victory would stop holders of gene patents from cashing in on monopolies over chemicals such as DNA that occur in nature and so don't qualify as patentable inventions.

"The human genome, like the structure of blood, air or water, was discovered, not created," said Chris Hansen, an attorney with the ACLU. (Source: *New Scientist*, 30 March 2010)



FASTING YOGI ASTOUNDS INDIA'S DEFENCE RESEARCHERS

An 83-year-old Indian holy man who says he has spent seven decades without food or water has astounded a team of military doctors who studied him during a two-week observation period.

Prahlad Jani spent a fortnight in a hospital in the western India state of Gujarat under constant surveillance by a team of 30 medics equipped with cameras and closed-circuit television. During the period, he neither ate nor drank and did not go to the toilet.

"We still do not know how he survives," neurologist Sudhir Shah told reporters after the end of the experiment.

"It is still a mystery what kind of phenomenon this is," Shah added.

The long-haired and bearded yogi was sealed in a hospital in the city of Ahmedabad in a study initiated by India's Defence Research and Development Organisation (DRDO), the state defence and military research institute.

The DRDO hopes that the findings, set to be released in greater detail in several months' time, could help soldiers survive without food and drink, assist astronauts or even save the lives of people trapped in natural disasters.

During the 15-day observation, which ended on Thursday [6 May], the doctors took scans of Jani's organs, brain and blood vessels and also conducted tests on his heart, lungs and memory capacity.

Other results from DNA analysis, molecular biological studies and tests on his hormones, enzymes, energy metabolism and genes will take months to come through.

"If Jani does not derive energy from food and water, he must be doing that from energy sources around him, sunlight being one," said Shah.

(Source: *Physorg.com*, 10 May 2010, www.physorg.com/news192690076.html)

RUSSIAN SCIENTISTS SAY GM FOODS ARE HARMFUL

Russian scientists have shown that genetically modified organisms (GMOs) are harmful to mammals. The researchers discovered that animals that eat GM foodstuffs lose their ability to reproduce.

Concerning the experiment carried out jointly by the National Association for Gene Security and the Institute of Ecological and Evolutional Problems in Russia, Dr Alexei Surov had this to say:

"We selected several groups of hamsters, kept them in pairs in cells and gave them ordinary food as always. We did not add anything for one group, but the second was fed with soya that contained no GM components, the third group with some content of genetically modified organisms, and the fourth one with an increased amount of GMO.

"We monitored their behaviour and how they gain weight and when they give birth to their cubs. Originally, everything went smoothly. However, we noticed quite a serious effect when we selected new pairs from their cubs and continued to feed them as before.

"These pairs' growth rate was slower and they reached their sexual maturity slowly. When we got some of their cubs, we formed the new pairs of the third generation. We failed to get cubs from these pairs, which were fed with GM foodstuffs. It was proved that these pairs lost their ability to give birth to their cubs," Dr Surov said.

Scientists discovered another surprise in third-generation hamsters involved in the experiment: hair was growing in their mouths. It's unclear why this happened, and the researchers cannot understand why a program of destruction is launched when animals eat GM foodstuffs. They say this effect can be neutralised only by stopping the feeding of these GM foods.

Consequently, these scientists suggest that a ban be imposed on the use of GM foods until they can be tested for their bio-security. The results of the Russian scientists coincide with those of their colleagues from France and Austria. In one case, when a scientist proved GM maize to be harmful to mammals, France immediately banned its production and sale.

The scientists who carried out the experiments say that it's too early to make far-reaching conclusions about the health hazards of GMOs. They insist there is a need to carry out comprehensive research. They suggest implementing a project, "Safety Gene Technology", at the innovation centre Skolkovo, which is being set up near Moscow.

Russian scientists are not the only ones who have warned of adverse health effects caused by consumption of genetically modified foods. Let us not forget the scientists who were fired after they discovered serious health effects in animals after feeding them GM food products. UC Berkeley's Ignacio Chapela and Arpad Pusztai, a plant genetic modification expert from Scotland's Rowett Research Institute, were commissioned to conduct the first independent studies on animals fed GM foods. Their studies showed stunted growth, impaired immune systems, bleeding stomachs, abnormal and potentially pre-cancerous cell growth in the intestines, impaired blood cell development, misshaped cell structures in the liver, pancreas and testicles, altered gene expression and cell metabolism, liver and kidney lesions, partially atrophied livers, inflamed kidneys, less-developed organs, reduced digestive enzymes, higher blood sugar, inflamed lung tissue, increased death rates and higher offspring mortality.

An estimated 75 per cent of processed foods contain some form of GM ingredient. Are we willing to risk the lives of our children and grandchildren to discover that these effects are only observed in animals?

(Sources: *Voice of Russia*, 16 April 2010; *Salem-News.com*, 23 April 2010)

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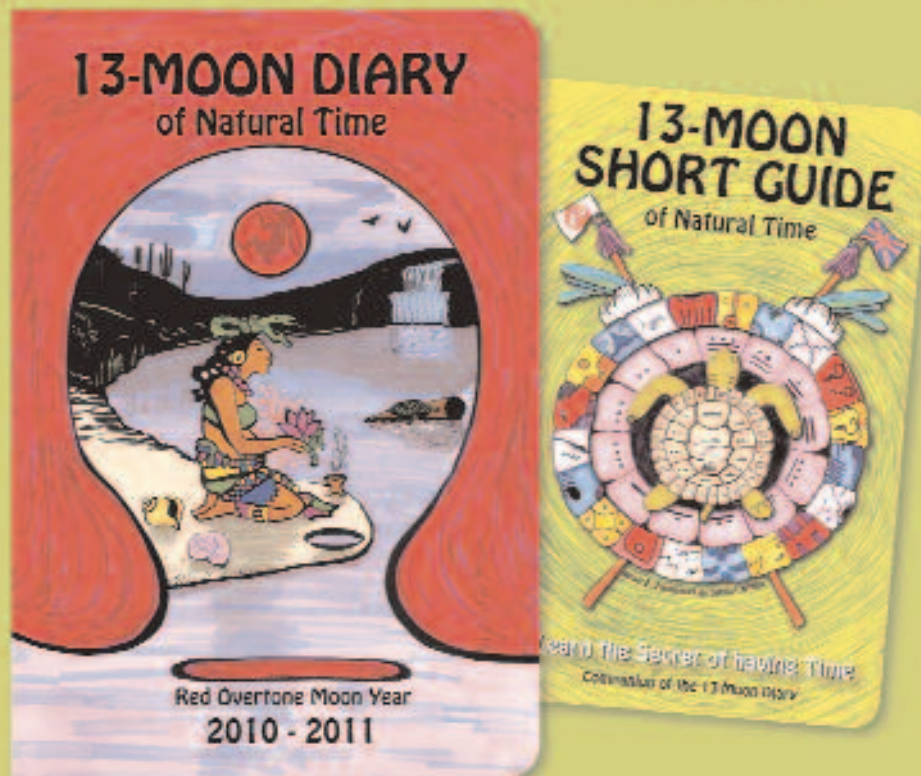
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AMERICA'S PLANS FOR PROMPT GLOBAL STRIKE

The USA's military dominance in conventional warfare systems means it no longer needs to use the nuclear strike option, but its plans for Prompt Global Strike capabilities including space-based weapons are already threatening enough.

by Rick Rozoff ©
Global Research, 11 April 2010

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World Military Superiority without Nuclear Weapons

There is only one country that has the military and scientific capacity to launch an instantaneous and undetectable, overwhelming and devastating attack against a vulnerable adversary, and has openly proclaimed its intention to achieve that ability.

That nation is what its current head of state defined last December as "the world's sole military superpower"¹—one which aspires to remain the only state in history to wield full-spectrum military dominance on land, in the air, on the seas and in space, to maintain and extend military bases and troops, aircraft-carrier battle groups and strategic bombers on and to almost every latitude and longitude, and to do so with a post-World War II record defence budget of US\$708 billion for next year. Having gained that status in large part through being the first country to develop and use nuclear weapons, the United States of America is now in a position to strengthen its global supremacy by superseding the nuclear option.

The United States led three major wars in less than four years against Yugoslavia, Afghanistan and Iraq from 1999 to 2003, and in all three cases deployed from tens to hundreds of thousands of "boots on the ground" after air strikes and missile attacks. The Pentagon established military bases in all three war zones and, although depleted uranium contamination and cluster bombs are still spread across all three lands, American troops have not had to contend with an irradiated landscape. Launching a nuclear attack when a conventional one serves the same purpose would be superfluous and too costly in a variety of ways.

On 8 April 2010, American and Russian presidents Barack Obama and Dmitry Medvedev signed the New Strategic Arms Reduction Treaty (New START) agreement in the Czech capital of Prague to reduce their respective nations' nuclear arsenals and delivery systems (subject to ratification by the US Senate and the Russian Duma). Earlier in the same week, the US released its new Nuclear Posture Review (NPR), which for the first time appeared to abandon the first use of nuclear arms.

The dark nuclear cloud that has hung over humanity's head for the past 65 years appears to be dissipating. However, the US retains 1,550 deployed nuclear warheads and 2,200 (by some counts, 3,500) more in storage and a triad of land, air and submarine delivery vehicles.

More ominously, though, Washington is forging ahead with a replacement for the nuclear sword and shield—for blackmail and for deterrence—with a non-nuclear model that could upset the previous "balance of terror" arrangement that has been a criminal nightmare for six decades, but for 60 years without a massive missile war.

The new sword, or spear, entails plans for conventional first-strike weapon systems employing the same triad of land, air and sea components—with space added—and the shield is a worldwide network of interceptor missile

deployments, also in all four areas. The Pentagon intends to be able to strike first, and with impunity.

The non-nuclear arsenal used for disabling and destroying the air defences and strategic, potentially all major military forces of other nations will consist of intercontinental ballistic missiles, adapted submarine-launched ballistic missiles, hypersonic cruise missiles and bombers, and super-stealthy strategic bombers able to avoid detection by radar and thus evade ground- and air-based defences.

Any short-range, intermediate-range and long-range missiles remaining in the targeted country will in theory be destroyed after launching by kinetic, "hit-to-kill" interceptor missiles. Should the missiles so neutralised contain nuclear warheads, the fallout will occur over the country that launches them or over an adjoining body of water or other nation of the US's choosing.

A Russian commentary of three years ago described the interaction between first-strike and interceptor missile systems as follows: "One can invest in the development of a really effective ABM [anti-ballistic missile] system and first-strike weapons, for example, in conventional high-accuracy systems. The final goal is to create a capability for a disarming first strike (nuclear, non-nuclear or mixed) at the enemy's strategic nuclear potential. ABM will finish off whatever survives the first blow."²

The long-delayed "Nuclear Posture Review Report" of early April 2010 asserts the Pentagon's plans for "maintaining a credible nuclear deterrent and reinforcing

regional security architectures with missile defenses..." (p. vi) It also confirms that the addition of "non-nuclear systems to US regional deterrence and reassurance goals will be preserved by avoiding limitations on missile defenses and preserving options for using heavy bombers and long-range missile systems in conventional roles" (p. 25).³

At a 6 April press conference on the Nuclear Posture Review with Secretary of Defense Robert Gates, Joint Chiefs of Staff Chairman Navy Admiral Michael Mullen, Secretary of State Hillary Clinton and Secretary of Energy Steven Chu, Gates said that "we will maintain the nuclear

triad of ICBMs [intercontinental ballistic missiles], nuclear-capable aircraft and ballistic-missile submarines" and "we will continue to develop and improve non-nuclear capabilities, including regional missile defenses". Mullen spoke of "defend[ing] the vital interests of the United States and those of our partners and allies with a more balanced mix of nuclear and non-nuclear means than we have at our disposal today".⁴

The Prompt Global Strike concept is meant to sustain the US monopoly in the military sphere and to widen the gap between it and the rest of the world.

The Pentagon's "Ballistic Missile Defense Review Report"⁵ of 1 February 2010 states that "[t]he United States will pursue a phased adaptive approach to missile defense" and "develop capabilities that are mobile and relocatable" (p. vi).

The "Quadrennial Defense Review Report"⁶ of February speaks of similar plans. The review "...advances two clear objectives. First, to further rebalance the capabilities of America's Armed Forces to prevail in today's wars, while building the capabilities needed to deal with future threats" (p. iii). It states that "[t]he United States remains the only nation able to project and sustain large-scale operations over extended distances" (p. iv) with "400,000 US military personnel...forward-stationed or rotationally deployed around the world" (p. xiv) and "enabled by cyber and space capabilities and enhanced by U.S. capabilities to deny adversaries' objectives through ballistic missile defense" (p. v). One of its key goals is to "[e]xpand future long-range strike capabilities" (p. 33) and promote the "rapid growth in sea- and land-based ballistic missile defense capabilities" (p. 39).

The US is also intensifying space and cyber-warfare programs with the potential to completely shut down other nations' military surveillance and command, control, communications, computer and intelligence systems, rendering them defenceless on any but the most basic tactical level.



Albuquerque, New Mexico, hosts Kirtland AFB and many "Star Wars" aerospace contractors like Northrup Grumman. Local activists continue to highlight Albuquerque's role in the plans to move the arms race into space. (Source: www.space4peace.org)

Conventional Prompt Global Strike Capability

The program under which Washington is developing its conventional weapons capacity to supplement its previous nuclear strategy is called Prompt Global Strike (PGS), alternatively referred to as Conventional Prompt Global Strike (CPGS).

Global Security Newswire wrote on 2 April of the proposed START II: "Members of Russia's political elite are worried about what the agreement says or does not say about US ballistic missile defense and 'prompt global strike' systems..."⁷ In fact, the successor to START I says nothing about American interceptor missile or first-strike conventional attack policies, and as such says everything about them. That is, the new treaty will not limit or affect them in any manner.

After the signing ceremony in Prague on 8 April, the US Department of State issued a fact sheet on Prompt Global Strike which states: "The New START Treaty does not contain any constraints on current or planned U.S. conventional prompt global strike capability." By way of background information and to provide a framework for current US military strategy, it adds: "The growth of unrivaled U.S. conventional military capabilities has contributed to our ability to reduce the role of nuclear weapons in deterring non-nuclear attacks... The Department of Defense (DoD) is currently exploring the full range of technologies and systems for a Conventional Prompt Global Strike (CPGS) capability that could provide the President more credible and technically suitable options for dealing with new and evolving threats."⁸

Describing the constituent parts of PGS, the State Department press release also reveals: "Current efforts are examining three concepts: Hypersonic Technology Vehicle, Conventional Strike Missile, and Advanced Hypersonic Weapon. These projects are managed by the Defense Advanced Research Projects Agency (DARPA), the U.S. Air Force Space and Missile Center, and Army Space and Missile Defense Command respectively... [The START II] warhead ceiling would accommodate any plans the United States might develop during the life of this Treaty to deploy conventional warheads on ballistic missiles." In language as unequivocal as the State Department has been known to employ, the statement adds: "New START protects the US ability to develop and deploy a CPGS capability. The Treaty in no way prohibits the United States from building or deploying conventionally armed ballistic missiles..."⁹

The non-nuclear missiles referred to are designed to strike any spot on Earth within 60 minutes, but the main proponent of PGS, Vice Chairman of the Joint Chiefs of Staff Marine General James Cartwright, boasted in early June 2009 that, "[a]t the high end", strikes could be delivered in "300 milliseconds".¹⁰ Cartwright has also said that current conventionally armed bombers are "too slow and too intrusive" for many "global strike missions".¹¹

On 21 January, Deputy Secretary of Defense William Lynn called for putting the Department of Defense "on a permanent footing" to maintain "air dominance and the ability to strike any target on Earth at any time... The next air warfare priority for the Pentagon is developing a next-generation, deep-penetrating strike capability that can overcome advanced air defenses..."¹²

In a Global Security Network analysis of 15 March 2010 titled "Cost to Test U.S. Global-Strike Missile Could Reach \$500 Million", Elaine Grossman writes: "The Obama administration has requested \$239.9 million for prompt global strike research and development across the military services in fiscal 2011... If funding levels remain as anticipated into the coming years, the Pentagon will have spent some \$2 billion on prompt global strike by the end of fiscal 2015..."¹³

The land-based component of PGS—Minuteman intercontinental ballistic missiles with a conventional payload—will "initially boost into space like a ballistic missile, dispatch a 'hypersonic test vehicle' to glide and maneuver into a programmed destination, which could be updated or altered remotely during flight".¹⁴

Combined with the deployment of missile defense...the Prompt Global Strike initiative is going to turn Washington into a modern era global dictator.

More Pentagon Plans for Precision Weapons

On 22 March 2010, *Defense News* featured an article titled "US Targets Precision Arms for 21st-Century Wars", which included this excerpt: "To counter...air defenses, the Pentagon wants to build a host of precision weapons that can hit any target from thousands of miles away. Known as a family of systems, these weapons could include whatever the Air Force chooses as its next bomber, a new set of cruise missiles and even, someday, hypersonic weapons developed under the Pentagon's Prompt Global Strike program that would give the speed and range of an ICBM to a conventional warhead."¹⁵

An 8 April *Washington Post* report on PGS quoted Russian Foreign Minister Sergei Lavrov warning: "World states will hardly accept a situation in which nuclear weapons disappear, but weapons that are no less destabilizing

emerge in the hands of certain members of the international community."¹⁶ The same source added that "the Obama administration...sees the missiles as one cog in an array of defensive and offensive weapons that could ultimately replace nuclear arms". It quoted the Pentagon's Cartwright as affirming: "Deterrence can no longer just be nuclear weapons. It has to be broader."¹⁷

The following day, Britain's *Independent* ran a story, the following quotes from which should disabuse anyone hoping that Washington's "post-nuclear world" will be any safer a one. Referring to PGS intercontinental ballistic missiles with (at least in theory) conventional warheads, the newspaper warned: "...Once they are launched, there could be difficulty in distinguishing their conventional payloads from nuclear ones. That in turn could accidentally trigger a nuclear retaliation by Russia or another similarly armed power.

"Another danger is that if nuclear weapons are no longer at issue, there would be a bigger temptation for American military commanders to become more cavalier about ordering strikes. And unless intelligence can be fully relied upon, the chances of striking mistaken targets are high."¹⁸

US officials have discussed the prospect of launching such missiles at a lower altitude than nuclear ICBMs would travel, but it would take an almost limitless degree of trust—or gullibility—on behalf of Russian or Chinese military officials to depend upon the assurance that ICBMs heading toward or near their territory were in fact not carrying nuclear weapons at whatever distance from the Earth's surface they were flying.

Reactions to the PGS Initiative

In 2007, the year after the Pentagon announced its Prompt Global Strike plans, a Russian analyst, Andrei Kislyakov, wrote: "Despite the obvious threat to civilization, the United States may soon acquire orbital weapons under the Prompt Global Strike plan. They will give it the capacity to deal a conventional strike virtually anywhere in the world within an hour."¹⁹

Elaine Grossman wrote on 1 July last year: "Once it is built, the Conventional Strike Missile is expected to pair rocket boosters with a fast-flying 'payload delivery vehicle' capable of dispensing a kinetic energy projectile against a target. Upon nearing its endpoint, the projectile would split into dozens of lethal fragments potentially capable against humans, vehicles and structures, according to defense officials..."²⁰

A comparably horrifying scenario of the effects of a PGS attack, this time from the sea-based version, appeared in *Popular Mechanics* in January 2007.²¹

On 7 April 2010, former Joint Chief of Staff of the Russian Armed Forces General Leonid Ivashov penned a column titled "Obama's Nuclear Surprise". Referring to the US President's speech in Prague a year ago—"The existence of thousands of nuclear weapons is the most dangerous legacy of the Cold War"—and his signing of the START II agreement in the same city this 8 April, the author stated: "No examples of sacrificial service of the US elites to mankind or the peoples of other countries can be discovered in US history over the past century. Would it be realistic to expect the advent of an African-American president to the White House to change the country's political philosophy traditionally aimed at achieving global dominance? Those believing that something like that is possible should try to realize why the US—the country with a military budget already greater than those of all other countries of the world combined—continues spending enormous sums of money on preparations for war."²²

Specifically in reference to PGS, Ivashov gave this detail: "The Prompt Global Strike concept envisages a concentrated strike using several thousand precision conventional weapons in 2–4 hours that would completely destroy the critical infrastructures of the target country and thus force it to capitulate..."

"The Prompt Global Strike concept is meant to sustain the US monopoly in the military sphere and to widen the gap between it and the rest of the world. Combined with the deployment of missile defense supposed to keep the US immune to retaliatory strikes from Russia and China, the Prompt Global Strike initiative is going to turn Washington into a modern-era global dictator..."

"In essence, the new US nuclear doctrine is an element of the novel US security strategy that would be more adequately described as the strategy of total impunity. The US is boosting its military budget, unleashing NATO as a global *gendarme*, and planning real-life exercises in Iran to test the efficiency of the Prompt Global Strike initiative in practice. At the same time, Washington is talking about the completely nuclear-free world."²³ ∞

About the Author:

Rick Rozoff is a frequent contributor to GlobalResearch.ca, the Internet arm of The Centre for Research on Globalization based in Montreal, Canada. Visit his blog at <http://rickrozoff.wordpress.com/>. He is the list manager for STOP NATO, an international email news list that examines the expansion of NATO (<http://groups.yahoo.com/group/stopnato>). The complete text of this article, originally titled "America's Imperial Design: Prompt Global Strike", including endnotes, is available at <http://tinyurl.com/2g82bds>.

"...the US may soon acquire orbital weapons under the Prompt Global Strike plan. They will give it the capacity to deal a conventional strike virtually anywhere in the world within an hour."

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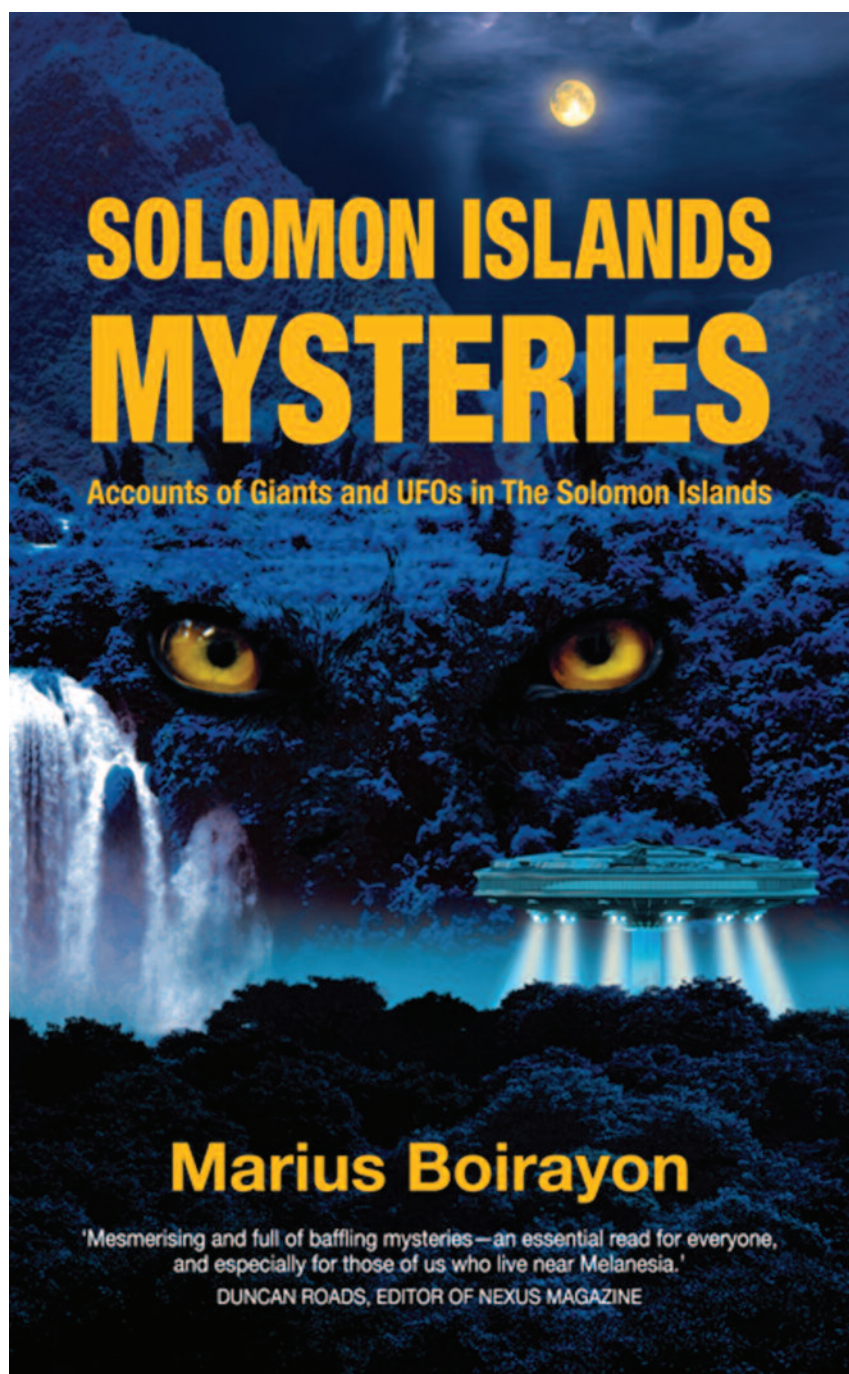
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A Costly Problem Worldwide

Look around. Notice anything? Our world is getting fatter...much fatter. Never before in the history of humanity have such corpulent bodies walked the earth. Overweight and obese men, women and children now make up the majority of the population of most westernised countries. The USA (74.1 per cent), Australia (67.4 per cent), New Zealand (68.4 per cent) and the UK (61 per cent), have the distinction of being ranked in the top 25 most overweight countries in the world.¹

The World Health Organization (WHO) now describes the prevalence of obesity as an epidemic. (Obesity is defined by percentage of body fat. Women with more than 32 per cent of their weight from fat and men with more than 25 per cent are deemed obese.)

People all over the world are getting fatter than ever. Once considered a problem only in high-income countries, obesity is dramatically on the rise in low- and middle-income countries. In recent years, there has been a growing recognition of an emerging epidemic of obesity in the developing societies. In fact, the rate of increase in obesity prevalence in developing countries can often exceed that in the industrialised world. Indeed, the yearly rate of increase in overweight and obesity in regions of Asia, Africa and South America is two- to five-fold that seen in the United States.²

The statistics revealing the impact of this epidemic are staggering.

- Three quarters of American adults and nearly 24 per cent of US children and adolescents will be overweight by 2015.³
- By 2030, over 86 per cent of American adults will be overweight or obese.⁴
- In America, obese people now surpass the number who are overweight.⁵
- One in 10 British children is likely to become obese by 2015.⁶
- In New Zealand, a 2006–07 health survey found that one in three adults were overweight (36.3 per cent) and one in four were obese (26.5 per cent).⁷
- Excess weight has reached epidemic proportions globally, with more than 1.7 billion adults being either overweight or obese.⁸
- WHO predicts there will be 2.3 billion overweight adults in the world by 2015, and more than 700 million of them will be obese.⁹

People are getting so fat that new categories have been created to define accurately the growing fatness of people. Once the term "morbidly obese" described a small segment of the population, but beyond this is now the "super-obese" category. Almost 500,000 Australians are "super-obese", a fivefold increase during the past two decades. The super-obese have a body mass index of 50 or more and weigh upwards of 200 kilograms. It is predicted that the ranks of the super-obese will double in the next decade.¹⁰

This current health crisis has created a growing panic around the world, threatening not only to overwhelm health care systems but also to create excessive financial burdens on governments. For example, the health cost of obesity in the USA is as high as US\$147 billion annually, based on a new

study from RTI International and the Centers for Disease Control and Prevention.¹¹ According to the latest research published in *The Medical Journal of Australia*, the total direct cost of overweight and obesity in Australia is A\$21 billion a year, double the previous estimates.¹²

What's Really Going On?

Obesity is a modern problem: statistics about it did not even exist 50 years ago. Yet, in just several decades the growing corpulence of millions of people threatens not only their health but also the health of future generations. Fingers point at the "obesogenic" nature of western diets and lifestyles that promote the increased intake of refined, high-carbohydrate, high-sugar-laden and nutrient-depleted foods as well as physical inactivity.

But, something else is amiss. Our bodies, especially our metabolism, seem to be going haywire. The paradox of this overweight condition is that some people are getting fatter, even though they're eating fewer calories and exercising more. Healthier dietary and lifestyle choices don't seem to be effective in shedding excess kilos. They once were, but not any more. So, what is the problem? If we are truly seeking a solution to obesity, we need to look elsewhere. Traditional weight loss theories and dietary and lifestyle approaches are falling far short of stemming the tide. Societies are drowning in fat.

The brilliant British endocrinologist Dr A. T. W. Simeons (d. 1970) committed 30 years of his life to seeking the answer to the underlying cause of obesity. His research led him to investigate the links between endocrinology, obesity and psychosomatic disorders. He studied every potential solution for obesity offered anywhere in the world. He researched the thyroid, pituitary and adrenal glands, the pancreas, the gallbladder and over 100 other physiological functions.

He could find no direct correlation between obesity and these various glands and organs. Dr Simeons finally concluded that the key to the obesity problem lies within the part of the brain called the diencephalon, a complex of structures that includes the thalamus and hypothalamus. It is particularly the compromised function of the hypothalamus, he discovered, that is at the core of the problem.

According to Dr Simeons: "If obesity is always due to one very specific diencephalic deficiency, it follows that the only way to cure it is to correct this deficiency. At first this seemed an utterly hopeless undertaking. The greatest obstacle was that one could hardly hope to correct an inherited trait localised deep inside the brain, and while we did possess a number of drugs whose

point of action was believed to be in the diencephalon, none of them had the slightest effect on the fat centre. There was not even a pointer showing a direction in which pharmacological research could move to find a drug that had such a specific action."¹³

While it was commonly believed that overeating causes obesity, Simeons found that overeating is the *result* of a metabolic disorder—not its cause.

Now that he had discovered the long-sought-after cause, Dr Simeons was in pursuit of a solution. His "Eureka moment" came when he noticed that very thin pregnant Indian women, although having a low-caloric intake while at the same time doing demanding physical activity, delivered healthy full-weight babies. These pregnant women could easily lose weight by drastically reducing their dietary intake but without feeling hungry or in any way harming the child in the womb. After much

research, he attributed this phenomenon to the presence of a substance called human chorionic gonadotrophin (hCG), which is made in high amounts in a woman's body during pregnancy.

He also reflected on the rare medical condition of young obese Indian boys, known as "fat boys", who were cured of their obesity with daily injections of small amounts of hCG: they miraculously lost

their ravenous appetites and reshaped their bodies to normal.

Dr Simeons wondered if hCG could assist in opening the abnormal, secure reserves of fat in non-pregnant women and possibly even in men. Under normal conditions, these abnormal fat reserves are almost impossible to access and are only released as the body's last survival strategy during times of extreme starvation. However, Dr Simeons found one very interesting exception: hCG signals the body to mobilise these fat reserves. At his hospital, he experimented with this approach, using daily hCG injections combined with a very specific 500-calories-per-day diet. After many years of working with thousands of test patients, he perfected his "weight loss cure protocol". The results were astonishing. Almost 100 per cent of his patients were losing approximately one pound (0.5 kilogram) per day while on the protocol. And they were only losing the most difficult and resistant form of body fat, i.e., abnormal stored fat.

Was hCG the key that could safely and successfully reset a dysregulated hypothalamus?

Importance of the Hypothalamus Gland

The problem of fat storage, which results in being overweight and obese, seems to be related to the master gland, the hypothalamus.

Dr Simeons finally concluded that the key to the obesity problem lies within the part of the brain called the diencephalon...

The hypothalamus is a collection of specialised cells located in the lower central part of the brain, allowing communication between the endocrine and central nervous systems. It is one of the central elements of the brain and comprises the neuronal circuitry that controls emotional behaviour and motivational drives. Without proper hypothalamic function, the two systems fail to respond appropriately to each other's signals.

Hidden within the hypothalamus is a satiety centre that regulates appetite; it is controlled by two chemicals that stimulate the surrounding hypothalamus to increase metabolism, reduce appetite and increase insulin to deliver energy to cells rather than to be stored as fat. Unfortunately, these systems can be easily compromised.

It appears that our 21st-century lifestyle is a serious threat to a healthy, well-functioning hypothalamus. An imbalance of the hypothalamus results in intense and constant hunger, low metabolism, and accumulation of excessive and abnormal fat in various parts of the body including the abdomen, hips, thighs and waist as well as the knees, back and upper arms. This gland does not operate normally in people who are fat. In fact, even the mildly overweight may also have an impaired hypothalamus.

The hypothalamus is adversely affected by stress and trauma, cycles of fasting and bingeing, and a toxic diet of highly refined, low-fibre food contaminated with tens of thousands of man-made chemicals and additives. However, there are even more modern-day perils that take their toll. Toxic substances breach the blood-brain barrier and enter into the hypothalamus and then into the pituitary gland, where they cause dysfunction; for example, pervasive environmental oestrogen disruptors such as nonylphenol (NP) and bisphenol A (BPA) have a direct adverse impact on the hypothalamus.¹⁴

According to medical researcher Robert O. Becker, MD, electromagnetic fields (EMFs) also have an adverse impact on the hypothalamus. "The sites of the greatest change—the brain's hypothalamus and cortex—were cause for concern. The hypothalamus, a nexus of fibers linking the autonomic nervous system, is the single most important part of the brain for homeostasis and is a crucial link in the stress response. Any interference with cortical activity...would disrupt logical and associational thought..."¹⁵

Noted researcher Dr Henry Lai noted: "The added stress of continual exposure to wireless frequencies

from use of mobile phones and other wireless devices further challenges the brain."¹⁶

In less than 30 years, almost 90 per cent of the planet and its inhabitants have been engulfed by continuous exposure to unrelenting EMFs and wireless technologies. Perhaps our delicate brain, especially the major controlling centre, the hypothalamus, has finally reached the tipping point from exposure to the many unrelenting toxic substances, physical and emotional stressors, and 21st-century technologies.

With compromised functioning of the hypothalamus, fat will continue to increase whether one eats excessively, normally or minimally. No amount of dieting or exercise will ever cause the stored fat reserves to budge. The plain, simple fact is that this gland does not operate

normally in overweight people and probably is compromised to some degree in most people. In order to release stored fat reserves, increase metabolism and reduce unrelenting physical hunger, the hypothalamus must be reset in both women and men.

Not All Fat Is Equal

There are three types of fat in the body: structural fat, normal fat reserves and abnormal stored fat. Structural fat provides protection for the body's major organs and joints and is not burned for metabolism. Normal fat reserves are spread all over the body and are reused for fuel when the body is faced with immediate nutritional or caloric insufficiencies. These first two types of fat are needed for good health. Abnormal stored fat, or adipose fat, is kept in storage under the skin and around the organs as a "spare fuel supply" for severe nutritional emergencies.

In the obese person, it tends to collect in places like the abdomen, hips, buttocks, thighs, knees, ankles, upper arms and neck. This is the fat that not only causes the body to be misshapen but also causes other health problems. Under normal dieting programs, the body will release structural and normal fat reserves. It will also burn muscle and water. The very last fat that a supple body will burn is abnormal fat reserves, since it is the body's final survival strategy for a severely malnourished body.

So, try as dieters might, all that bulging, distorting fat around the gut, hips and thighs will never be touched. Instead, they become gaunt, saggy and weak as they lose their structural and reserve fat supplies...and further diminish their hypothalamic functions.

The plain, simple fact is that this gland does not operate normally in overweight people and probably is compromised to some degree in most people.

Dr Simeons found that hCG keeps the structural fat and muscle intact while only breaking down the abnormal body fat, using it as fuel and causing a person not only to lose kilograms but also centimetres. With hCG, the body releases and transforms the abnormal stored fat into 1,500–3,000 calories a day of energy and nutrition. The more stored fat there is, the greater the daily fat loss.

Furthermore, Dr Simeons found that hCG maximises the functional capacity of all the centres in the hypothalamus, including what he termed the "fat centre", making it possible for fat to be released from abnormal fat deposits and to become available as a source of fuel to the body. This discovery led him to write in 1954:

"Someone suffering from obesity [who] attempts weight loss through a low-calorie diet will first lose lean muscle tissue, followed by protective visceral fat." He wrote that "only as a last resort will the body yield its abnormal reserves", adding that "by that time the patient usually feels so weak and hungry that the diet is abandoned."¹⁷ This is the tragedy of those who repeatedly attempt low-calorie diets that invariably fail.

Dr Simeons concluded that hCG, when reintroduced into the adult system, recalibrates the hypothalamus and helps unlock adipose deposits, making them available as a fuel source when calories are not otherwise available, as when eating a low-calorie diet. However, low-calorie diets cause the loss of lean muscle mass and structural fat, while the hCG diet results in only the abnormal stored fat being released.

HCG to the Rescue

Human chorionic gonadotropin (hCG) is a substance produced in huge amounts by the placenta during pregnancy. It is the biggest glycoprotein substance (not technically a hormone) present in human beings.

Dr Simeons developed a very specific protocol for the use of hCG along with a precise dietary plan. The program must be followed meticulously. People who need to lose 15 pounds (7 kilograms) or less require a 23-day protocol. And the protocol can also be used for up to 40 days to lose 34 pounds (15 kilograms) at a time.¹⁸

When hCG is given in conjunction with a very low caloric diet, a condition is simulated in the body, "tricking" it into acting as though it were dealing with an emergency starvation situation. As a result, the hypothalamus signals the release of stored fat reserves.

Since about 1,500–3,000 calories of stored abnormal fat is transformed into energy and nutrition, there is a safe but rapid loss of fat, over a pound or more (0.5+ kg) a day (the more fat there is to lose, the more rapid the fat loss).

More remarkable is the rapid resculpting of the body as the abnormal and distorting fat reserves literally melt away, revealing a new contoured shape in the areas of the body that have been most resistant to change. The abdomen becomes flat, the hips and thighs return to normal proportions, and fat pads in the back, upper arms and knees disappear. At the same time, the body becomes more toned and the skin more radiant. As abnormal fat reserves are transformed into energy and nutrition, people report an abundance of energy and rarely, if ever, feel any hunger.

The best thing about hCG is that the small amount ingested during the weight loss program comes with absolutely no adverse side effects.

The introduction of hCG is the key to Dr Simeons's program. By using hCG with his low-calorie diet, extra fat is mobilised for energy and the rest is eliminated. This diet is vital in preventing the immediate refilling of emptied fat cells. You benefit by preferentially getting rid of excess fat without affecting bone and muscle.

It is now widely recognised that the main function of the fat cells is to act as a reservoir of energy, as triglycerides, but it has also been implicated in the sex hormones metabolism. As the body releases and literally dissolves excess fat cells, people notice many health benefits.

There is a reduction of inflammation, which is generated by excess fat, and aches and pains disappear. Also, people report that their hip and knee pains improve, since for every pound of

excess fat there is 4–5 pounds of pressure exerted on hip, knee and ankle joints.

According to Dr Simeons: "The most important associated disorders and the ones in which obesity seems to play a precipitating or at least an aggravating role are the following: diabetes, gout, rheumatism and arthritis, high blood pressure and hardening of the arteries, coronary disease and cerebral hemorrhage."¹⁹

People following the hCG protocol discover that their blood sugar and blood pressure levels return to normal range, their moods and sleep improve, sugar and carbohydrate cravings disappear, and their triglyceride and cholesterol levels normalise. However, it is important to monitor these levels regularly, especially if

This diet is vital in preventing the immediate refilling of emptied fat cells. You benefit by preferentially getting rid of excess fat without affecting bone and muscle.

you are on medication. Always seek the advice of a medical doctor, preferably one who is familiar with hCG.

Perhaps the most significant benefits of the hCG protocol are improvements in the metabolism and resetting of the hypothalamus. After you complete the program, which lasts 6–12 weeks depending on how much weight you decide to lose, and make the appropriate changes to diet and lifestyle, the new set point will hold. For people who are obese, several rounds of the hCG diet will be necessary.

Recent research conducted by Dr Daniel Belluscio, MD, Director of The Oral hCG Research Center in Buenos Aires, Argentina, has demonstrated consistent results with hCG. Records show that his clinic has used the oral hCG approach on 6,540 patients to date. This reliable and effective method for obesity management has been validated by appropriate double-blind studies.²⁰ According to Dr Belluscio: "Results are not surpassed by any other modality of obesity therapy."²¹

HCG can benefit everyone. Whether you are struggling to lose a stone (over 6 kg) of menopausal belly fat or are seriously overweight or obese, as long as you follow Dr Simeons's hCG program precisely, in conjunction with his specific low-caloric diet, then success is guaranteed.

The tremendous successes with the loss of stored fat reserves, as well as the many remarkable health benefits that accompany the resetting of the master gland, have proven to medical practitioners and patients alike that this is an effective solution to the obesity epidemic.

A Personal Journey on hCG

Whether we like it or not, the older we get the less efficient our body becomes at detoxifying, maintaining a dynamic metabolism, balancing hormones and managing blood sugar. All of these issues can add to ever upward creeping weight. Popular drugs also play their part: HRT, antidepressants, statins and blood pressure medications list weight gain as a side effect!

As with so many women, the mid-life middle spread snuck up on me. I thought I was doing everything right with diet and exercise, but my weight loss was stalled. One day, a chance comment about a new kind of weight loss program changed my life. I was introduced to hCG.

I used to believe that the thyroid would help with fat loss. However, according to Dr Simeons, the thyroid plays no part in releasing the fat that causes us to be overweight. This was a revelation to me.

Dr Simeons wrote in his book, *Pounds and Inches*: "When it was discovered that the thyroid gland controls the rate at which body-fuel is consumed, it was thought that by

administering thyroid gland to obese patients their abnormal fat deposits could be burned up more rapidly. This, too, proved to be entirely disappointing because, as we now know, these abnormal deposits take no part in the body's energy turnover—they are inaccessibly locked away.

Thyroid medication merely forces the body to consume its normal fat reserves, which are already depleted in obese patients, and then to break down structurally essential fat without touching the abnormal deposits. In this way, a patient may be brought to the brink of starvation in spite of having a hundred pounds of fat to spare. Thus any weight loss brought about by thyroid medication is always at the expense of fat, of which the body is in dire need."²²

Dr Simeons's original program required a doctor's

The complete program is required not only for fat loss and resculpting but also for the resetting of metabolic functions.

prescription to purchase daily subcutaneous self-administered injections of hCG. There is also an oral form of hCG and it, too, is only available on prescription from a medical doctor. However, there is another effective hCG option: an hCG homoeopathic remedy, taken daily as oral drops. Homoeopathic hCG has the same effect as the medically prescribed hCG versions. So, I decided to give it a try.

Using the hCG homoeopathic drops three times a day for 23 days and following Dr Simeons's protocol of eating specific foods in specific amounts for a specific period of time, I embarked on this experiment. This program requires no specific exercise routines, expensive eating plans or special dietary formulas.

On this hCG program, I would step on the scale in the morning and discover that a pound of fat had literally dematerialised from my body overnight! But it wasn't only the fat: it was also the inches. My old clothes were literally falling off me. I wasn't hungry at all. My energy level was off the chart. Before my very eyes, I saw my body transforming. The midriff disappeared and my hips and thighs are the thinnest they've ever been since my 16th birthday—an accomplishment I never thought possible. And wonder of wonders, my muscle tone improved. During this 23-day protocol, I lost 15 pounds (6.75 kg) and two dress sizes! I have since done another 23-day protocol and my total weight loss has been 25 pounds (11.25 kg) and four dress sizes. And I now have a totally flat tummy!

The entire program as created by Dr Simeons requires 23 days on hCG followed by a maintenance phase of another three weeks of a low-carbohydrate, low-sugar diet. The complete program is required not only for fat loss and resculpting but also for the resetting of metabolic functions. The most impressive part of this

program is that by resetting my hypothalamus and metabolism, my weight has not varied by more than a pound (0.45 kg) in several months. It appears that Dr Simeons was right. By improving metabolic functioning on the hCG program, there is a greater likelihood that this new weight loss is here to stay.

Since venturing into the hCG world, I have assisted over 200 of my patients on this protocol. Every single one of them has been successful, even those who were severely obese and had given up hope of ever becoming "normal". Men seem to have a fat-loss advantage over women; they are much bigger losers on this program.

However, the good news is that *everyone* can be a big loser! Not only did my patients lose pounds and inches, they all gained health benefits: joint and knee aches and pains disappeared, blood sugar levels returned to normal, blood pressure was lowered, sleep improved, energy increased, skin tone rejuvenated and food and my sugar cravings disappeared.

It's not often that a weight loss program can deliver such fabulous results. In fact, there is no other weight loss program that I know of that can safely release long-term fat reserves or reset the hypothalamus for ongoing weight maintenance.

Could the discovery of Dr Simeons really be the solution to the growing obesity epidemic with all the accompanying chronic health problems? I have no doubt that in our diet-crazed world of people desperately seeking solutions, this is the ultimate program for fat loss and body-resculpting while at the same time helping to rebalance the functioning of the master gland, the hypothalamus.

Fortunately for an overweight world, Dr Simeons's discovery has finally offered a safe, affordable and effective solution for this global obesity crisis. ∞

About the Author:

Sherrill Sellman, ND, is a naturopathic doctor (Board certified in integrative medicine), an educator, a women's natural health expert, psychotherapist and journalist in the field of women's health. She is also a much sought after international lecturer, the host of two weekly radio shows, and a senior editor and contributing writer to numerous health publications. She is the best-selling author of *Hormone Heresy: What Women MUST Know About Their Hormones* and *What Women MUST Know to Protect Their Daughters from Breast Cancer*. Dr Sellman is a scheduled speaker at the 2010 NEXUS Conference in Queensland, Australia, on 24–26 July.

For more information, visit <http://whatwomenmustknow.com>. To see the complete version of Dr Sellman's article, go to <http://whatwomenmustknow.com/freereports/hcg>.

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**Every single one of them
has been successful,
even those who were
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becoming "normal".**



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HEALING WITH ELECTROMEDICINE AND SOUND THERAPIES

*To appreciate how
electromedical devices
work, it is important
to learn what the
electromagnetic
spectrum is and how
it manifests in the
energetics of living
systems.*

Part 1 of 3

by Nenah Sylver, PhD © 2009

The Center for Frequency
Post Office Box 74324
Phoenix, AZ 85087-4324, USA
Email: nenah@nenahsylver.com
Website:
<http://www.nenahsylver.com>

Frequency as a Healing Tool

In the 1960s, counterculture hippies were urging us to give peace a chance (great advice). To expedite that process, it was helpful to have "good vibrations"—considered so important that the Beach Boys wrote a catchy song with this title. It was easy to tell who had good vibes and who didn't. An optimistic, considerate person was considered "high frequency", while a pessimistic, disagreeable individual was "low frequency". Not surprisingly, everyone wanted to be around the folks who had good vibes.

Colloquialism aside, saying that someone is "high frequency" is based on legitimate science. Every molecule, cell, living body and object is comprised of energy that manifests as physical matter. Some of that energy is detectible as frequencies that belong to one or more radiation bands in the electromagnetic spectrum. These frequencies correspond to biochemical and biological processes in the body.

In the healing arts, there are different ways to affect matter. With conventional medical care, the chemical, functional and/or structural changes in organs, glands and other tissues are created either through biochemical manipulation (for example, with drugs) or physical manipulation (such as surgery). With electromedicine therapies, healing is achieved by working with the electromagnetic radiation (emissions) and related energy fields that form, and are emitted by, physical matter. Broadly speaking, electromedical devices produce and focus specific frequencies that can be in the form of electromagnetic fields, electrical current, magnetism, visible light, heat or other energy.

Although electromedicine is widely used in Europe, it is less known in the United States. Few people in developed countries would question the use of the ubiquitous transcutaneous electrical nerve stimulation (TENS) unit, which emits small amounts of electrical current to manage pain. Magnets embedded in the insoles of shoes, also for pain management, are now regular items in consumer catalogues. But electricity and magnetism are primarily used diagnostically in hospitals—such as with the standard electrocardiogram (ECG or EKG) to assess the health of the heart, and with magnetic resonance imaging (MRI) to show the inside of the body. Most medical professionals (and the lay public) are not inclined to take advantage of less popular electromedical devices because they do not understand how they work. And those who do use the equipment might talk about "frequencies" or "energy" without having a full grasp of what these actually are or the science behind the technology.

Fortunately, receptivity to electromedicine is increasing. Health professionals are expanding their practice (and their success rate) with safe, holistic technologies. The general public is beginning to recognise and request electromedicine as an effective and valid treatment modality. In this discourse, I will explain what "frequency" and other terms mean as they are

applied to the electromagnetic spectrum. Electromagnetic energy in living systems will be reviewed. I will explore several types of electromedical modalities.

Electromedicine's Successful Track Record

Healing with electromedicine is not new. From electricity (lightning) and static electricity (friction) to magnetism (lodestone), from the Sun (for its far-infrared and ultraviolet radiation) to visible light (for its different-coloured wavelengths), humans have used electromedicine for healing since ancient times. The therapies were first based on natural phenomena, but about the early 1800s electrical current began to be harnessed—first for providing light and then for meeting more sophisticated needs, such as telegraphing messages over long distances and running machines in factories. By the 1900s, electrical power was common in the home as well as the workplace.

Given the healing properties of many forms of energy, it did not take long before numerous electronic devices invented for medical treatments were considered mainstream. In *Electrotherapy and Light Therapy with Essentials of Hydrotherapy and Mechanotherapy* (1949), Richard Kovács describes an impressive array of electronic equipment, most of which had already been in use for half a century. This equipment utilised alternating current, direct current, low frequencies, high frequencies, static electricity, diathermy, infrared rays, ultraviolet rays and ultrasonics. Modern electromedicine practitioners will recognise some of these devices as forerunners of those used today—if not machines still being used, since some devices have not changed much in 100 years. This equipment included Georges Lakhovsky's Multiple Wave Oscillator, Violet Ray technology (which utilised Nikola Tesla's coil), Edgar Cayce's Wet Cell, and Dr John Harvey Kellogg's Electric Light Cabinet. The conditions treated were virtually unlimited: muscular aches and pains, skin conditions, gynaecological problems, some heart conditions, respiratory ailments, gastrointestinal disorders, acute and chronic infections, and degenerative diseases.

Given the wide applications of such equipment over half a century ago, what seems remarkable is not so much the abundance and range of devices but, rather, the resistance to electromedicine today. Of course, the invalidation of electromedical therapies by the medical mainstream—and laws passed to suppress the use of such devices—drove these modalities out of the public's immediate consciousness. Electromedicine as

a valid treatment modality has met with derision and scepticism from practitioners and laypeople alike. But electromagnetic fields are successfully used for diagnostic purposes, with the understanding that living organisms are energy-based. If all sorts of electrical, thermal and magnetic devices (as well as the acoustic-based ultrasound) are used for testing, why can't they just as easily be used for healing?

As might be expected, the pharmaceutical industry has taken advantage of people's ignorance and resistance to any modality that seems new and strange, for if the benefits and track record of electromedical devices were widely publicised, drug companies would lose billions of dollars each year. There is little effort by mainstream media to educate consumers, since they depend on considerable revenues from the advertising of drugs.

Unlike drugs, each of which can be used only one time by one person and for just one or two conditions, the

many electromedicine modalities that have emerged in the last century

- are non-invasive;
- support the body's innate ability to heal, instead of substituting for its natural functions;
- are fairly easy to use, by laypeople as well as professionals;
- can be utilised over the course of a lifetime (since they address many conditions);

Modern electromedicine practitioners will recognise some of these devices as forerunners of those used today...

- can be used with more than one person;
- are relatively inexpensive, considering their range and scope.

How and why do electromedical devices work? Whether one is a health care provider or a seeker of health services, understanding the science behind electromedicine can make the difference between discerning good vibrations from bad. The best place to start is with a discussion of the electromagnetic (EM) spectrum and its related component, sound.

The Electromagnetic Spectrum and Sound

• EM Spectrum Defined by Its Particles and Their Effects

The electromagnetic spectrum (or EM spectrum, sometimes also called EM waves) is the term used for many different energy oscillations that comprise our known universe. As shown on the chart of the EM spectrum (figure 1 [not reproduced here]), these different oscillations with different characteristics range from the slower-moving, lower-energy electrons of electrical current to the faster-moving, higher-energy photons of visible light and other waves.

It's common to think of the various EM energy bands as unrelated phenomena that are separate from each

other, since we perceive them differently with our senses (when we can perceive them at all). We see visible light as colour, we feel far-infrared radiation as heat, and so on. But all these energies are sequentially connected to each other as a *continuum of waves* in the EM spectrum. The nature of the particles depends on how fast they are moving and the qualities that they exhibit.

Humans perceive most of the EM frequencies *indirectly* through their *effects*, rather than directly perceiving the frequencies themselves. We label and differentiate EM waves from each other according to how they manifest physically. By harnessing the waves with various electrical devices and some passive (non-electrical) materials, we can produce tangible physical phenomena. For instance, we access frequencies on the radio spectrum with an antenna, which transmits and receives radio broadcasts. An X-ray machine utilises certain radiation on the X-ray band, which allows us to see inside the body, and so on.

The existence of an EM field includes both electric and magnetic fields. An EM field has certain properties, electrical fields have other properties, and magnetic fields possess yet others. Electrical and magnetic fields can be separated from EM fields as their own distinct energies. They can also exist in EM fields in varying proportions.


• Frequency, Wavelength and Amplitude

All the energies in the EM spectrum have different frequencies. The term *frequency* pertains to the number of cycles per second (CPS) at which a wave vibrates or moves. (The designation CPS has now been replaced with *hertz*, or Hz.)

Waves also have different *sizes* or *lengths*, with various terms such as micron, angstrom, nanometre and metre used to measure the length. (The waves shown in this section are *sine* waves. Different-shaped waves will be discussed later.)

The peak of the wave is the highest point on top. The

Key EM Wave Definitions



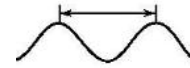
Wave is a movement of energy along a directional axis.

Frequency is a rate of oscillation measured by the number of wave cycles per unit time (usually in hertz).

Wavelength is the *length* or *distance* between *two identical points* on the wave (which comprises *one complete wave cycle*). This is described with different terms of measurement, depending on the size of the wave.

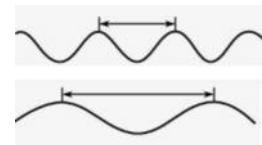
Amplitude is the point of *maximum intensity* of the signal (usually regarded as the highest point on the wave). It is comparable to turning up the volume on a radio.

trough of the wave is the lowest point on bottom. The length of a wave is often measured from peak to peak (see arrow in diagram below). Technically, however, any portion of the wave can be used as a reference point, as long as the measurement addresses one complete cycle (peak to peak, trough to trough, etc.).



As the number of waves within a given space—in other words, their *frequency*—increases in number per second, the size of the waves becomes *smaller*. And as the number of waves *decreases* in number per second, the size of the waves becomes *larger*. Put another way, the *higher the frequency* or oscillation rate of a wave, the *smaller the wavelength*. The *lower the frequency* or oscillation rate of a wave, the *larger the wavelength*. "A homely comparison to visualize this," Kovács analogises, "may be a motley army of giants and dwarfs, all under orders to reach the same goal simultaneously; in order to do so the giants step out leisurely, while the dwarfs run and take hundreds of steps for each one of the giants."¹

In the example below, the frequency of the top wave is higher than the frequency of the bottom wave, because the distance is shorter between the peaks of the waves. The wave forms in this example are simple *sine* waves.



In order from slower-moving to faster-moving, the frequencies in the EM spectrum include radio waves, microwaves, infrared light, visible light, ultraviolet light, X-rays and gamma rays.

• Electric Fields and Magnetic Fields

So far, I have been discussing electromagnetic radiation from the EM spectrum. Electromagnetic radiation (radiant energy) and electromagnetic fields (non-radiant spaces in which energy exists) operate somewhat differently. Both come from electromagnetic sources. However, energy that *radiates* exists separately from its source. It travels away from its source, and it continues to exist even if the source is turned off. EM fields are not projected out into space. They no longer exist when the energy source is turned off.

Static electricity and magnetism are both static fields that share a complex and intimate relationship with each other. An oscillating electric field generates an oscillating magnetic field, and an oscillating magnetic field generates an oscillating electric field. Each exists at right angles to the other. Most importantly, when *movement* is introduced to either a static electrical field or a magnetic field, they become *electromagnetic* fields.

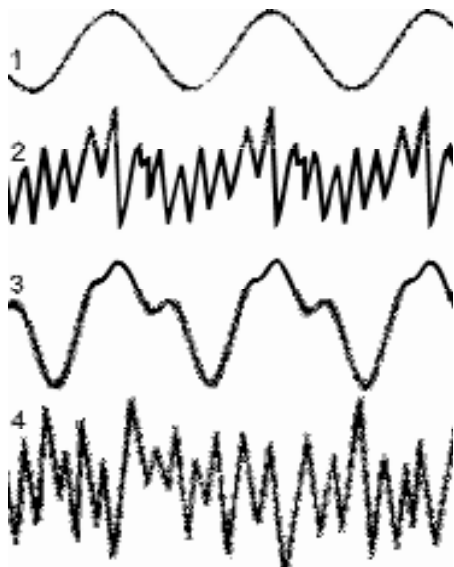
This will be important to remember when we later examine a number of different electromedical devices.

• **Sound**

The EM spectrum is often compared to sound, since the two phenomena share many of the same features. Sound is comprised of *mechanical pressure waves* in a compressible medium such as air or water. Put another way, sound is created when an object moves with enough force to displace (compress) the surrounding air (or other medium capable of carrying these waves).

We hear many of these waves (air currents) as audible frequencies (sound), because after the air reaches the ear it minutely moves the eardrum—a delicate drum-like membrane—and sends the oscillations to the brain, where they are then decoded into traffic noise, spoken words, music, the barking of a dog, and so on. The waves of sound could be created by a pen dropping on a

The waveforms of **music** on an oscilloscope show organisation, with obvious patterns. The waveforms of **noise** on an oscilloscope show disorganisation, with no discernible patterns.



Music – Symmetry

1. **Tuning Fork.** Very pure sound; prongs vibrate regularly.
2. **Violin.** Bright sound, angular waveform. Same pitch as tuning fork: peaks of waves are the same distance apart and pass at the same rate as those produced by the tuning fork.
3. **Flute.** Same note played as the first two. Purer sound than that of the violin, so its waveform is more rounded.

Noise – Asymmetry

4. **Cymbal.** Irregular patterns and jagged, random waveforms with no discernible pitch. No regular pattern of peaks and troughs.

Photo courtesy of, and text adapted from, *Dorling Kindersley Encyclopaedia UK*.

Figure 2: Comparing Music and Noise Waveforms on an Oscilloscope

desk, by someone’s vocal cords being moved in speech, or by a violin string being plucked.

The frequency of a wave (expressed as cycles per second) that applies to the EM spectrum also applies to music, a subset of sound. The pitch of a note depends on its frequency. A *lower frequency*, or an oscillation rate of fewer hertz, is *slower moving* and produces a *lower tone*. A *higher frequency*, or an oscillation rate of more hertz, is *faster moving* and produces a *higher tone*.

Frequency can be more easily understood and perceived with music than with random sound (noise). Noise—as well as some harsh electronic music—is comprised of *disorganised* waveforms. This disorganisation manifests acoustically as indistinct, muddy pitches. Music, on the other hand, is comprised of *organised* waveforms. This organisation manifests acoustically as distinct, discernible pitches.

The difference between music and noise can be seen on an oscilloscope—a testing device that shows visually what we hear acoustically—with real-time pictures of waveforms (figure 2). Noise, or random sound, on the oscilloscope appears as *irregular* waveforms, while music, or pure tone, appears as *regular* waveforms. For most people, the acoustic and the visual correlate: music is more pleasing than noise to the ear, and regular waveforms are more pleasing than irregular waveforms to the eye. In figure 2, in the examples of music, all the instruments are playing the same note.

• **Different Shapes of Waves**

As illustrated in the diagram of notes played by various instruments, waveforms have different *shapes*. Figure 3 shows some common ones in their simplest form.

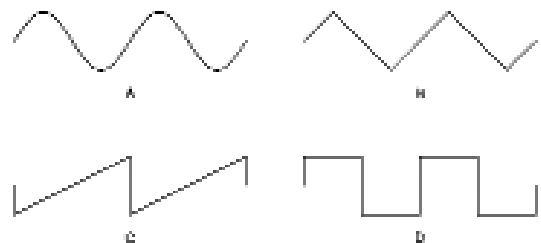


Figure 3: Waveforms (A) Sine; (B) Triangle; (C) Sawtooth; (D) Square

The more complex an object, the more frequencies it contains and also the more complex waveforms it will have. A useful analogy between simple and complex forms is the difference between plucking a single string (which represents a simple organism like an amoeba) and the playing of an entire orchestra (which represents a complex organism like a human being).

• **Symmetry and Asymmetry: The Language of Mathematics and Music**

The symmetry of music and the asymmetry of noise can also be described *mathematically*. Mathematically,

sound is comprised of random frequencies that have *little or no relationship* to each other. Mathematically, tones or music are comprised of frequencies that *do* have relationships to each other. (A single, true tone will naturally be in symmetry with itself.)

The absence of certain mathematical relationships in sound and the presence of those relationships in music explain why sound can irritate the nerves and music can calm them.

Although EM fields and sound transmit frequencies in different ways, the mathematical measurements representing the relationship between electromagnetic frequencies are the same for music. Put another way, the harmonic relationships of each system are governed by identical mathematics. The frequencies of musical tones and the EM spectrum exist in octaves—higher harmonics and lower harmonics of each other. Thus, musical tones and EM spectrum frequencies have mathematical relationships to some of the other frequencies that are higher or lower. For example, a frequency that is multiplied or divided by two produces a higher or lower octave of itself.

As with sound, EM fields possess symmetry and asymmetry. Various electromedical devices can detect the equivalent of either noise or music in the oscillations of cells and tissues in the body. When the oscillations are *not mathematically harmonious* (which corresponds to noise), there is *disease and degeneration*. When the oscillations are *mathematically harmonious* (which corresponds to music), *the cells function optimally and correctly*.

• Pulsed Magnetic Fields

There are many ways to induce an EM field. One way is with magnetism. Although magnetism *per se* exists in a static state, inducing movement in a magnetic field creates a corresponding movement in the electric field that naturally exists at right angles to it. The result is *electromagnetic radiation*. When this type of EM radiation is created from movement, it is commonly referred to as *pulsed*. Pulsing a wave means that the signal is "on" for a brief period, then off, then on, then off, etc. Pulsing is independent of the frequency, which is equivalent to a note in music. The pulsing is like the rhythm.

Carrying the analogy further, a wave taking up its full cycle of "space" is a whole note. A wave taking up only half of that cycle is a half note. A wave taking up only one quarter of that cycle is a quarter note, a wave taking up only one eighth of that cycle is an eighth note, and so on. Speaking musically, the "on, off, on, off" aspect of the wave could also be regarded as "note, rest, note, rest".

Many of the pulsed magnetic fields that are used in electromedical devices have a "rhythm" comparable to only an eighth note, because the wave is "on" for only a brief period.

But that brief period is long enough to induce movement in the body. The movement of the EM

radiation in the body translates into ion transport, increase in blood and lymph flow, and more. Any frequency can be pulsed.

In figure 4, the bottom line shows a "lag time" or interval when the wave is at rest before it resumes its upward-moving cycle.

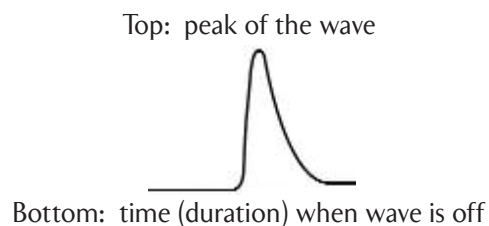


Figure 4: Wave Lag Time

Figure 5 shows two waves in succession. Here, the "lag time" or rest interval between the waves is easily seen. Note that there is no trough to the wave because it has been truncated.

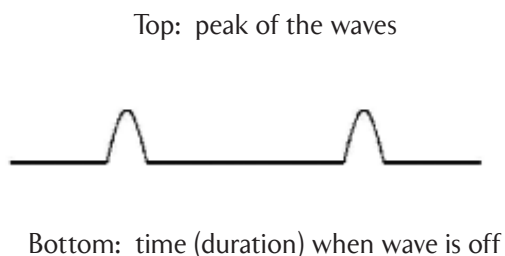


Figure 5: Two Waves

Pulsed electromagnetic radiation induces therapeutic results, which is why it is used. Some electromedical devices using pulsed EM fields will be discussed later.

The Electromagnetic Body

• Energy in Living Systems

Electromagnetic waves can be used for diagnostic purposes because living organisms are energy-based. Historically, most cultures have erroneously regarded the body solely as a mechanical and biochemical organism. But every cell in the body is a transmitter and receiver of electromagnetic information. The following are examples of how human beings, animals and plants contain and respond to EM fields.

- During migration, monarch butterflies, locusts and even blindfolded birds navigate flawlessly. Salamanders and turtles also use magnetic fields to navigate. We now know that magnetite, a highly magnetic mineral, is found in the tissues and brains of insects, birds, reptiles and amphibians.

- Bacteria use their magnetic sense to burrow deeper into the mud. We now know that magnetite is also present in bacteria and protozoa.

- Many kinds of fish are able to follow each other in organised formations ("schools") due to the magnetic fields generated by the magnetite in their bodies.

• The whiskers of dogs, cats and other animals are now recognised to function as antennas, due to their sensitivity to electromagnetic fields.

• In plants, the sharp points of leaves, as well as pine needles and the blades of some species of grass, act like antennas for electrical signals.

• Melatonin, a hormone that (among other functions) helps induce sleep, is produced by the pineal gland only in darkness. We now know that the pineal gland, deep inside the brain in the skull, is exquisitely sensitive to light.

• Stingrays find food because they can detect normal, minute amounts of electrical discharge or magnetic fields emanating from their prey.

• Fish, dolphins and whales use both the Earth's magnetic fields and sonar (sound) for navigation and communication.

• The behaviour of some animals has long been used to forecast earthquakes. Cattle stampede, birds sing at the wrong time of day, mother cats move their kittens, snakes seek shelter. B. Blake Levitt writes:

It is now thought that [animals] are reacting to changes in the Earth's magnetic field, as well as to electrostatic charges in the air—long before the quake actually occurs or registers on even the most sensitive instruments.²

In his article "The Electrical Properties of Cancer Cells"³, medical doctor Steve Haltiwanger describes how the body partly functions as a living electrical circuit.

Various cells and tissues are conductors (allow for electron flow), insulators (inhibit electron flow), semiconductors (allow for electron flow in only one direction), capacitors (accumulate and store charge, later to release that charge), and so on.

Cells transmit and receive energy, and each has its very own frequency with which it oscillates. Both electrical and magnetic fields applied to the body create biological changes. We now know that in humans, the sinuses, some other bones in the face and various tissues in the body contain magnetite.

Not only is every cell in the body a transmitter and receiver of electromagnetic information, it is these various *electromagnetic frequencies that precede and correspond to biochemical functions*. For example, healthy cells oscillate at higher frequencies than do unhealthy cells such as cancer cells. The lower frequency of cancer is reflected by (and causes) the aberrant biochemical reactions within the cell. Put another way, the biochemical differences between normal healthy cells and cancer cells correspond to the differences in the electrical

properties of each.

The same holds true for magnetic fields. Magnetic fields correspond to biological activity. A change in the magnetic field means a change in the cells, either beneficial or harmful.

Continued next edition...

About the Author:

Nenah Sylver, PhD, is an internationally published author in the fields of holistic health, electromedicine and psychology. She gives educational seminars on electromedicine and frequency healing, and has been a featured speaker at Rife conferences.

Dr Sylver previously contributed to NEXUS with her article "Poisonous Products, Deceptive Labels" (7/02-03). She is the author of *The Holistic Handbook of Sauna Therapy* (The Center for Frequency, 2004, ISBN 978-0-9672491-7-1, 356pp, softcover book and e-book) and *The*

Rife Handbook of Frequency Therapy, with a Holistic Health Primer (Desert Gate Productions LLC, 2009, ISBN 978-0-9818075-0-8, 760pp, hardcover book and e-book; reviewed in NEXUS 17/03; previous edition reviewed in 9/05). Both books can be ordered from Bibliotique/Barner Books, 3 Church Street, New Paltz, New York 12561, USA, telephone +1 (845) 255 2635, web pages <http://www.bibliotique.us/si/sauna.html> and <http://www.bibliotique.us/si/rife2009.html>.

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Dr Nenah Sylver can be contacted at The Center for Frequency, PO Box 74324, Phoenix, Arizona 85087-4324, USA, telephone +1 (623) 249 4202, email nenah@nenahsylver.com, website <http://www.nenahsylver.com>.

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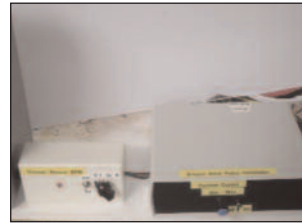


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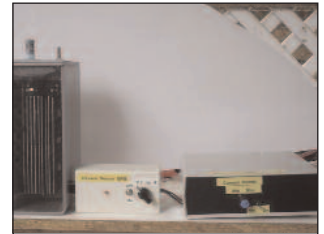
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AN OVERVIEW OF EARTH EXPANSION TECTONICS

*The theory of
Expansion Tectonics
explains all existing
physical geologic data
much better than does
the Plate Tectonics
approach, and it also
attempts to account
for the creation of
new matter at the
core–mantle
interface.*

Part 2 of 2

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Ancient Biogeography

On an Expansion Tectonics Earth, the locations of fossilised fauna and flora can be used to illustrate their distribution in relation to the ancient lands and seas, and once again to confirm the established climatic zones as well as the location of the poles and equator.

The distribution of various marine species, such as the Cambrian and Ordovician trilobites for instance, plotted on an Expansion Tectonics Earth demonstrates the ease and simplification of migration routes and their development during the Palaeozoic Era. Barriers to the migration of these and other marine species on an Expansion Tectonics Earth are then simply seen as being limited to deep-marine restrictions as well as latitude and climate extremes.

Triassic to Cretaceous dinosaur distributions, when plotted on Expansion Tectonics Earth models (figure 4), show that dinosaurs are clustered within three distinct provinces coinciding with the distribution of ancestral Permian reptiles, their ancient ancestors. These include distributions clustered in the European to Mediterranean region, in central and eastern North America, and in adjacent southern Africa and southern South American regions, with links to India. Isolated related distributions also occur in eastern Australia, southern China and western South America.

The distribution of dinosaurs and ancestral Permian reptiles on an Expansion Tectonics Earth demonstrates the close links between Permian, Triassic and Jurassic species. This link was disrupted during the Early Permian Period during the initiation of continental break-up. As the continents progressively broke up and dispersed, there was a marked disruption of established climatic zones as well as feeding habitats and migration routes of each endemic species. The extinction of the dinosaurs is a contentious issue. On an Expansion Tectonics Earth, the Cretaceous Period is shown to coincide with a period of enlargement of continental seas accompanied by a rise in sea level, an increase in the size of the modern oceans and progressive disruption to climate. Sea levels then peaked on the continents during the Late Cretaceous, followed by a rapid draining of continental seas as the modern oceans continue to open.

Expansion Tectonics Earth models suggest that there may have been two or more separate oceans existing prior to the Cretaceous Period, with the possibility of separate sea levels. Rifting and merging of these oceans coincide precisely with faunal and floral extinction events at the end of both the Triassic and Cretaceous periods. This suggests that the cause of the dinosaur extinction, which incidentally occurred over a time-frame of 8–10 million years, may be linked with periods of relatively rapid sea-level change some 65 million years ago, rather than with a speculated asteroid impact event as is currently proposed.

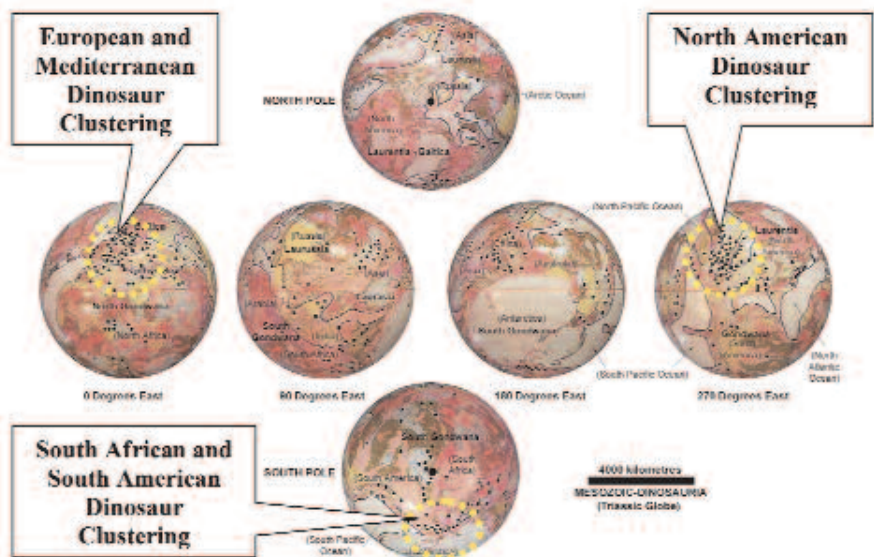


Figure 4: Distribution of dinosaur species on a Triassic Expansion Tectonics Earth model showing clustered distributions. These distributions then fragmented as the modern seas opened up and the continents migrated.

The ancient Permian *Glossopteris* fern is a common fossil in coals throughout the southern hemisphere and has traditionally been used to define the ancient Gondwana supercontinent. The known distribution of *Glossopteris* ferns is centred on localities in South Africa and adjacent India. During the Permian Period, East Antarctica straddled the equator adjacent to South Africa, which was surrounded by occurrences of *Glossopteris* flora in Australia, West Antarctica and India, suggesting *Glossopteris* flora may also have been extensive beneath the present East Antarctica ice cap.

The distribution of Permian *Glossopteris* ferns, when plotted on Expansion Tectonics models, straddles the ancient equator and ranges from high-northern to high-southern latitudes.

This suggests that *Glossopteris* ferns were tropical to cool-temperate species, confirmed by the fossil evidence which shows a Gondwana climate commencing with an ice age and passing through a cold but wet-temperate to warm-temperate climate during the Late Palaeozoic Era.

These ancient biogeographic examples, while limited, briefly illustrate the ease and simplification of migration and development of all faunal and floral species on an Expansion Tectonics Earth. The interrelationships of global and provincial distributions are then intimately maintained without the need for complex conventional continental assemblage-dispersal requirements.

The distribution of glacial deposits on an Expansion Tectonics Earth is also useful in checking the location of established magnetic poles...

dependent rocks and comparing the distribution patterns with the location of established ancient poles and equators. Correlation of coal swamps, thick sandstone sequences and glacial rocks are excellent indicators of wet climates, while dry climates are indicated by evaporates, such as salt deposits, and equatorial regions by limestone reefs.

The glacial record shows four major glacial periods, including the Early and Late Proterozoic aeons and the Early and Late Palaeozoic and Late Cenozoic eras. The distribution of glacial deposits on an Expansion Tectonics Earth is also useful in checking the location of established magnetic poles and equators plotted from magnetic data.

The distribution of many of these Precambrian marine glacial deposits (figure 5), many of which occur in conjunction with equatorial limestone and iron-rich rocks, is an enigma for Plate Tectonics reconstructions. In contrast, on an Expansion Tectonics Earth, the relatively short pole-to-equator distances existing during this time allow sea-ice to float readily into equatorial regions, depositing glacial rock debris amongst the existing warm-climatic rocks as it melted—hence the current dilemma.

The distribution of Early and Late Palaeozoic glacial deposits coincides with a South Pole located in western Central Africa (south Gondwana), with isolated mountainous ice-centres located in Europe, Australia and South America. A northward shift in climate

During continental break-up and opening of the modern oceans on an Expansion Tectonics Earth, the distributions of species and migration routes were then disrupted, forcing species endemic to the various regions to interact, extend their boundaries, fragment or simply become extinct with time. The timing of ocean development in many of these areas is also reflected in the changes in sea level, facilitating marine faunal migration by extending and expanding immigration routes and moderating climatic differences.

Ancient Climate

The ancient climate on Expansion Tectonics Earth models can be investigated by plotting the distribution of selected climate-

zonation with an absence of a permanent north polar ice-cap is a prominent feature of glacial, carbonate and coal distributions at that time. This northward shift suggests that the Earth's rotational axis inclined to the pole of the ecliptic was well established by the beginning of the Palaeozoic Era and has remained at a similar inclination to the present day.

Other examples include the distribution of Palaeozoic, Mesozoic and Cenozoic oil and gas resources. When viewed in context with global and local sea-level changes, oil and gas development coincided with periods of rising sea-levels and maximum surficial areas of continental seas. The Cretaceous oil and gas deposits in particular were formed after the Late Palaeozoic glacial melting, during a period of rapid opening of the modern oceans, generally warm climatic conditions and rapid biotic diversification.

The Early to Late Cretaceous distribution of coal shows two broad temperate belts located north and south of the ancient equator. On an Expansion Tectonics Earth, a latitudinal shift in coal deposition through time is reflected in the rapid opening of each of the modern oceans and similarly in the northward migration of continents during the Mesozoic and Cenozoic eras.

The predominance of coal deposits in the northern hemisphere is here attributed to the greater extent of landmass influencing rainfall and to the extent of remnant continental basins suitable for coal formation.

In these brief examples, the distribution of all latitude-dependent rocks on Expansion Tectonics Earth models is shown to coincide precisely with the ancient equators established from magnetic pole data. In each case, a distinct latitudinal zonation paralleling the palaeoequator is evident, and a distinct northward shift in climatic zonation consistently suggests that an Earth rotational axis inclined to the pole of the ecliptic was well established during the Palaeozoic, persisting to the Recent.

FURTHER CONSIDERATIONS

When presenting Expansion Tectonics, a number of very valid and pertinent questions invariably arise which must be addressed. In doing

so, however, it should be remembered that Expansion Tectonics is based solely on the best explanation of existing empirical geological evidence. It is not a theory seeking physical support. It is, rather, a proposed concept which best fits all existing physical geologic data in a far superior manner than does the Plate Tectonics approach. To some extent, it's like a laboratory experiment wherein an unexpected observation is made that is not explained using existing

physics. It then begs for extended theoretical models to explain the newly discovered physical facts—in particular, those with an empirical basis.

What is Causing the Earth to Expand?

The entire question as to where the additional mass comes from to explain an increase in Earth radius is a very important core issue to Expansion Tectonics, but a very

difficult question to answer. Because the Earth has always been considered to be the same size since creation, from either a cosmological or a religious point of view, it has not been necessary to ask this question. So, because the question has not been asked or taken seriously, the source of the additional mass continues to remain speculative.

Since the theory of Earth expansion was first proposed in the late 1890s, five main recurring themes for the cause of Earth expansion have been suggested.

...an Earth rotational axis inclined to the pole of the ecliptic was well established during the Palaeozoic, persisting to the Recent.

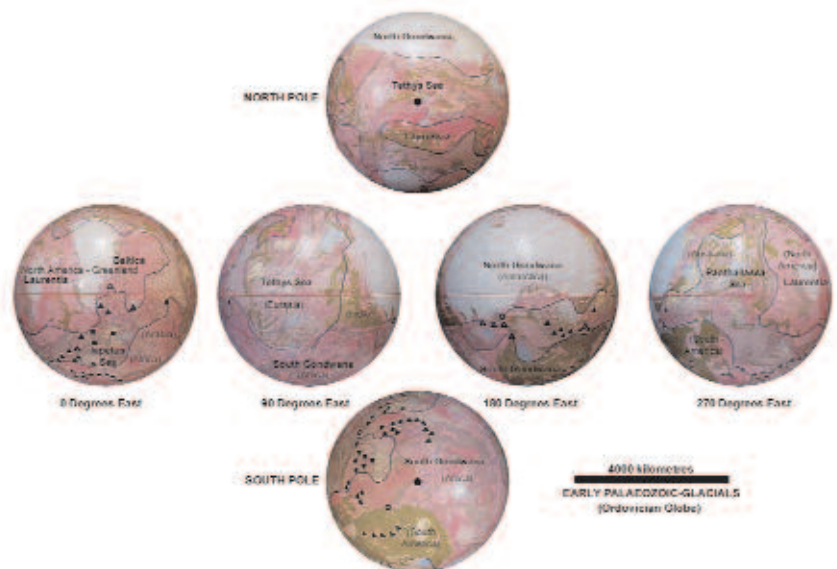


Figure 5: Distribution of Early Palaeozoic glacial debris on an Expansion Tectonics Earth model. The distributions of square and triangular symbols show a clustering around the south Gondwana south polar ice-cap plus floating sea-ice glacial debris extending into the equatorial Iapetus Sea.

These can be summarised as:

1. A pulsating Earth, where cyclic expansion of the Earth is said to have opened the oceans and contractions are said to have caused orogenesis (mountain-building). This proposal fails to satisfy exponential expansion, as shown by modern oceanic mapping, and the late Professor Carey considered the theme to have arisen from the misconception that mountain-building implies crustal contraction. In addition, Carey saw no compelling evidence for intermittent contractions of the Earth.

2. Meteoric and asteroidal accretion. This is currently a popular theory, also proposed to explain some of the various extinction events that have plagued the Earth. It basically says that expansion is caused by an accumulation of extraterrestrial debris over time. This theme was rejected by Carey as the primary cause of Earth expansion, since expansion should then decrease exponentially with time, not increase as shown by the oceanic mapping. Nor does it explain ocean-floor spreading or the distribution of oceanic crust or covering sediments.

3. Constant Earth mass, with phase changes of an originally super-dense core. This was again rejected by Carey as the main cause of Earth expansion because the theme implied too large a surface gravity throughout

the Precambrian Superaeon to the Late Palaeozoic Era. A large Precambrian surface gravity was not evident from studies carried out during the 1970s. For a constant Earth mass, density would have also been unacceptably high during the Precambrian.

4. Secular reduction of the universal gravitation constant, G. Such a decline of G was said to cause expansion through the release of elastic compressional energy throughout the Earth and phase changes to lower densities in the mantle. Carey rejected this proposal as the main cause of expansion for three reasons: (a) formerly, the surface gravity would have been unacceptably high; (b) the magnitude of expansion is probably too small; and (c) the arguments for such a reduction in G were considered not to indicate an exponential rate of increase in radius.

5. A cosmological cause involving a secular increase in the mass of the Earth. This suggestion remains the most popular theme.

Where the required excess mass came from was considered at length by Professor Carey. Einstein's equation $E = mc^2$ suggested to Carey (and others) that matter and energy are interconvertible. Matter is therefore the antithesis of energy, where matter is created from energy and vice-versa.

Carey further considered that new matter added to the Earth must appear deep within the core. But, he also considered that the ultimate cause of Earth expansion must be sought in the cosmological expansion and complementary generation of new-matter processes within the entire Universe.

The proposed causal model for Expansion Tectonics (figure 6), while still largely speculative, involves an increase in mass by segregation of new matter from energy within the Earth's core. This new matter accumulates at the core-mantle interface, and the increase in volume results in swelling of the mantle.

This proposal is borne out by seismic and tomographic evidence, whereby the core-mantle interface is shown to be the most active part of the Earth's interior. In this proposal, mantle swell is then manifested in the outer crust as crustal extension and is currently occurring as extension along the mid-ocean-rift zones. Matter segregation within the Earth's core is seen as an ongoing reaction, which, if the reaction decays with time, may ultimately reverse the present exponential

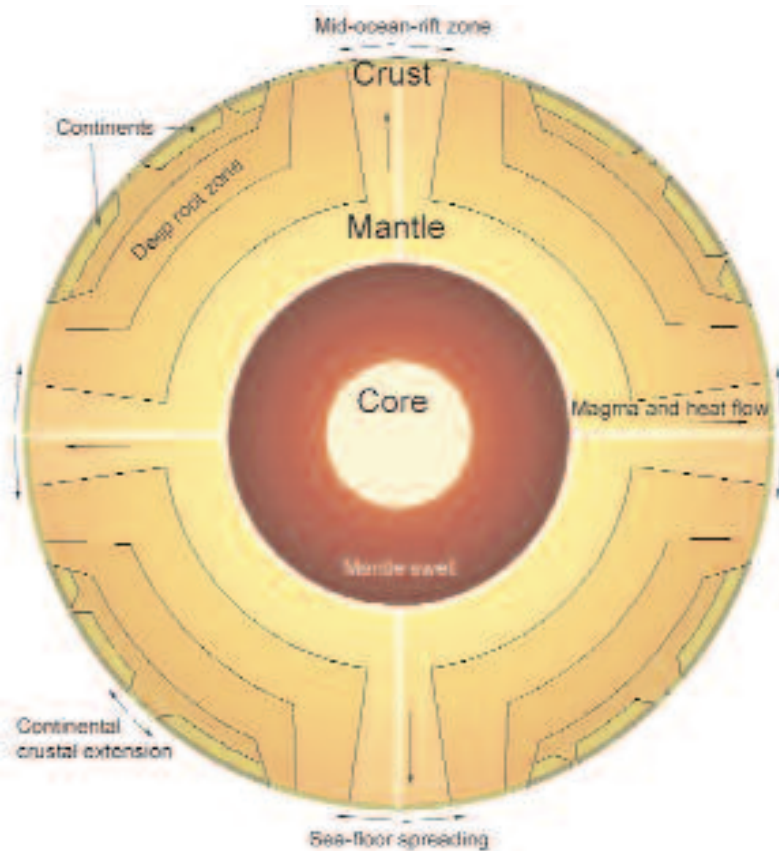


Figure 6: Cross-section through the present-day Earth showing crustal extension, sea-floor spreading and opening of the modern oceans in relation to mantle swell.

increase in Earth radius and cease expansion in the distant future.

What about the Supercontinents?

On an Expansion Tectonics Earth, during the Triassic Period the modern deep oceans did not exist. All continental crust was united to form a single supercontinent called Pangaea, enclosing the entire ancient Earth at about 3,200 kilometres radius—approximately 52 per cent of the present Earth radius.

Geographical studies show that, prior to the Triassic Period, oceans were represented by a network of continental seas, with sediments deposited within continental basins masking all evidence of sea-floor spreading. Exposed lands and varying coastal outlines prior to this time were similarly represented by the ancient Gondwana, Laurentia, Baltica and Laurussia supercontinents, and prior to that again by the ancient Rodinia supercontinent and smaller subcontinents.

What about the Ocean Water and Atmosphere?

Researchers elsewhere have argued that, before the Triassic Period, a small ancient Earth with a continuous continental crust would have been covered by an ocean with an average depth of 6.3 kilometres. If this were the case, then terrestrial life-forms would not have evolved and continents would only have been exposed to erosion fairly recently in Earth history.

This argument assumes that the volume of the ocean water has been constant throughout geological history. On an Expansion Tectonics Earth, the sea-floor crust, ocean water and atmosphere all originate from deep within the Earth's mantle and have been added to the surface crust at an accelerating rate throughout geological time. The increase in new ocean water and atmosphere is considered to have resulted from a process of mantle out-gassing as a natural response to a decrease in mantle temperature and pressure conditions with time.

The distribution of ancient coastal outlines on Expansion Tectonics models demonstrates implicitly that ocean waters did not cover the entire Earth, as has been suggested, but instead formed a network of relatively shallow continental seas which, in turn, defined the location and distribution of the ancient supercontinents and intervening ancient seas.

What about Subduction?

As mentioned earlier, subduction of crusts beneath continents is an artefact of the basic Plate Tectonics requirement for a static-radius Earth. To maintain a Plate Tectonics static-radius Earth, the new oceanic crusts accumulating along the mid-ocean spreading ridges must then be continuously disposed of elsewhere, displacing and recycling pre-existing crusts into the mantle by subduction. Modern planetary studies have shown this process to be unique to planet Earth, and hence, without subduction, Plate Tectonics cannot exist.

In Plate Tectonics theory, subduction zones mark sites of convective down-welling of the Earth's crust as well as part of the upper mantle. Subduction zones are postulated to exist at convergent plate boundaries around the margins of the Pacific Ocean, where oceanic and continental crustal plates converge with other plates and sink below to depths of approximately 100 kilometres, thereby recycling crust, sediment and trapped water into the deep mantle.

On an Expansion Tectonics Earth, subduction of between 5,000 to 15,000 kilometres of Pacific oceanic crust beneath North America, for instance, is unnecessary. All subduction-related observational data simply record the crustal interaction between adjoining thick continental crusts and relatively thin oceanic crusts during ongoing changes in surface curvature. Instead, as the Earth's radius increases with time, the surface curvature of the Earth flattens, giving rise to crustal interaction and jostling of

plates along their margins as they stretch and distort during gravity-induced flattening.

What about Mountain-Building?

In Plate Tectonics theory, it is generally assumed that mountain-building results from the collision between ancient plates as they randomly move over the Earth's surface under the influence of mantle convection currents. Researchers elsewhere have therefore concluded that because Earth expansion is a radial process, and hence extensional, the process cannot explain the compression required for mountain-building.

While seemingly logical from a Plate Tectonics perspective, this conclusion is illogical from an Expansion Tectonics perspective. As the Earth's radius increases, the continental crust must distort, bend, twist

All subduction-related observational data simply record the crustal interaction between adjoining thick continental crusts and relatively thin oceanic crusts during ongoing changes in surface curvature.

and turn as it continuously flattens and adjusts during changes in surface curvature. During this ongoing gravity-induced crustal flattening process, compression causes folding of the soft sediments within sedimentary basins as well as faulting, volcanic intrusion and metamorphism (heating and compression of the rocks).

When the continents began to break up and disperse 200 million years ago, the edges of the newly formed continents then flexed and rose vertically to form the great escarpments and mountain ranges as the interiors collapsed during ongoing changing surface curvature. This process is cyclical during the ongoing increase in Earth's radius, resulting in multiple and overlapping phases of mountain building, planation, sedimentation, uplift and erosion.

What about Past Measurements of the Earth's Radius?

Palaeomagnetic measurements were first used during the 1960s to early 1970s to establish an ancient Earth radius. This information was then used in an attempt to resolve debate once and for all on whether the Earth's radius is increasing or not. The outcome of this research was the conclusion that the Earth's radius is not increasing, and this of course has since swayed popular opinion towards Plate Tectonics without the implications of the outcome being fully appreciated.

While various researchers went to great lengths to present quality data and sound methodology, it should be realised that at that time there was very little agreement as to what a potential Earth expansion may or may not have been.

What the researchers failed to comprehend was the significance of magnetic pole locations determined from conventional palaeomagnetic formulae. These are virtual pole locations, not actual locations. Because of this oversight, they then made incorrect assumptions regarding application of the ancient latitude and colatitude to determine radius.

When the Expansion Tectonics magnetic pole locations for African data, for instance, are correctly used, the palaeomagnetic data, in contrast to published conclusions, conclusively quantify a Triassic Expansion Tectonics Earth radius.

This, in conjunction with the diametrically opposed North and South Pole plots, represents definitive proof in support of an expanding Earth.

What about Space Geodetic Measurements?

Space geodetics is modern technology which uses satellites and radio telescopes to measure routinely the dimensions of the Earth and plate motions of the continents to sub-centimetre accuracy.

During the early 1990s, when enough ground stations were established to form a global network, the global excess in radius was found to be 18 millimetres per year—i.e., the measurements showed that the Earth was expanding by 18 mm/year.

This value was considered by NASA to be "extremely high" when compared to expected deglaciation rates during melting of the polar ice-caps, estimated at less than 10 mm/year.

The researchers in fact "expected that most...stations will have up-down motions of only a few mm/yr" and went on to recommend that the vertical motion be "restricted to zero, because this is closer to the true situation than an average motion of 18 mm/yr" (S. Robaudo and C. G. A. Harrison, 1993).

This recommendation is now reflected in current mathematical solutions to the global radius, where global solutions are effectively constrained to zero.

These recommendations are justified from a constant-Earth-radius Plate Tectonics perspective.

The calculated excess of 18 millimetres per year was considered to be an error in atmospheric correction, so it was simply zeroed out.

What must be appreciated is that without an acknowledgment of a potential increase in Earth radius, NASA had no option but to correct this value to zero and

hence adopt a static-Earth-radius premise.

From an Expansion Tectonics Earth perspective, however, the 18 mm/year excess equates closely with a present-day value of a 22 mm/year increase in the Earth's radius, determined independently from measurements of areas of sea-floor spreading.

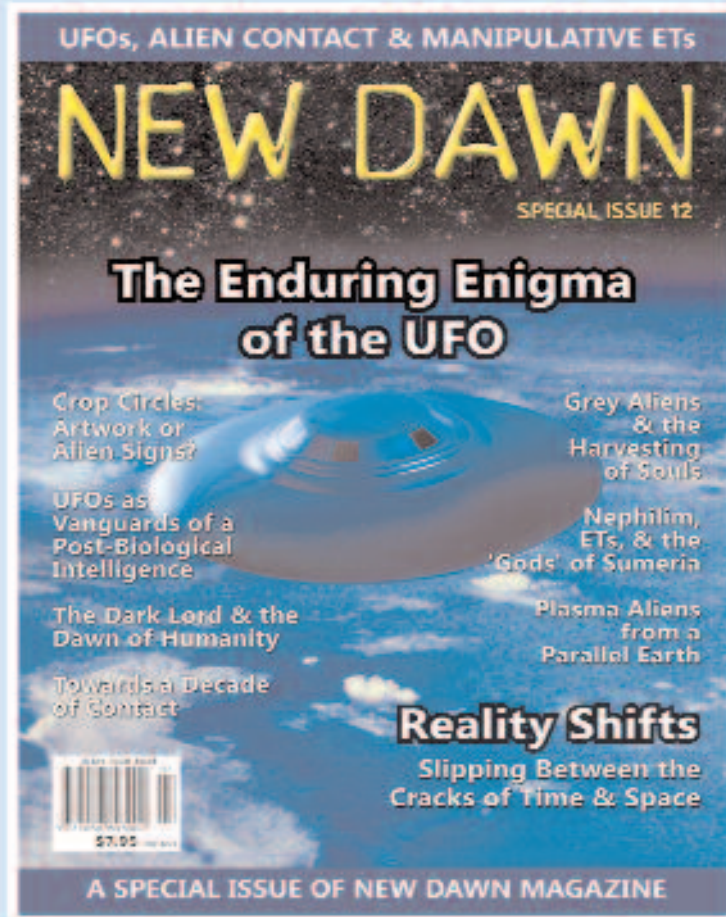
EXPANSION TECTONICS AS A VIABLE SCIENTIFIC FACT

Put simply, the process of Expansion Tectonics, from the beginning of geological time to the present, can now be accurately constrained.

As the Earth's radius increases, the continental crust must distort, bend, twist and turn as it continuously flattens and adjusts during changes in surface curvature.

Continued on page 80

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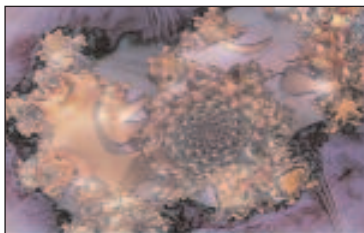
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TO INFINITY AND BEYOND TRANSCENDING OUR LIMITATIONS

The Universe is at once infinitely large and infinitely small, is organised according to a holographic fractal scalar arrangement, and may well consist of black holes even at the subatomic level.

by Nassim Hamein © 2010

The Resonance Project Foundation
Post Office Box 764
Holualoa, HI 96725, USA

Email:
info@theresonanceproject.org
Website:
<http://www.theresonanceproject.org>

Exploring the Nature of Reality

Have you ever wondered about the structure of reality? Where did it come from? How did it get here? And how did it self-organise to result in my observing it? These are fundamental enquiries that most people have asked themselves at some point in life. They might have thought of these questions in many different ways, perhaps not exactly as stated above, but most people have wondered about the source of existence, about a beginning and an end or an eternal continuous dynamic.

From an early age, these questions felt to me as most worthy of investigation, and in a certain way my earlier adventures in the various sports industries became tools that I could use to investigate the reality I am in, my interaction with it, and my capacity to modify it or at least push it to the extreme. And to the extremes I pushed it: whether it was skiing, climbing or deep-sea diving, my tendency was to see how far I could push the edge of the structure of reality by my intent and capacity to overcome physical limitations. It was a test of mind over matter, and in every case I felt that a resonance field could be established with the structure of reality—what athletes typically call "the zone"—where, as best I can describe it, I felt a flow, a type of harmony with all the various dynamics I was encountering in these extreme situations.

Whether it was the forces involved, such as gravitational, or the sensations of the material world feeding back information to my body and my body responding to it—such as the fine edge of my ski slicing through an icy surface, or the sensations as the tips of my fingers conformed to sharp crystals while I climbed a thousand-foot rock face—these moments of high communion with nature taught me that there must be a fundamental relationship. I eventually came to describe this as a feedback in the structure of space-time which included this sense of complete integration within the wheelworks of nature that I was experiencing as well as the self-organising properties of the material world which I could clearly observe everywhere in the natural environment where highly organised and complex systems can be found.

Yet there was more. My early interest in exploring the more mystical side of our experience led me to investigate the internal world of meditation, a world that is in complete reference to the event of consciousness, of a deep and fundamental self-discovery and exploration of the observer experiencing this reality. Therefore, it was both an external exploration, in which I could push the boundary of my influence on the external world (what one could call the material world), as well as an exploration of how far I could push the boundary of the internal world to identify the source of the observation. And to my great surprise, the two seemed to feed back on themselves. For instance, in those states of "the zone" during peak experiences in sporting events, nature seemed to be speaking to me beyond the receptor sites of my

five senses to a deeper, more profound sense, as in a unity between my physicality and the physicality of the world around me. Similarly, in deep meditative states and moments of rapture, a profound sense of unity with the material world around and inside of me seemed to take place. The question then was: what are the mechanics of the apparent feedback between me, the observer, and the material world, and is there a medium that makes the connection between all things possible in order to produce unification?

In order to answer these questions appropriately, I had to conduct, on the one hand, an in-depth study of the physics of our world and, on the other hand, a study of the mores (the customs and ritual practices) of various societies that could reveal a deeper understanding of the relationship between the observer and the material world. In my mind, both were equally important, although the task of studying both in parallel, which encompassed fields ranging from applied physics to cosmology and quantum mechanics as well as archaeology, psychology and spirituality, seemed insurmountable. Therefore, it was with great procrastination and reluctance that I finally abandoned my professional careers in the sports industry to dedicate all of my time and energy to the studies necessary in order to begin answering some of these questions.

This led to a prolonged, isolated period of my life, when I lived in a van with a bare minimum necessary to survive, living the simplest life possible in order to dedicate every second of my day (and many nights) to the study of these various fields. Still, to this day, I consider those times as some of the most wonderful, productive and mystical times of my life. I was completely free—free of telephones, appointments and interactions with the outside world. I was completely free to think whatever I wanted to think, to study whatever I wanted to study and to move wherever I wanted to move, as all I had to do was put the key into the ignition, press on the gas pedal and I was instantaneously relocating. My home was wherever I parked, and I was fortunate enough to be in some of the most beautiful and remarkable natural environments on our planet. From the alpine meadows of British Columbia and Alberta, Canada, to the high deserts of the American Southwest and everything in between, I spent many months in communion with the natural world while in deep contemplation of its physics and of the relationship between this physics and my observations of it.

I continued a routine of physical activities to balance

the typical 15 to 18 hours a day I spent studying. At the time, most of my physical activity consisted of rock-climbing, as I would typically start my morning with a sunrise climb after some time meditating or I would get out of the van at sunset for a little fresh air and a quick multi-pitch climb to get my blood flowing. Since I was usually alone, these climbs mostly consisted of free solos (no protective gear) where, once again, I was free from having to worry about companions and their well-being.

At the fine edge of these experiences, where any mistake would surely result in the obvious outcome of a body falling through space being rudely arrested by the ground, I could get into that zone where, however extreme the experience of reality was, there was a complete sense of comfort, a sense of absolute trust, of harmony with all of nature and complete relaxation—and that stuff was addictive. I was in love with nature, and it felt like nature was in love with me.

I distinctly remember moments when my cheek was glued to the face of sheer rock-walls, with the exposure of a few thousand feet unravelling below me, and I was gazing at teeny crystals glistening in the rising Sun and thinking about the molecules and atoms and subatomic particles that make up those crystals. Where did they begin, and where did they end? After all, these crystals I was climbing were part of a larger crystal, a large geode called the Earth,

and the Earth was part of a solar system, and the solar system was part of a galaxy, and the galaxy was part of a cluster of galaxies, which was most likely part of a supercluster, and so on. Furthermore, every crystal was made out of millions and millions of molecules, and each molecule was made out of atoms, and these atoms were made out of subatomic particles, and so on. Was it appropriate to think that the Universe ended somewhere, whether on the infinitely large scale or on the infinitely small scale?

These moments often brought on trance-like states in which I would completely lose track of my whereabouts and either dive down the rabbit hole into the molecular structure of these crystals or expand into galactic and universal structures, imagining and contemplating.

A Matter of Scale

From the study of the physics I was conducting and from various discoveries I had made in exploring my internal experience, I realised that if we were truly to look for a complete picture of the dynamics and mechanics that produce both the material world and the observer that experiences it, the model would have to be based on an infinite relationship of scales.

These moments often brought on trance-like states in which I would completely lose track of my whereabouts...

I discovered within myself what seemed to be an infinite division of the scales, beyond reconciliation with the concept of a bubble Universe from which everything started with a bang, without any clear understanding of either what produced it or how the material got there to bang in the first place.

I remember being very young, probably about seven, when it was explained to me that the Universe was like a big balloon expanding. My first question to myself was: expanding in what? Surely, if the Universe were expanding, it must be expanding inside another Universe, larger than the one we are in. And then again, if that one were expanding as well, surely it must be expanding in a larger one, and so on. There was no easy solution to the riddle. The only thing that made sense was that the Universe was infinitely large and infinitely small, that we lived in a continuum of divisions, and that our world was defined by the mere fact that we observed the Universe from a very specific scale.

For instance, if you were experiencing the Universe from the scale of an atom or even a subatomic particle, your experience would be widely different from the experience you have of your Universe as a human being. And if I were to grow you from an atom to the size of a human, you would most likely think that you had changed Universes or even changed dimensions (although that would be partially true, as you have literally changed in dimension).

These thoughts had come to me in various ways throughout the years, but how could they be appropriately expressed in physics? Was there any physics already written in our world that indicated such a principle at hand? Furthermore, did these concepts agree with thousands and thousands of years of advanced thinking in philosophy, mysticism and religious belief?

The first clue had come in my teenage years, when I initially realised that for almost 100 years a chasm had existed in our physics between the mathematics and models we use for large objects, which predict a continuum that tends towards singularity and infinities (Einstein's field equations), and the quantum world of atomic and subatomic particles, which predicts linear functions of bounded states, well defined and with finite behaviours. Yet big things are made out of small things, so how could the Universe use two completely different sets of physics?

How could the Universe be both finite and infinite at the same time? Truly, day-to-day experience seems to point to the existence of well-defined finite boundaries. After all, your body's dimensions are defined by what appears to be a very specific scale. The same applies to the chair you're sitting on, or the pole you're holding onto while you're reading this article on the bus on your way to work. But wouldn't an infinite Universe have no definition, no distinct way of identifying a boundary to define all other ones? All of this became the subject of many years of contemplation, and the answer, interestingly, came from an unexpected source.

The Organising Principle of Nature

From my study of ancient civilisations, there seemed

to be a persistent, recurring theme, and that theme, to cut to the chase, seemed to have something to do with geometry and some fundamental medium permeating everything, being omnipresent, omniscient and the organising principle of nature. I looked to find if similar concepts were present in our history of physics and the advanced physics of today, and indeed I found similarities.

On the geometric side, for instance, was Einstein's geometrisation of the structure of space-time. As well, in mathematics, fractal theory resembled many ancient concepts and symbols and provided a perfect relationship between infinities and the boundary condition, as an infinite amount of boundaries could be embedded within a finite initial boundary (the scale at which you are observing). As far as an omnipresent permeating energy was concerned, it occurred to me then that maybe, just maybe, the all-prevailing intensely energetic vacuum of the quantum world

might fit the bill.

Maybe the space between all of the molecules and atoms that I was observing on my cliff-face inside the crystal that my hands were so firmly gripping, the space between our planet and the Sun, the space inside our galaxy and the space between galaxies was full instead of empty. Maybe space was permeated with all the information of all things in the space and was the great connector between all these things. After all, from infinitely large to infinitely small, space would always be present, since even the extremely small radius of an atom still contains some 99.99999 per cent space. Perhaps space defined matter, rather than the material world defining the space.

As well, in mathematics, fractal theory resembled many ancient concepts and symbols and provided a perfect relationship between infinities and the boundary condition...

What if matter were only the result of a discrete boundary condition of the space itself, like the feedback iterations that produced the divisions of a fractal? Was the world-space experiencing itself? Were we an extreme extension of the space looking back at ourselves and experiencing matter? Einstein seemed to think so, as in his quote: "Physical objects are not in space, but these objects are spatially extended. In this way the concept 'empty space' loses its meaning."

But if space were the great medium that connected all things, gathering information from all places so as to self-organise and create the complexity we observed in our natural world, then space would have to be infinitely dense—infinately dense with information or energy. Was this possible, and if so, was there any evidence as such? I was probing deeper and deeper into the physics that had been written and into the experiments that had been performed throughout nearly 300 years of modern physical theory, and I came across something significant.

Energy Density of the Vacuum

It seemed that in the quantum world, a difficulty had been encountered when physicists tried to calculate the energy density of an oscillator such as an atom. It turned out that some of the vibrations still existed, even when the system was brought to absolute zero, where you would think that all the energy would be gone. In fact, the equations showed that there was an infinite amount of possible energy fluctuation even within the vacuum.

To understand this better, physicists applied a principle of "renormalisation", using a fundamental constant to cut off the number and get a finite idea of how dense the vacuum energy must be, with all its vibrations. The cut-off value used was the Planck's distance or length, named after the great physicist Max Planck, who is considered to be the founder of quantum theory. This value is thought to be the smallest vibration possible, being in the order of 10^{-33} centimetres and having a mass-energy in the order of 10^{-5} grams.

The calculations that were done entailed working out how many teeny Planck's volume vibrations could coexist in a cubic centimetre of space. The answer, since each Planck's volume had a specific mass, was a mass-energy density that existed in a centimetre cubed of space. The result was enormous! The vacuum energy density, or what can be called a Planck's density, was in

the order of 10^{93} grams per cubic centimetre of space and was quickly dubbed "the worst prediction physics has ever made" or "the vacuum catastrophe".

To give you an idea of how dense this value is, if you were to take all of the matter we observed in our Universe today with billions of galaxies containing billions of stars, most of which are much larger than our Sun, and we were to stuff them all into a centimetre cube of space, the density of that cube would only be 10^{55} grams. This is still some 38 orders of magnitude less dense than the density of the vacuum. Many scientists thought that this figure was ridiculous, and in general it fell into obscurity. Even today, some trained physicists are not necessarily aware of this value. Throughout the years I've received prompt criticism from certain physicists who either were unaware of its existence or simply discarded it, as if the largest energy quantity ever predicted could be completely ignored.

However, the vacuum fluctuations of energy are crucial to our understanding of particle physics at this point, as they are the source of virtual particle creation at the atomic level, which is essential to our current understanding of physics.

More importantly, in 1948 the Dutch physicist Hendrik Casimir calculated and elaborated a configuration that would ultimately allow an experimental validation of this vacuum energy. Casimir reasoned that if two plates were placed close enough to each other so that the longer wavelengths of the vacuum oscillations would be eliminated from between the plates and yet

would still be present on the outside of the plates, then a minute gradient could be generated where there would be more pressure on the outside and less on the inside, resulting in the plates being pushed together. However, when the distance by which the plates had to be separated to do the job was calculated, it was found that the plates had to be mere microns apart. This was an impossible task in 1948, and it wasn't until the early 1990s that this experimental test could be done successfully. The result agreed very well with the calculations done by Casimir, showing that this energy of the structure of space itself is truly present.

So at least the energy was there in the vacuum at the quantum resolution. Could it be the energy that connects all things, the energy from which everything emerges and to which everything returns? Well, if so, it would have to be present at all scales.

The calculations that were done entailed working out how many teeny Planck's volume vibrations could coexist in a cubic centimetre of space... The result was enormous!

That is, there had to be evidence of this energy between stars and galaxies as well. I had studied quite a bit of cosmology by then, and at the time there was zero evidence of this energy being present at the cosmological level.

Nevertheless, I was in a highly creative mode, elaborating on many of the foundations that eventually brought me to form the various scientific papers I have written.

From the sense I was getting from my studies of both ancient civilisations and advanced physics, this vacuum energy could not be completely random. It had to have structure, some kind of geometry, and most likely it was polarised—that is, spin was involved. And it was these thoughts that eventually brought me to add a fundamental force to Einstein's field equations in order to show that space-time, in addition to curving to produce gravitation, twisted as well—like water going down the drain—to produce the spin of all organised matter from galaxies to stars and even to subatomic particles. That twisting of space would imply that space itself was imbued with gyroscopic and Coriolis effects that needed to be included in Einstein's geometrisation of space and time. Yet if this torque really was present, then we should be able to detect it at the cosmological level.

I will always remember the day when this confirmation fell into my lap. It must have been around the late 1990s, when I was in Joshua Tree National Park where I liked to spend part of the winter climbing and studying. Typically I would go in and stay for weeks at a time before my supplies ran out and I would have to come out again to get a little bit of shopping done. My budgets were quite restricted (on average, \$3,000 a year), so I would buy a very minimal amount of food (I mostly lived on *prana*—vacuum energy) but almost every time I would buy popular science magazines to keep in touch with the latest scientific discoveries.

So on a beautiful morning after one such expedition the night before and then after my ritual climb, I sat on the edge of the stairs of my van and opened what I recall was an issue of *Astronomy* magazine. And there it was: astronomers had found evidence that the Universe was not only expanding, but was also *accelerating* as it did so.

This discovery produced a large amount of controversy

at the time, and most theorists agreed that the best approach to deal with this anomaly was to reinstate a constant that was first used by Einstein. He had added this fudge factor, called the *cosmological constant*, in his early mathematical expressions to make the Universe static (which was believed to be the case at the time). It was later removed when astronomer Edwin Hubble discovered that the Universe was expanding, as Einstein's equations would predict, without the fudge factor. Now astronomers reinstated the cosmological constant in such a way as to make the Universe accelerate as it expanded. The fudge factor was back. This eventually was dubbed "dark energy", and it wasn't until very recently that it started to be associated with the vacuum energy.

For me, however, that was an easy and obvious leap, as I had already expected that the polarised Coriolis dynamics of the vacuum structure would produce such an effect on the universal expansion and rotation.

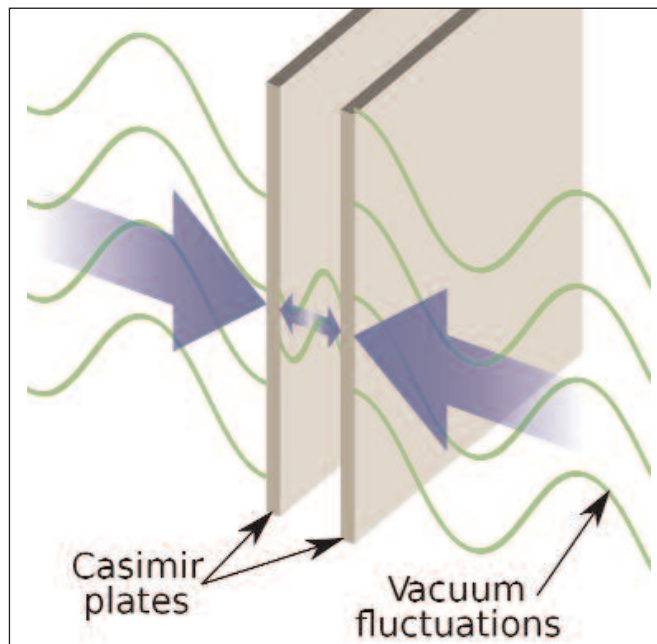
So the vacuum energy was there at all scales, although in various densities—a gradient in the structure of space itself. Was the vacuum dividing at specific densities from extremely large to extremely small? And if the vacuum energy was essentially infinitely dense, and all scales contained vacuum—since

even the atom itself (as we saw earlier) contains a large percentage of vacuum—then each of all the atoms inevitably contained enough mass-energy to be considered a black hole. The Universe had to be black holes, from all the way up—the Universe that we're in, for example—to all the way down. With this concept, I eventually coined the term "black whole".

A Black Hole Universe

While pursuing various readings at the time and looking at the currently accepted mass of our Universe, I realised that the Universe as a whole obeyed the condition that described a black hole. Later on, with the help of Dr Elizabeth Rauscher and afterwards Dr Michael Hyson, we developed various scaling graphs that supported the concept of a fractal black hole Universe.

Remarkably, after some 20 years of being almost alone in thinking that we may live in a black hole Universe, and in the middle of writing this article, popular science reports appeared that elaborated on the research of a



Casimir Plates

(Source: commons.wikimedia.org)

physicist at Indiana University. The first sentence of the university's communiqué asks: "Could our universe be located within the interior of a wormhole which itself is part of a black hole that lies within a much larger universe?"^{1a-b}

But could an atom, or the nucleus of an atom, be considered a black hole? I didn't know, and it was not until the year 2003 that I finally got to working out the calculations to make such a prediction.

At the time, I was living on the Big Island of Hawai'i and my daily routine started at sunrise with an encounter with the creatures of the ocean, usually wild dolphins, spinner dolphins in particular. The sensation of gliding in the ocean and the vorticular spinning hydrodynamics of the water around my body often reminded me of our daily "swim" through the vacuum structure and the Coriolis dynamic that was part of my views of the physics of creation.

It occurred to me that a certain percentage of the mass-energy of the vacuum must be contributing to the energetic event that we call the nucleus of an atom. I called Dr Rauscher right away and discussed the simple calculations that would tell us how much of the vacuum energy was necessary for a proton (the particle at the nucleus of an atom) to be in the Schwarzschild condition, the condition of a black hole. It took a remarkably small amount of the energy of the vacuum to do the job, but what was notable was that the energy it took was equivalent to the energy necessary to produce the force typically described as the *strong nuclear force*, or the *strong force*.

The strong force has always bothered me because, as in many other instances in modern physics (such as with dark energy and dark matter), the force had been simply invented, plucked out of thin air. When it was found that the protons were highly charged but confined to a very small radius in the nucleus of an atom, physicists went on to invent a force that would overcome the repulsion of the electrostatic fields of these particles, and they made it exactly what it was needed to be to do the job. Eventually it was found that the proton seemed to have smaller constituents within it called *quarks*, which were confined in an even smaller space, and so the *colour force* had to be invented and was thought to be infinitely strong. Now the original strong force was seen as only a remnant of this colour force.

From my point of view, the infinitely strong nuclear force was the result of the gravitational attraction of mini-black holes and it was extremely confirming to find that, when one considered the proton as a black hole, the energy necessary to make it such an entity was

the energy typically associated with the strong force. Furthermore, although these calculations were very rough at the time, as we were scribbling on pieces of paper and napkins, it seemed that the Schwarzschild proton, as I came to call it, nicely predicted certain measured values of the proton entity. This was, and still is, a radical idea—although more and more physicists are coming to these conclusions now. Imagine all of the atoms that make up your physical body and the entire material world around you, made out of mini-black holes the size of a proton.

Although these initial calculations were somewhat conclusive, it took until 2008 before a first version of the calculation was published in one of our papers entitled "Scale Unification: A Universal Scaling Law for Organized Matter". A more complete version entitled "The Schwarzschild Proton" was eventually presented at a scientific conference in Belgium in 2009, where it won a "Best Paper Award", and is to be published this year.

Reflections on a Revolution in Physics

So the vacuum energy was there at all scales, although in various densities—a gradient in the structure of space itself.

We live at a remarkable time. It is a time of great changes, including fundamental changes in our understanding of the physics of our world and its relationship to consciousness. There is a quiet revolution occurring in physics that will modify our understanding of the atomic structure, as many other researchers are now starting to realise that atoms may be considered as mini-black holes^{2a-d} and that the vacuum

structure may be a crucial player in the existence of our world.

Why is this exciting? Because if we understand the source of energy that generates our Universe, its forces and the mechanics under which the creation process occurs, then we can reproduce these dynamics with advanced technological means and completely transform our relationship to nature. Such discoveries will change our world from a society which believes that there are only limited amounts of resources and available land—and then wars fought over them—to a society which realises that there is an infinite amount of energy all around and within us, and a whole Universe to explore with the means literally to reach for the stars.

However, we don't need to wait for these advances to start to transform ourselves and our environment. We need only take a few moments every day to connect with the infinite potential present at the centre of our entire material world, which makes up our existence, and experience its infinite nature and beyond. ∞

Continued on page 81

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APPLIED QUANTUM MECHANICS AS A SOLUTION FOR ENERGY AND POLLUTION PROBLEMS

by Marcus Reid © January 2010

Conventional energy sources are finite and are polluting the planet, and still industry and politics continue to bank upon them. Meanwhile, an institute in Munich, Germany, has tapped the free energy in space—as corroborated by an expert opinion—and has also given a quantum-mechanical explanation of the working principle.

The common opinion prevails that quantum-mechanical effects exert a visible effect only on the smallest particles, such as atoms. An extended interpretation of quantum electrodynamics has now shown that this need not always be the case. It is proven that the entire visible reality is supplied energetically by space-time or the quantum vacuum. This means that every action within our reality requires a hidden exchange of energy between material "objects" and the energy which is in space.

What is in empty space?

There are different models that explain what is present in empty space. One of these models describes space simply as an empty space. This means that here on Earth, nothing other than air is present in space. The space outside of Earth devoid of air would then be absolutely empty. With respect to our daily life, this approach certainly seems to make the most sense.

However, if we want to understand how a radio works, then an absolutely empty space is not sufficient. As we

know, radio waves travel through space at the speed of light, regardless of whether we are present here on Earth or in space outside of Earth. In "empty" space, therefore, there must be a kind of medium that enables the propagation of radio waves. On the sea, for example, waves can propagate only because the sea (water) acts as a medium.

In the 1920s, physicists developed a theory that explains what kind of a medium could exist in space. This medium is a carrier of electromagnetic fields (EMFs). Since EMFs exist in space, it was decided to divide this field into small packets, or quanta. This gave rise to quantum field theory.

In quantum field theory, space is no longer empty but is filled with a virtual form of energy. For this reason, the expression "space" or "space-time" has simply been replaced by another term, "quantum vacuum". In order not to complicate this article unnecessarily, the author uses the term "quantum vacuum" synonymously with the terms "space" and "space-time".

The exciting thing about this energy present in this new space is that it already exists in infinite density at every possible point. Naturally, we can now ask why we do not notice this infinite energy which surrounds us all the time. The reason for this is that this energy is distributed very uniformly (symmetrically).

It is the same as if we are diving. When we dive under water to a depth of 20 metres, the water around us exerts a pressure of two bars onto our body. However, we do not notice it because the pressure is distributed uniformly. If 20 metres below water we suddenly had normal air pressure

in front of our hand, our hand would probably get torn away. So if we want to perceive pressure, we always need a *difference* in pressure.

The same is also true for the energy in space. As long as the energy is distributed uniformly (i.e., symmetrically), we do not notice it, and this means that the energy exists in a virtual (invisible) form. If we now create a pressure difference (in physics, this is known as "breaking the symmetry"), then the energy which is within space suddenly becomes visible. Breaking the symmetry means converting something virtual into something observable.

A typical example of generating a pressure difference in space energy is an electric field. A 1.5-volt battery produces a smaller pressure difference in the space energy than does a 12-volt battery. The stronger the electric field, the stronger the broken symmetry (pressure difference). In quantum mechanics, we even consider a particle like an atom as a broken symmetry or as a difference between two infinite energy densities.

We can imagine an atom or a collection of atoms (for instance, the ball of a ballpoint pen) as the tip of an iceberg. When we see an iceberg, we know that the iceberg exists only because below the water surface an invisible, much bigger block of ice exists. This invisible block of ice is permanently busy with pushing the visible tip of the iceberg above water. The energy that pushes the iceberg out of the water on a continuous basis therefore comes from an invisible source. If we now observe the ball of a ballpoint pen, it is like seeing just the tip of the iceberg.

The energy contained in the atoms of the ballpoint therefore does not originate directly from the visible part of the pen but from the space within and around it. The surprising part is that the matter of the ballpoint does not differentiate itself from the energy contained in the surrounding space. The visible ballpoint is not an isolated "object" but, instead, a quality of space-time.

It is just as in the case of the iceberg. The visible iceberg consists of water. The energy that keeps the visible iceberg out of the water also consists of water. The only difference is that the visible part (the tip of the iceberg) is comprised of visible water, whereas the other part is comprised of invisible water. The apparent empty space is filled everywhere with an invisible energy. At the place where matter is present, this energy becomes visible. For this reason, the entire physical reality is supplied with energy from space.

This space energy has a fundamental importance in our daily life. We all know about, for instance, the issue of the expensive energy supply. Energy costs are rising and the environment is getting polluted.

Energy from the quantum vacuum

Today, most people (including the power-plant operators, physicists and electric engineers) believe that coal and nuclear power plants supply energy to our electrical household appliances. However, from a quantum-mechanical point of view, this is not correct.

A nuclear power plant is no energy provider. All that a nuclear power plant does is to open a door. Opening a door means that a pressure difference is created in space (breaking the symmetry of space). As soon as a pressure difference in the space energy is created, the space energy becomes visible to us. As soon as the door is opened, the energy from space can be integrated into our system.

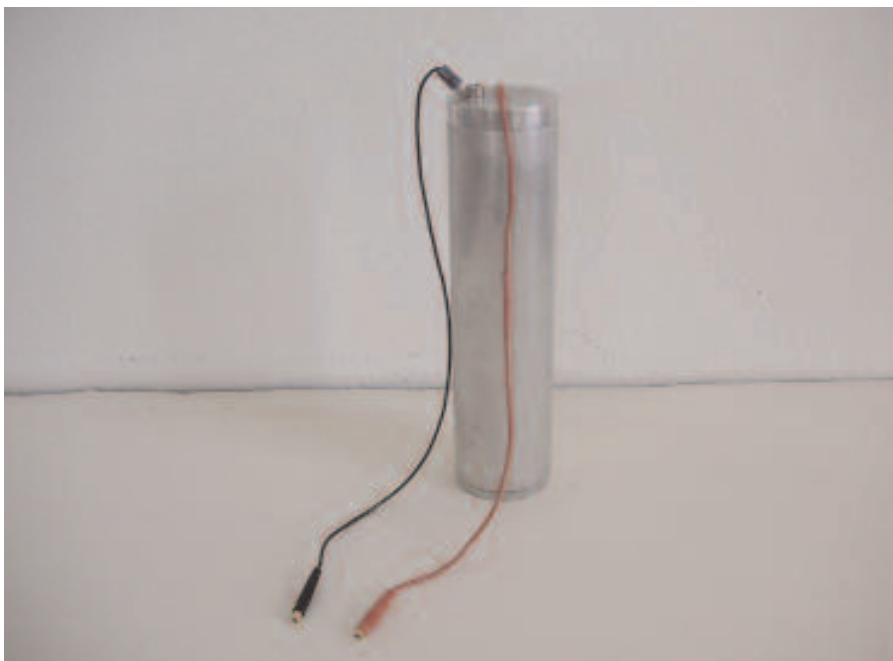
The energy contained in the nuclear fuel rods is used only to open this door and to keep it open. That is all. As soon as the door is opened, the energy present in space flows freely and permanently without emissions into the electric generator which is present in the nuclear power plant. Subsequently, this free energy is routed from the electric generator to the lamp in our living

room via high-voltage wires. In the lamp, then, this space energy is converted into a visible form of energy, such as light and heat.

We can now assume that the lamp could also be lit even without the nuclear power plant if the energy does not come from the plant. But as we know, this does not happen because a special communication exists between the lamp and the power plant. As soon as the lamp starts to glow, it sends an "email" back to the power plant. In this email it is written that the lamp has done its job (has given out light) and that the power plant can close the door again. But as soon as the door is closed, the free and permanent flow of energy from space stops. When the flow of energy from space ceases, then the lamp also stops glowing. If the lamp is to keep glowing, then new energy from the nuclear fuel rods must be used to open the door again.

For this reason, the law of conservation of energy (the first law of thermodynamics states that energy can be neither created nor destroyed) lies in the fact that the free and permanent energy from space, which supplies the lamp, matches exactly the free and permanent energy from the space that closes the door in the power plant at the same time.

Normally, the law of conservation of energy is interpreted in such a way that energy can neither be created from "nothing" (space) nor be lost into the "nothing" domain. In the sense of quantum mechanics, however, energy is always and exclusively created from "nothing" (quantum vacuum). The reason why this does not become apparent is that the generation of energy from "nothing" exactly matches the quantity of energy which has been given off previously to the "nothing" domain at the point of energy induction.



The self-symmetrising mechanism

The energy contained in space plays a fundamental role in every electric system. The reason why this fact does not become obvious is that the electric energy input into an ideal electric motor matches the same quantity of energy which is given off mechanically. It seems as if the electric energy is converted directly into mechanical energy. What goes in at the input comes out again from the output. However, this is not the case!

The induced electric energy is first given off to space and is completely lost in an observable sense. This energy now exists in a virtual form and spreads in space with the speed of light. Thereafter, this virtual energy helps integrate energy from space into a mechanical (visible) form of energy. This mechanical energy can now be tapped at the shaft of the electric motor. Depending upon the load on the axis of the motor, a reverse induction flows back to the electromagnet. This reverse induction destroys the magnetic field in the coil and closes the door. Since the principle of action and reaction always remains in balance, the energy lost to space is exactly equal to the quantity of energy that can be taken out of space at some other place.

The reason why exactly only so much energy is converted into a mechanical form as was "lost" earlier in electrical form has to do with the phenomenon of symmetry, which the author calls the "self-symmetrising mechanism in electromagnetic systems". The self-symmetrising mechanism enforces the conservation of the observable energies involved. This is the reason why energy is conserved anyway.

The author is convinced that the self-symmetrising mechanism also exists in other interactions. The first law of thermodynamics (conservation of energy) now gets a new meaning.

The energy in space must be taken into account. All electromagnetic systems are energetically open systems. It is only because they are in equilibrium with the exchange of energy which is within space that they behave like closed systems. If an asymmetric electromagnetic system is to be realised which has a coefficient of performance greater than 100 per cent, then the self-symmetrising mechanism must be bypassed (see figure 1).

To describe electric systems, electric engineers and physicists use a theory which is based upon a modified version (1964) of the actual Maxwellian equations. In classic electrodynamics (c. 1900), it was first assumed that the propagation of EMFs is instantaneous. It is known that EMFs do not propagate instantaneously, but at the speed of light. If an instantaneous propagation of EMFs were assumed, then the transmission of electromagnetic energy would also be at unlimited speed and the input energy in an electromagnetic system would be converted in a direct way into the output energy, i.e., input → output.

In the modern Maxwellian theory (the equations known today as

"Maxwellian equations"), EMFs propagate at the speed of light and contain energy. Looking at an energy conversion process via EMFs and the energy generation within electromagnetic generators, the law of conservation of energy is at work. In addition, Maxwellian theory does not contain an energy conversion process between the EM system and space-time or the quantum vacuum. The transmission of EM energy is not considered to be instantaneous, but the input energy in an EM system is still converted in a direct way into the output energy, i.e., input → output.

To make a direct conversion of EM energy possible, the electromagnetic field is distanced from space-time. But the problem is that the EM field and the EM source charge are connected with space-time, and that is why it is actually not valid to disconnect them from each other.

Using quantum electrodynamics, the carrier and causative agent of the EM interaction is the virtual photon. Since these virtual photons emerge "just like that" seemingly from empty space-time or the quantum vacuum, real energy at an electric source charge emerges also "just like that"

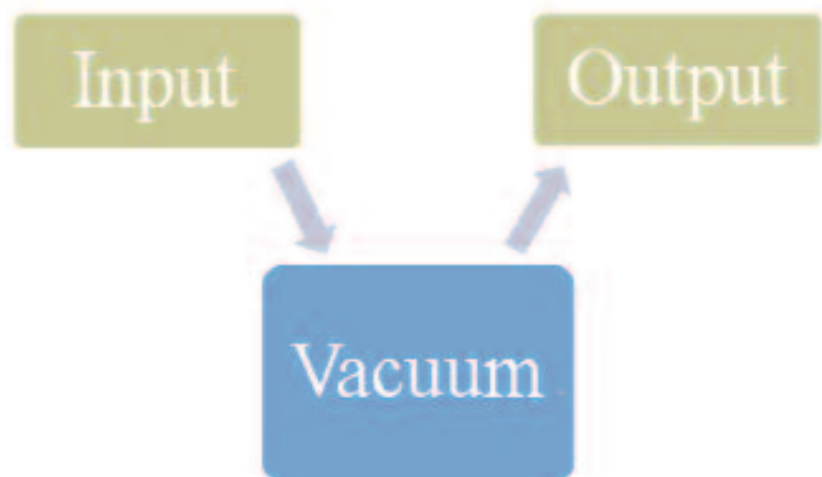


Figure 1: Schematic of the energy conversion mechanism in an electromagnetic system. Process 1 (input → vacuum) and process 2 (vacuum → output) are in equilibrium in all common electromagnetic systems.

from local space-time. In this case, real observable energy is literally created from space-time or the quantum vacuum. This also means that the energy conversion process in an EM system does not work in a direct way, i.e., input → space-time, space-time → output.

Using this view, the electromagnetic field itself becomes a quality of space-time or the quantum vacuum. The cause for the conservation of energy must now be newly described (see "The self-symmetrizing mechanism in electromagnetic systems" at www.vakuumenergie.de/doc/Self-symmetrizing.pdf).

This perspective, which seems to make the most sense, has motivated more and more researchers, especially in recent years, to find a way to apply QED ideas to electromagnetic systems.

The Research Laboratory for Vacuum Energy in Munich has succeeded in applying quantum electrodynamic theory to practical electric systems in a schematic way. In September 2009 it produced a film, *Symmetric Electric Systems and the Energetic Exchange with the Quantum*

Vacuum, which shows for the first time the energy flow in a simple electric circuit from the view of QED and provides an answer to the most important fundamental questions associated with it.

Polycrystalline silicate cells

As shown above, a power plant is always needed if a lamp is to be powered. If the power plant uses radioactive fuel rods or burns coal to keep the door open to receive the free energy flow which is present in space, then we have to pay a high price for this free energy.

We could solve the problem by opening the door once by expending a little energy and then putting a "foot" in the door. In this way, the door-closing mechanism would be blocked and the free energy flow from space could flow and supply the lamp forever. Research till now has shown that it is not possible to suppress the door-closing mechanism. Since we cannot block this door-closing mechanism, we have to do something different. The trick is to tap energy *directly* from space and use this free energy to keep the door open.

A permanently running energy

generator, in which a similar working principle is used, has already been proved successful. An independent expert opinion as well as several credentials from academics are at hand. The so-called "crystal cell" is a device, similar to a battery, which can generate a direct current emission-free for an unlimited period of time. Practically, it has been doing so since 1999. Instead of having a fluid electrolyte, it contains a solid polycrystalline silicate. The silicate takes over the role of an energy converter. The functional principle of the crystal cell is based on the fact that a way has been found to achieve a charge separation ("door opening") within the silicate. Several physical effects are combined to put this into execution. One effect is as follows.

Within the silicate, a resonance coupling arises between the electrons and an external source of energy. This additional source of energy helps keep the door open (breaks the symmetry) constantly. Since the additional external energy source is the energy of the quantum vacuum, a constant and emission-free source of energy is accessed which does not get exhausted. The resonance coupling with the quantum vacuum now takes over the role of the chemical reactants.

The power density of the crystal cell is 2 mW per kilogram at a temperature of 23°C. With a crystal cell weighing 300 grams, a wall clock can be operated continuously. Even if the power is only small, the new class of "asymmetric electric systems" has arrived. ∞

About the Author:

Marcus Reid is the founder of the Research Laboratory for Vacuum Energy in Munich, Germany. He can be contacted by email at info@vakuumenergie.de. For more information, visit the website <http://www.vakuumenergie.de>.



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IN SEARCH OF THE MYTHICAL MERMAID

Numerous historical and modern-day sightings of sea mammals bearing human-like features and a double-finned tail suggest the existence of an aquatic species of hominin.

by Gary Opit © 2010

Post Office Box 383
Brunswick Heads, NSW 2483
Australia

Email: garyopit@gmail.com

The *Ri* or New Guinea Mermaid

From August 1973 to December 1974, I dwelt amongst the living wonders on the world's largest tropical island, New Guinea, studying the flora and fauna with biologists at the Wau Ecology Institute, lecturing on ecology at the Lae Teachers College and living with Stone Age tribal people.

Between 2 and 7 October 1973, I was travelling on the *Papuan Explorer*, a 340-ton vessel carrying cargo along the northern coast of Papua New Guinea between Lae and Vanimo, delivering supplies and a few passengers to Wewak and Aitape. During the five-day voyage, I spent much of my time identifying the marine life that included large fish, sharks, rays, spinner dolphins and sea birds.

On 3 October, around midday, I observed directly in front of the bow a round dark head on the sea surface that looked more human than anything else. At the approach of the vessel, the creature's head suddenly submerged straight down beneath the water as if it had pulled itself under by the use of its flippers and tail. I was standing near the bow, and as we passed over the animal I obtained a clear view as it sank vertically about two metres below the surface. I saw a dark head and an elongated body pulling itself straight down through the clear water by the use of its tail. It was human-sized, though I could see no sign of arms or fins. I wondered if it may have been a dugong.

I had previously examined an old drawing from Sir James Emerson Tennent's 1868 book *Sketches of the Natural History of Ceylon*¹ of two female dugongs resting on the water's surface with their heads raised vertically in the air and each suckling her young on her breasts. I had observed dugongs feeding in Moreton Bay, near Brisbane, and had closely examined an injured dugong as it was washed ashore on the Sunshine Coast of Queensland in 1968. These were large, stout animals that never hung in the water in a vertical position. They always remained horizontal, feeding on sea grass and swimming to the surface to raise their whiskered snout to inhale air before rapidly diving to resume feeding. Observations of dugongs have proved that the animals never behave as the old illustration had depicted.

Perhaps it was a dugong head that I saw raised above the ocean surface. However, the creature should then have propelled itself forward and dived head first, not pulled itself backwards under the water. The body was slim, unlike the bulky shape of a dugong. I was unable to come to a conclusion as to what the animal was.

Some time later, I was talking to an elderly New Guinean man from a coastal village near Aitape and was questioning him on his knowledge of the local fauna. After he listed the usual common species that he had encountered during his long life in the area, he began to describe a marine mammal that he had only once encountered. He and a friend were fishing off the coast in their dugout canoe and upon hauling up their net, which was unusually heavy, they brought to the surface a most remarkable animal. It had a round, dark head

just like a person with large eyes, and breasts like a woman's. The rest of the body looked similar to that of a dolphin. They were so amazed at bringing such an unusual animal to the surface and concerned that it looked so human that they immediately released it into the sea.

I was incredulous, and told him that it must have been a dugong. He told me that it was not a dugong, because they regularly caught and ate dugongs, and that this was quite a different animal altogether. I could not believe that I was receiving a description of a mermaid and I told him that such an animal could not possibly exist and that he must have heard the description from a missionary and was then pretending to have observed one himself. To my surprise, my informant became indignant. He was clearly upset that, although I had been eager to hear of the animals he had encountered over his many years, I refused to believe his encounter with an aquatic animal that resembled a human. It was as if I had questioned his integrity. I apologised to him and described the strange animal that I had observed. I still found it hard to believe that I had encountered a mermaid.

Eight years later, I was amazed to read that others had also encountered the New Guinea mermaid. In volume one (1982) of *Cryptozoology*, the interdisciplinary journal of the International Society of Cryptozoology, there is a paper by Roy Wagner, head of the Department of

Anthropology, University of Virginia, entitled "The Ri: Unidentified Aquatic Animals of New Ireland, Papua New Guinea".² Wagner was studying the local people and their culture during 1979 to 1980 when he discovered that they were all well aware of a scientifically unidentified marine animal variously called *ri* (in Barok), *ilkai* (in Susurunga) and *pishmary* (pidgin English for "fish mary", *mary* being the word used for "woman").

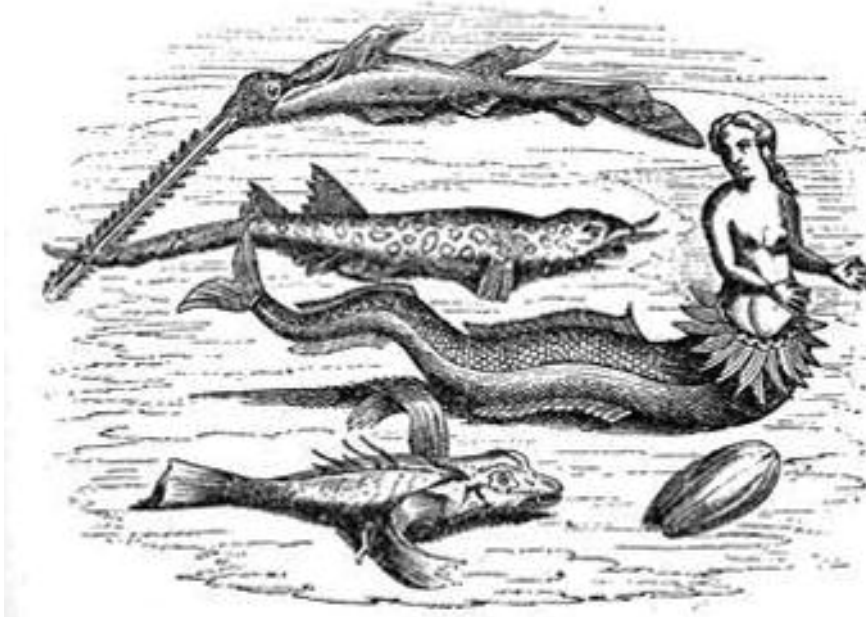
These island fisherman were well aware of the other marine mammals that shared their world and stated that

They described the *ri* as an air-breathing marine mammal with the head, trunk, arms and genitalia of a human, though the lower trunk was legless...

the *ri* was quite different to the dolphin, porpoise, pilot whale and dugong, the latter known as *bo narasi* in Barok, meaning "pig of the ocean" because of its fat body, rounded whiskery face and vegetarian eating habits. They described the *ri* as an air-breathing marine mammal with the head, trunk, arms and genitalia of a human, though the lower trunk was legless and terminated in a pair of lateral fins or flippers. Both sexes had

long dark head hair. The females had obvious mammalian breasts and a body covered in human-like skin, paler than that of the dark-skinned Melanesian people. The fingernails were long and sharp and the palms of the hands were deeply ridged and calloused. The face was somewhat monkey-like and the mouth was unusual and fish-like. They lived largely in shallow water, chasing, catching and eating fish, and they slept on sand bars and deserted beaches.

From the accounts of the local people, Roy Wagner found that the New Guinea mermaid is distributed around the shores of the Bismarck Sea, the Solomon Sea and the Pacific Ocean off the shores of the Bismarck and Solomon archipelagos. They are particularly distributed around the central and southern shores of New Ireland and the straits between the islands of Buka and Bougainville in the northern Solomon Islands. The *ri* also exist further west around Manus Island and off the north coast of New Guinea, where fishermen at Aitape have caught them in nets. When Wagner asked the local people why they had not shown the animal or reported its existence to the colonial administrators and other authorities, they replied: "But you people know all about the *ri*; you put pictures of them on your matchboxes and canned goods."



The Amboina Mermaid
(from Valentijn's *The Natural History of Amboina*,
reproduced in Carrington's *Mermaids and Mastodons*, p. 11)

The New Ireland Mermaid

Roy Wagner found that the *ri* were well known long before the arrival of Europeans and that, like all species of animal that co-exist with them, they hold a special place in the cultures of these islanders, who have stories that explain the creatures' origin.

The Nakela clan of the eastern coast of New Ireland regard the *ri* as sacred animals or *tadak*, tutelary spirits, and whenever one is killed or found dead, the Nakela hold a mortuary feast for it in their "men's house". In their creation stories, the *ri* came into existence when a Nakela troupe was performing a dance at the mourning feast of Kaba. The percussionists made a serious blunder, bringing irreparable shame upon the clan. To wipe out the humiliation, the ones responsible committed mass suicide by jumping over a high sea-cliff. Their souls turned into the *ri*.

Roy Wagner was shown a *ri* swimming in Ramat Bay on the eastern coast of New Ireland, though all that he could see was a long, dark body swimming horizontally at the surface several hundred metres away. His informants told him that after it finished fishing, it would display its head and hands to those on shore "to show that it, too, was human". Previously, an adolescent female *ri* had been accidentally caught in a net and hauled to the back of the beach. The fisherman went to get the plantation manager and left two boys to guard it, but they were too frightened to grab it when it broke loose and crawled back into the water.

A village magistrate told Wagner that while fishing out at sea he had observed a *ri* rise to the surface and look at him from only about six metres away. Its face reminded him of the face of a monkey, photos of which he had seen when he worked as a policeman in Rabaul. He claimed that he had also once observed a male and a female *ri* mating in the surf. Wagner was told that the *ri* can be kept alive out of water and that one was held in captivity in a "men's house" for several weeks. A 10-year-old boy described to Wagner how he had once observed a line of male, female and juvenile *ri* swimming up into a freshwater stream by moonlight. Furthermore, he explained that it was a common sport for schoolboys, during the December–January vacation, to dive offshore with glass face-masks in order to catch glimpses of *ri*.

Wagner found that people living on the islands of Lihir and Siar occasionally killed *ri* for food, and he interviewed quite a number of men who had witnessed the

butchering of the animals and had eaten their flesh. They commented that *ri* have "a great deal of blood, like a human being, and their body fat is yellow". When Wagner asked whether there were vestigial leg bones in the lower extremity of the body, they replied that the skeletal structure of the tail consisted only of an elongation of the spine. An old female *ri* that had been caught in a net and thrown into the back of a truck "uttered an almost human cry of pain". This individual and others were butchered and the meat was sold at the Namatanai markets.

In volume two (1983) of *Cryptozoology*, a field report entitled "Further Investigations into the Biological and Cultural Affinities of the Ri" by Roy Wagner *et al.*³

describes a scientific expedition between mid-June and mid-July 1983 led by Wagner back to New Ireland in an attempt to determine whether the *ri* really was an unclassified marine mammal. They returned to Namatanai to obtain further information on the *ri* that had been butchered and eaten, and they located a western-trained medical orderly who had witnessed the event and stated emphatically that the animal was definitely not a dugong. His description matched the previous reports but with the additional information that the arms were closed in or "fused" to the sides of the body, which was otherwise human-like with smooth skin below (no scales) and light brown in colour.

The head of the Nakela clan in the village of Pire related to the team that a mother *ri* had been killed 40 to 50 years ago and that its infant had been kept alive for a short period before it died. Other villagers talked of *ri* entering the rivers at night to fish in very

shallow water. After exploring Ramat Bay without success, the team was informed that *ri* were being sighted almost daily at the village of Nokon, 50 miles (80.5 kilometres) to the south.

The Susurunga people at Nokon use the name *ilkai* for this same animal and described it as having a human-like upper torso and head, with the eyes set to the front of the head. The mouth was said to be protruding and peculiar. The arms were "fused" to the sides of the body, and the pseudo-hands served as flippers. The legs were fused, one across the other, terminating as flippers instead of feet, which provided aquatic propulsion. Several villagers conceded that the *ilkai* is really "not man" but "like man".

At dawn on 5 July 1983, members of the team were able to view the *ilkai* as it apparently hunted fish in shallow water 100 feet (~30.5 metres) from the shore. For 20

An old female *ri* that had been caught in a net and thrown into the back of a truck "uttered an almost human cry of pain". This individual and others were butchered and the meat was sold at the Namatanai markets.

minutes it swam rapidly, breaking the surface with its back, which was light brown in colour and showed no dorsal fin, and fish were observed to jump from the water to avoid capture. It was next observed repeatedly diving in deeper water 300 to 400 feet (~91 to 122 metres) from the shore and appeared dark and slender. It surfaced every 10 minutes with a sharp roll, indicating extreme vertical flexure. The team approached within 50 feet (~15 metres) of the *ilkai* and observed that for a period of time it kept its tail flukes, definitely mammalian, above the surface of the water. They took photos before it submerged without reappearing.

The expedition members made no further observations at Nokon or at Huris on the opposite side of Cape Matanatamberan, southeast of Elizabeth Bay, but while they were conducting their searches they received reports from the village people of sightings of *ilkai* at both these locations. On 12 July, two members of the team observed the same animal rolling at the surface in bright sunlight; it appeared to be tan to light green in colour. At no time did they observe the head of the creature.

All of the marine mammalogists consulted after the team returned home agreed that the animal was new to science. The zoologists concluded that the animal's rapid movement, its consistently extended duration of submergence, its consistently extreme vertical flexure and its predatory behaviour eliminated the possibility that it was a species of finless dolphin or a dugong.

In volume four (1985) of *Cryptozoology*, there is a field report entitled "Identification of the Ri through Further Fieldwork in New Ireland, Papua New Guinea" by Thomas R. Williams.⁴ This describes the February 1985 expedition by the author and 12 other members of the Ecosophical Research Association aboard the 65-foot (~19.8-metre) diving vessel *TSMV Reef Explorer*. They travelled 1,000 nautical miles from Port Moresby to New Ireland and, calling in to villages along the way, they found that all the people they contacted knew of the existence of the *ri*, or *pishmary* as it is more generally known in Pidgin. Unlike the slow-moving dugong, the *ri* was always described as a rapidly swimming marine mammal with a remarkably flexible body and an ability to remain underwater for very long periods.

The Atlantic Mermaid

I next found information on mermaids in Richard Carrington's 1957 book *Mermaids and Mastodons*,⁵ in chapter one, "The Natural History of Mermaids". The earliest naturalist to describe the mermaid in any detail was Pliny the Elder in his *Natural History*, which appeared in the first century AD. By the 17th century, the existence of the mermaid was generally regarded as an established fact, for mermaids were regularly being observed off the coast of Britain and travellers would bring back tales of them from many parts of the world.

There is a description of a mermaid in *A Discourse and Discovery of New-found-land* (London, 1620) by Sir Richard Whitbourne, a sea captain from Exmouth in Devonshire, England, who made many voyages to Newfoundland:

Now also I will not omit to relate some thing of a strange Creature, which I first saw there in the yeere 1610, in a morning early, as I was standing by the water side, in the Harbour of Saint Johns, which very swiftly came swimming towards mee, looking cheerfully, as it had been a woman: by the face, eyes, nose, mouth, chin, eares, necke, and forehead, it seemed to bee so beautifull, and in those parts so well proportioned, having round about upon the head, all blue strakes, resembling hayre, down to the Necke (but certainly it was no hayre), yet I beheld it long... [It] did swim towards the place [where] before I landed; whereby I beheld the shoulders and back down to the middle,

to be so square, white and smooth as the backe of a man; and from the middle to the hinder part, it was poynting in proportion something like a broad hooked Arrow: how it was proportioned in the forepart from the necke and shoulders, I could not well discern; but it came shortly after, to a Boat in the same Harbour ... and the same Creature did put both his hands upon the side of the Boat, and did strive much to come in to him, and divers then in the same Boat; whereat they were afraid, and one of them strucke it a full blow on the head, whereby it fell off from them... This (I suppose) was a Marmaid...

In the stolid, prosaic narrative of the voyages of Henry Hudson to discover the Northwest Passage, "Divers Voyages, and Northerne Discoveries of...Master Henry Hudson" (in *Purchas His Pilgrimes*, London, 1625, vol. 3), there is a description of an incident which occurred near Nova Zembla:



The Indonesian Mermaid
(illustration by Harry Trumbore, from Coleman and Huyghe's *The Field Guide to Bigfoot, Yeti, and Other Mystery Primates Worldwide*, p. 153)

This morning [15 June 1608] one of our companie, looking overboard, saw a mermaid, and calling up some the companie to see her, one more came up and by that time shee was come close to the ship's side, looking earnestly on the men. A little after a sea came and overturned her. From the navill upward her backe and breasts were like a woman's, as they say that saw her, but her body as big as one of us. Her skin very white, and long haire hanging downe behinde of colour blacke. In her going downe they saw her tayle, which was like the tayle of a porposse, and speckled like a macrell...

Loren Coleman and Patrick Huyghe in *The Field Guide to Bigfoot, Yeti, and Other Mystery Primates Worldwide* (1999),⁶ describe several mermaid and merman reports in the North Atlantic Ocean and adjacent seas (p. 94). A mermaid with long green hair was seen off northeastern Scotland on 12 January 1809, and further observations were made in 1814 off Scotland's west coast.

In 1820, the *American Journal of Science* published an extract from the logbook of the ship *Leonidas* that was just off the coast of France when the crew spotted a merman in the water at two o'clock one afternoon in May 1817.

This marine mammal measured about five feet in length, had a fluked tail and was covered in short hair to the top of its head. Its back was brown and its belly was white, and from the breast up it looked like a human. Second Mate Stevens described the creature as having a very human-like white face with black hair on its head. His arms were only half as long as a person's and his hands were human-like. According to the ship's log, the crew observed the merman swimming back and forth for six hours, diving under the ship and rising up to two feet out of the water to look at the crew.

The Indonesian Mermaid

Richard Carrington also noted in his book that in the 17th and 18th centuries the mermaid was being regularly observed in the eastern islands of Indonesia, then known as the East Indies.

Dutch colonial chaplain François Valentijn included a detailed description in his book *The Natural History of Amboina* (Dordrecht and Amsterdam, 1724–26) of the *zee-menschen* (sea-men) and *zee-wyven* (sea-women) and recorded a mermaid encounter near Amboina (Ambon):

I may say that I know for certain that in the year 1652 or 1653 a lieutenant in the service of the Company saw two of these beings in the gulf, near the village of Hennetelo, in the

administrative district of Amboina. They were swimming side by side, which made him presume that one was male, the other female. Six weeks after, they reappeared in the same spot, and were of a greenish grey colour, having precisely the shape of human beings from the head to the waist, with arms and hands, but their bodies tapered away.

Louis Renard, a publisher in Amsterdam, compiled the book *Poissons, Ecrevisses et Crabes...* ("Fish, Crayfish and Crabs...", Amsterdam, 1718), which includes a picture by Samuel Fallours of a mermaid with the following caption (translated from French):

A monster resembling a siren caught off the coast of Borneo in the administrative district of Amboina. It was 5 [foot] 9 inches long and in proportion as an eel. It lived on land for four days and seven hours in a barrel filled with water. From time to time it uttered little cries like those of a mouse. Although offered small fish, molluscs, crabs, crayfish, etc., it would not eat. After its death some excreta, like that of a cat, was found in the barrel.

Coleman and Huyghe also report on a mermaid being captured during the Second World War on an Indonesian island between Amboina and the north coast of New Guinea (pp. 152-3). Rein Mellaart was stationed on Morotai Island, the northernmost island of the Halmahera Islands and observed the village people dragging ashore a net holding a remarkable marine animal struggling to escape.

It was about two metres (seven feet) long and pinkish-red in colour; the forepart was identical to a human woman; it had a long

pointed nose, long hair and hands with four fingers and two thumbs. The rear portion looked exactly like a dolphin, with a double fin on the tail.

When Mellaart asked the natives what it was, they replied: "We catch mermaid again." Mellaart demanded that they release it but the people refused, telling him "We will not kill it; it will die itself" as it struggled to escape for half an hour and then began crying very much like a baby. Mellaart ran off to get the missionaries to force the natives to release it, but on returning he found that the mermaid was dead.

The people explained that the merbeings travelled in groups, feeding on fish, and dragged themselves onto remote beaches at night to sleep. The merbeings were terribly frightened of contact with humans and dived to

Richard Carrington also noted in his book that in the 17th and 18th centuries the mermaid was being regularly observed in the eastern islands of Indonesia, then known as the East Indies.

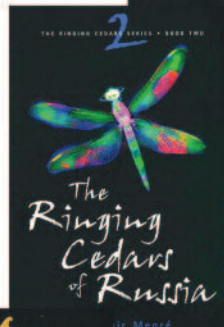
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The Ringing Cedars - a stunning series of books from Russia



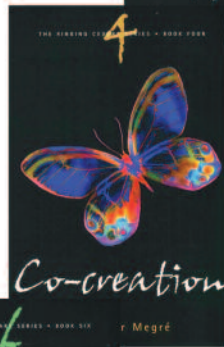
In 1994 a Siberian elder told the entrepreneur Vladimir Megré a fascinating story about the "ringing cedars" - trees respected from Biblical times for their curative powers and the capacity to reconnect human beings with the Divine. The elder told him where such a ringing cedar was growing in the Siberian backwoods.

Vladimir Megré set out on an expedition to find the tree. But his encounter with the elder's granddaughter, Anastasia transformed him so deeply that he abandoned his commercial plans and, penniless went to Moscow to write a book about what she shared with him.



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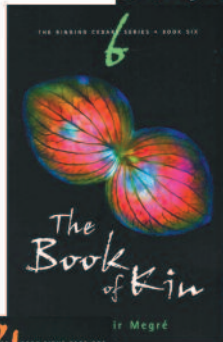
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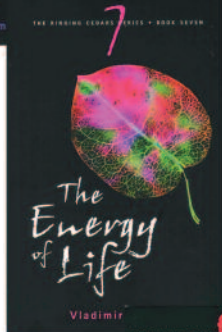
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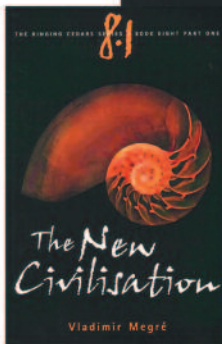
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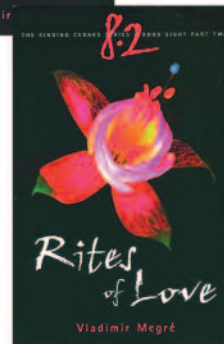
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THE OLDEST MAN-MADE STRUCTURES ON EARTH?

Ancient stone ruins and a sophisticated cliff-top calendar found in southern Africa could be at least 100,000 years old and are evidence that this region was home to the world's first civilisation.

by Michael Tellinger
MaKomati Foundation
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Email:
publisher@zuluplanet.com
Websites:
<http://www.makomati.org>
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Adam's Calendar and the Hidden Ruins of Southern Africa

Scholars have told us that the first civilisation on Earth emerged in a land called Sumer some 6,000 years ago. Recent archaeological findings suggest that the Sumerians may have inherited some of their knowledge from an earlier civilisation that emerged many thousands of years earlier in southern Africa, the cradle of humankind.

More than 100,000 years ago, early humans built a stone calendar that precedes all other man-made structures found to date. This discovery is so astounding that it requires a true paradigm shift in our approach to ancient human activity, as it takes us closer to the emergence of the earliest humans on planet Earth.

This "African Stonehenge", which we call Adam's Calendar, has created for the first time a link to the countless other stone ruins in southern Africa and suggests that these ruins are much older than we thought. The complex that links Waterval Boven, Machadodorp, Carolina and Dullstroom covers an area larger than modern-day Johannesburg and has emerged as the largest and most mysterious ancient city on Earth. The discoveries of petroglyphs of winged discs and carved dolerite statues of giant birds, some resembling the hawk-headed god Horus, suggest that the prototype Sumerian and Egyptian civilisations had their origins in southern Africa thousands of years before they emerged in the north.

Seven years of research by a group of independent scientists and explorers has delivered what may be the crucial missing elements in our understanding of the lives and development of early modern humans. Their discoveries have been released in the book *Adam's Calendar*, co-written by this author and Johan Heine (Zulu Planet Publishers, 2008). However, the research has also shown that these stone settlements represent the most mysterious and misunderstood structures found so far. It points to a civilisation that lived and dug for gold in this part of the world for thousands of years. If this is in fact the cradle of humankind, we may be looking at what's left of the workings of the oldest civilisation on Earth.

Johan Heine manages the largest group of fire-fighters and fleet of fire-fighting aircraft in Africa. As a pilot, he has been flying over the mountains of Mpumalanga for over 20 years. He instantly took a keen interest in the thousands of strange circular stone ruins that lie scattered throughout this region and he started photographing them. In consulting various so-called experts on their origins, he was informed that these are merely the remains of "cattle kraal" left behind by the Bantu people when they migrated from the north around the 14th century until about the 18th century. But it was an air crash involving one of his crew that brought Johan to discover the mysterious monolithic circle which we now call Adam's Calendar and put the entire mystery of these ancient ruins into perspective.

In 2003, Johan spotted the strange monoliths standing upright in the centre



Figure 1: Eastern view of a 3D reconstruction of Adam's Calendar. The oldest version of the Egyptian Horus hawk stands in line with the spring equinox sunrise. To the right are the three aligned stones of Orion. Near the top right corner of the photo can be seen the faint outline of two pyramids, also aligned with Orion's rise.

setting sun to cast a shadow on what we call the "flat calendar stone".

Johan began to measure and calculate the layout and parameters of the monoliths. Informed by his years of experience in aeronautical science and navigation, he very quickly realised that the circular structure was purposefully designed and aligned with the cardinal points of the Earth as well as the equinoxes and solstices.

However, it took another six years and many more explorations of amazing new discoveries on every trip to the mountain-top before the site was accurately surveyed and the true age of the monoliths was revealed. It turned out that the north-south, east-west alignment is out by 3 degrees 17 minutes 43 seconds. This means that we are dealing with a structure at least 25,000 years old, based on archaeoastronomic calculations relating to the 26,000-year cycle of the precessional wobble.

of a larger eroded circular structure right on the edge of a high mountain cliff (figure 1). After dealing with the crashed aircraft and recovering the pilot, who was only suffering from a broken arm, Johan returned to investigate the monoliths. He also brought at least five academics to the site in search of explanations—and this is when he found out how amazingly blind "those who will not see" can be. Not one of them could see the true significance of the discovery, claiming that these were just random stones. This was a big blow to his original excitement, but like a true explorer he did not stop there.

The site is situated on the edge of what is known as the Transvaal Escarpment, which geologically consists of the Black Reef Quartzite Formation that's rich in gold. (Incidentally, this is where gold prospecting started in the early 1800s.) But the monoliths of Adam's Calendar are all dolerite. The closest vein of dolerite is about a kilometre away from the site. This means that the architects went to a lot of trouble to transport the monoliths, some of which weigh over five tonnes, to the site. The central monolith is carved with such precision as to allow the

Further studies of the geology, erosion, stellar alignments and lichen growth have allowed us to reach a reasonably sound and scientific conclusion that this site is at least 75,000 years old. Our latest research has pushed back this date to well over 100,000 years.

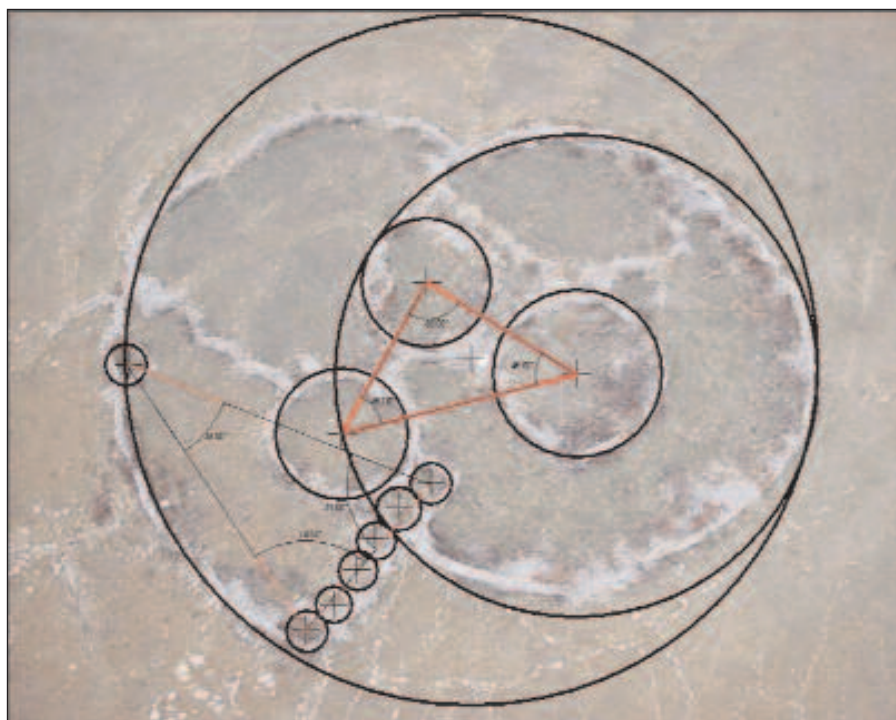


Figure 2: This is one of many mysterious ancient stone ruins that seem to have a greater purpose in their design. The *phi* factor of 1,618 was well used in the dimensions of this and other structures.

Mysterious Stone Ruins

It is generally estimated by scholars that there are about 20,000 ancient stone ruins scattered throughout the mountains of southern Africa (figures 2 and 3). Modern historians have been speculating about the origins of these ruins, often calling them "cattle kraal of little historic importance". The truth of the matter is that closer scientific inspection paints a completely different and astonishing new picture about the ancient history of these stone ruins of southern Africa.

The scientific reality is that we actually know very little about these spectacular ancient ruins, and it is a great tragedy that thousands have already been destroyed through sheer ignorance by foresters, farmers and developers.

After my personal explorations on foot and by air over the past two or more years, I can confidently estimate the number of ancient stone ruins to be closer to 100,000—a figure confirmed in January 2009 by retired archaeology professor Revil Mason.

The Population Problem

This finding immediately poses a huge problem for archaeologists, anthropologists and historians because the accepted history of this part of the planet does not place, at any time in our past, anywhere *nearly* enough people here to have built this number of structures.

It gets even more complex when you realise that these were not just isolated structures left behind by migrating hunter-gatherers. The true reality hits you when you take in the magnitude and expanse of these settlements and witness the staggering number of ancient terraces that surround these settlements which cover over 450,000 square kilometres and possibly much more in southern Africa. Detailed archaeological scrutiny of photographic evidence of these terraces shows some to be at least 5,000 years old (figure 4).

The complex that links Waterval Boven, Machadodorp, Carolina and



Figure 3: This is a small section of an ancient city that stretches for more than 20,000 square kilometres, linked by ancient roads, one of which can be clearly seen here from the air. This kind of detail is not at all visible to observers on the ground.

Dullstroom covers around 20,000 square kilometres, which is an area larger than modern-day Johannesburg. Most of the original settlement structures are well buried beneath the soil and can only be seen from the air by a trained observer.

The picture gets even more confusing when you



Figure 4: Ancient terraces surround large complex settlements covering more than 450,000 square kilometres in southern Africa. Some sections of these terraces have been estimated to be at least 5,000 years old, based on erosion patterns.

observe the ancient roads that link all these settlements together. We have traced the remains of these roads that can still be seen stretching to a distance of about 500 kilometres. In their original state, they would have covered *thousands* of kilometres. The positions of the ancient road sections that we have discovered suggest that this network once ran continuously from the coast of Mozambique to Botswana and possibly beyond.

A rough calculation shows that just the visible pieces of the original ancient roads would have required over 500 million stones, each weighing between 10 and 50 kilograms, to construct. If we assume that the roads make up only two per cent of the ancient settlements, the number of stones required to build the entire ancient city/settlement becomes unthinkable. This simply would not be possible with the current population model of ancient civilisation in southern Africa.

The other issue we need to deal with is the *need* for roads, since previously it was believed that the wheel only arrived in this part of the world with Portuguese explorers in the 1500s.

The Oldest City on Earth

It would not be unthinkable that we are possibly looking at the oldest settlements on Earth. Artefacts that have been recovered from these ruins show a long and extended period of settlement that spans well over 200,000 years. Over the past three decades, several researchers have raised this issue, only to be ridiculed and often ostracised. Many leading scientists and historians have since voiced their support for such ancient origins.

Since southern Africa is the cradle of humankind, we should not be surprised to find such ruins but, rather, we should *expect* these discoveries. The reality seems to be that we are dealing with what is possibly the largest and least understood ancient civilisation on Earth.

It's important to note that the mysterious ruins of southern Africa, which include Great Zimbabwe and thousands of similar ruins in that country, also extend into neighbouring areas such as Botswana, Namibia, Zambia, Kenya and Mozambique. But why were these ancient people here in the first place? What were they doing?

Ancient Gold Fields

The past 200 years has seen a number of explorers write in great detail about these ruins, but their findings have been largely forgotten and their books are out of print. Most of these early explorers wrote about thousands of ancient mine shafts found in close

proximity to the ruins. These mines have been described as sources of gold, copper, tin and iron. In my personal experience and research, I have found at least five ancient mine shafts in gold-rich areas and have been told of dozens more by farmers of the region. It seems that gold-mining has been going on here for a lot longer than most of us ever imagined.

In 1891, a coin issued by Roman Emperor Antoninus Pius in AD 138 was found 25 metres deep in a gold mine by Theodore Bent, who conducted the first excavation of Great Zimbabwe. The Egyptian Pharaoh Ramesses II (1279–1213 BC) wrote about crossing the African continent to its southern tip and of his encounters with gold in this part of the world. It becomes evident that these are probably the fabled mines of King Solomon.

Should we be surprised by this discovery? The oldest written records of human history, the Sumerian tablets,

describe extensively the ancient activity in a land called Abzu—the land below the equator where the gold was mined. The tablets describe the early human settlements and the quest for gold. The fact that many scholars keep ignoring these scripts is a great pity.

The links with the Sumerian civilisation in southern Africa simply cannot be ignored or erased. They can even be traced etymologically in the names and origins of indigenous people.

The most obvious piece of evidence that has never been explained is the word Abantu, the name commonly used to describe black South Africans.

According to the pre-eminent shaman and medicine man Credo Mutwa, the name is derived from the Sumerian goddess Antu. Abantu simply means "the children or people of Antu".

The Orion Connection and the Horus Hawk Statue

The monolithic Adam's Calendar is the flagship among these southern African ruins because we can date it with relative certainty to at least 75,000 years of age, based on a number of scientific evaluations. In turn, it points to the diverse ancient history of southern Africa and presents the first tangible evidence of the earliest humans in the "cradle of humankind".

The remarkable calendar was originally a large circular stone structure resembling but pre-dating Stonehenge by many thousands of years. Its original shape is still clearly visible from satellite images. Adam's Calendar is positioned along the same 31-degree longitudinal line as Great Zimbabwe and the Great Pyramid of Giza. Three of the monoliths are aligned with Orion's belt when the constellation rose horizontally on the horizon at least 75,000 years ago. The latest astronomic calculation

Adam's Calendar is positioned along the same 31-degree longitudinal line as Great Zimbabwe and the Great Pyramid of Giza.

suggests that the last time Orion would have been flat on the horizon was around 160,000 years ago.

A recent observation is that the fallen monolith on the outer circle that marks the vernal equinox sunrise is shaped like the Horus hawk head from Egypt and also resembles the bird statues found amongst the ruins in Zimbabwe. This is the oldest statue of the Horus hawk by a long shot, and should attract great interest in the years to come.

Rewriting Human History

Southern Africa holds some of the deepest mysteries in all of human history. Although much has been written about the first humans who appeared in this part of the world, we have found very little evidence of their activities and what kind of lives they led from around 250,000 to 75,000 years ago. What we are told is that around 60,000 years ago the people from Africa began to migrate north and eventually populated the whole planet. Who were these first humans? What did they do? How did they live? And where did they disappear to?

The first signs of human intelligence and consciousness only appeared around 75,000 years ago, when the Khoisan people of southern Africa started leaving behind an array of spectacular cave paintings all over this part of the continent. Finely crafted beads and bracelet fragments found at Blombos Cave in South Africa's Western Cape show that these early humans had already developed a feel for the arts and crafts.

The legends become even more vivid when we learn about the great empire of Monomotapa, which arguably was at its height around AD 1000 and whose kings were powerful and wealthy in gold.

When we move back to around 1000 BC, we encounter the mysterious Queen of Sheba, who ruled a kingdom in the lost land of Ophir that was teeming with endless supplies of gold, and the wise and wealthy King Solomon, who seduced her and obtained all his gold from her. Is it possible that there actually was such a place? Was it really filled with limitless wealth in gold? Was it here that the wealthiest kings on Earth mined their gold?

Ophir is an etymological derivative of the ancient place called Afer, "where the gold came from"; then it became the Arabic Afir, for Africa, from which was derived K' Afir, which became the slang word for black people in later

years. In the Bible, it was changed to Ofir or Ophir. There seems to be a clear link between all these places, and this link leads to southern Africa—where the gold came from.

This is, after all, the place where most of the world's gold has been mined in modern history, and it was no different in ancient times. Is it a coincidence that the richest gold mine in the world today is the Sheba Gold Mine, located right here in Mpumalanga, South Africa? These may seem like naïve questions to some, but after personally exploring the remnants of enormous ancient cities and civilisations in southern Africa I am convinced that what we think we know about our ancient human history is further from the truth than we ever imagined.

Adam's Calendar firmly places the many ancient ruins of southern Africa at a point in history some 100,000 years ago that we modern humans have never faced before. It takes us further back in time, closer to the emergence of *Homo sapiens*, than any other structure ever found to date, and it will force historians and archaeologists to reconsider ancient human activity and consciousness.

∞

...we are possibly looking at the oldest settlements on Earth. Artefacts that have been recovered from these ruins show a long and extended period of settlement that spans well over 200,000 years.

About the Author:

Michael Tellingier has had a 30-year obsession with the origins of humankind. He graduated from the University of Witwatersrand, Johannesburg, in 1983 with a Bachelor of Pharmacy degree and a passion for the cosmos, genetics, human history and music. Before he began his research/writing career, he was an acclaimed musical performer and songwriter in South Africa and then a sound

designer and editor based in Los Angeles, USA. He has also worked as an actor, a screenplay writer and a radio/TV producer/ presenter specialising in science and technology.

Tellingier set up his own publishing company, Zulu Planet Publishers, and is the author of *Slave Species of god* (2005), *Adam's Calendar* (with Johan Heine, 2008) and *Temples of the African Gods* (also with Johan Heine, 2009; see review in this edition). He is a member/director of the MaKomati Foundation, a non-profit organisation established in 2003 to research, protect, maintain and promote the ancient ruins of Mpumalanga in South Africa.

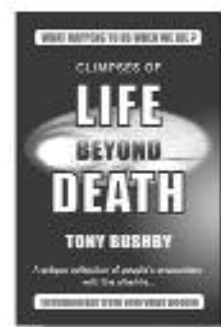
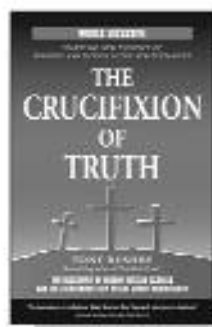
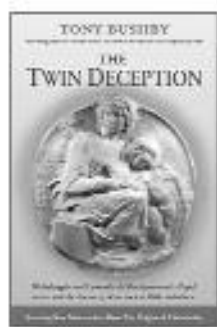
Michael Tellingier can be contacted by email at publisher@zuluplanet.com. For more information, visit the websites <http://www.adamscalendar.com>, <http://www.slavespecies.com>, <http://www.makomati.org> and <http://www.zuluplanet.com>.

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**COMMUNICATING WITH
EXTRATERRESTRIALS**
A Provocative Phenomenon
by Jim Oglesby © 2010

In my book *Proof of Extraterrestrial Intelligence: The Cape Canaveral Apollo Program Chronicles*, I write about two alien craft that landed in a remote area between Orlando, Florida, and the NASA Kennedy Space Center at Cape Canaveral, Florida, USA. One of the two craft monitored and probed the nose cone of a Minuteman II missile on New Year's Eve weekend in 1967.

The extraterrestrials (ETs) returned to the same place six weeks later and released a small (2-foot/~0.61-metre-diameter) disc into a quiet, sparsely populated area between Kennedy Space Center and Orlando for the purpose of establishing contact between the small "super" disc and their chosen subject.

The following summary of just a few of my own contacts and communications with ETs is presented in an effort to focus the spotlight on what I have learned

since coming into contact with a remarkable group of space travellers. The contacts and communications that began on New Year's Eve 1967 have continued into the year 2010.

My Early Contacts with ETs

On the night of 15 September 1968, extraterrestrials finished their clandestine rendezvous with a dark sedan near the shoreline of Lake Pickett near Christmas and Bithlo, Florida, and, with their mission complete, their cigar-shaped craft rose quietly above the orange grove, glided obliquely, paused above State Road 420 and then vanished into the dark, starry sky.

While living in Oviedo, Florida, I experienced some amazing events (which I saved for the last chapter of my book). In the Fall of 1969, I had bought a new mobile coach and set it up in a well-manicured mobile home park less than five minutes from Bithlo, the locale where all but one of the extraterrestrial activities had taken place the previous year. It felt good to return to the general area where it had all begun, but my

goal or dream was to buy property right in the heart of this area.

During October and November 1969, the extraterrestrial returned and re-established communications with me. The usual nightly pattern unfolded as follows.

I'd feel a mental tug, and as soon as I stepped outside I'd scan the night sky; and at the moment my eyes focused on the one craft, it would glow a brilliant white as it moved slowly along, seemingly among the stars. Sometimes the craft would pause; at other times it would continue along before accelerating, leaving a bright white tail before vanishing from sight.

One hot and muggy June night in 1970, upon returning home from a nearby restaurant, I exited the car and looked up—and at exactly that moment, a glowing circular UFO (perhaps 50 feet/~15.3 metres in diameter) appeared roughly 45 degrees above the horizon and NNE from my position. It seemed unusually close as it moved in an elliptical pattern and spiralled down in an oblique manner. Then a wave

of white light emanated from the bright UFO, and in an ever-widening circle. The white wave of light gently penetrated my heart centre and left me with a feeling of humility that remained for several days. I believe the bright UFO was simply a vehicle for that experience that night, and the (light) encounter was designed to open my heart centre.

As human beings go through the day-to-day experiences in the human state of consciousness, oftentimes life—with its maze of unpredictable conditions and sometimes hard lessons—tends to close one's heart centre to love.

Perhaps the purpose of the encounter was simply to help me realise that what I had been looking for from UFO experiences didn't exist in outer forms or shiny objects with flashing lights or from gathering and accumulating so-called facts—fashioned, shaped and aimed at the ever-elusive prize of proving that UFOs or extraterrestrials exist.

Indeed, during that incredible time in my life, I was not interested in trying to prove that advanced beings from another world had visited Earth

and were continuing to do so. I was in it simply for the experiences that I was having.

My experiences revealed to me that not only did extraterrestrials exist, but the space travellers visited the spaceport during the glory days of the historic *Apollo* program.

Time Travel Event

What I call a time travel event occurred one cold winter night in 1970. After a visit from a Cape associate earlier that night, I retired to the bedroom and climbed under the bed covers but soon realised that another bout of insomnia might be on tap. (I'd had sleepless nights going all the way back to the beginning when ETs dropped in one night to check out the Minuteman II missile scheduled for its early New Year's Eve launch in 1967.)

Oddly enough, I became drowsy and, as I drifted off, I sensed a presence in the room. A space traveller had entered the bedroom and he instructed me (by way of telepathy) to close my eyes.

I complied with his request, and at once I was propelled straight up. A

swift vertical ascent launched me out of my physical body and with such vertical velocity that my heart fluttered at a fantastic rate. I had no idea of the destination or how far I had travelled, but then I paused. I realised I was completely free of the physical body and its physical sense components. I was a viewpoint.

Then I gazed straight away at a being with deep-blue eyes and shoulder-length golden hair who was dressed in a blue tunic. He stood in front of a splendid circular ship with a bluish-white tint. He was looking at me, yet simultaneously gazing beyond me. Then he uttered the following words telepathically: "We have come."

The background atmosphere radiated a brilliant white, out of which a countless number of smaller craft were descending to Earth to gather up people while an equal number of craft were ascending from Earth. And in the next moment, I popped back into my body.

The traveller said: "I have given you an experience of seeing a super-race that will travel to Earth from a far-distant planet. They will intervene while the planet is in the throes of a Great War. They will extract as many of your race as they can within their allotted time. Share the event with humankind if you see fit." And then he vanished.

I believe the extraordinary experience was a time travel event because of the vertical ascent of spirit that travelled above Earth's time track and then connected to a future event that will manifest on Earth. Technically, the swift, unexpected departure from the physical body was not a linear movement or event; indeed, it was a vertical movement. The brilliant white light that permeated the atmosphere may have been a nuclear event, and the beings from afar may have come to Earth to gather up as many people as they could at that time.

Final Physical Sightings of UFOs

On 18 January 1994, I was at the computer that night, working on what back then I simply referred to as "the UFO book"—until I felt compelled to leave the writing. I braced for the invigorating cold air, stepped outside into the backyard



and began scanning the night sky. I had been out less than five minutes, and, as I glanced up into the eastern section of the sky, my attention locked onto a bright object, about halfway between the horizon and zenith and moving north to south. It maintained its course, then sped up and just vanished from sight.

On 7 February 1994, I was sitting at the computer, again working on the book. Another inner nudge beckoned me outside, and, just as I stepped out the door, I looked up and my eyes locked onto a bright UFO high and near zenith. It moved slowly along on a south-to-north path. At first I thought it might have been a satellite—that is, until it changed course and headed, or seemed to be heading, in my direction. At one point, the UFO glowed brightly, making greater the field that emanated around its circular mass until the wave of light swept through me. The radiant disc then accelerated its speed and shot away, leaving a bright tail before it vanished from sight. For several hours following the encounter with the bright craft, my physical body felt unusually light.

These sightings of and inner communications with the two luminous ships would be the last of my experiences with physical craft.

Contactees and Messages

ETs single out a person and will work with that person sometimes for several decades or even longer, until the chosen subject proves to be "ready" for contact.

Past decades have produced many contactees, including George Adamski, Daniel Fry, Truman Bethurum, George Van Tassel, Orfeo Angelucci, George King, Buck Nelson and Eduard (Billy) Meier,

and I would like to add my name to the list.

Although I have managed to fly under the radar compared with the most popular and well-known contactees, I, too, have had the great fortune of entering into contact with a friendly, jovial, compassionate and highly intelligent group of extraterrestrials.

I don't hesitate to refer to the space travellers as extraterrestrial in origin, because the race I have had contact with over the past four-plus decades came to this planet in physical craft. The term "physical craft" suggests physical crew piloting and/or running the exotic craft.

All of these noted contactees claimed contact, either physically or telepathically, with beings from other worlds. Several said they had entered a craft, while others claimed to have travelled to other worlds. As for Dan Fry, he said he had boarded a small craft, only to be taken on a trip to New York City and back.

Several also claimed to have received "messages for humankind", often dire messages with warnings of impending disaster, nuclear holocaust and suchlike. The messages suggested that unless the people of Earth and their leaders changed their self-destructive tendencies and sought peaceful solutions to their problems, the

future of the human race would hang in the balance.

Do-It-Yourself ET Communication

In closing, communication with ETs is the message. Moreover, the extraterrestrials have communicated to me the following truth: do not look to another to give you that which you can give yourself.

If you truly desire to make contact with this loving, intelligent, jovial and non-judgemental group of extraterrestrials that I have had the great fortune to come into contact with, and who continue to this very day to connect in a most natural way with any/all people who desire direct knowledge, then you need look no further than yourself. ∞

About the Author:

Jim Oglesby worked for the Bendix Launch Support Division at NASA's Kennedy Space Center, Florida, at the time of the *Apollo* program. More details of his amazing experiences can be found in his book, *Proof of Extraterrestrial Intelligence: The Cape Canaveral Apollo Program Chronicles* (Lulu.com, December 2008; available from <http://tinyurl.com/yederlc> and Amazon.com). A follow-up book, *Extraterrestrials Return to Florida Skies*, is due for publication soon. Mr Oglesby can be contacted by email at vet100vet@live.com.



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REVIEWS

BOOKS

Reviewed by Ruth Parnell

THERE IS LIFE AFTER DEATH

by Roy Abraham Varghese

New Page Books, NJ, USA, 2010

ISBN 978-1-60163-095-7 (283pp tpb)

Available: www.newpagebooks.com

We cannot expect to obtain scientific proof for the reality of the afterlife when what may lie beyond death is also beyond scientific means to measure. But we can at least seek out the most rationally plausible explanations based on compelling data gathered through history and particularly in modern times, where scientific medicine has increasingly brought people back from the brink of death.

The author/editor of nine books on science and religion, Roy Abraham Varghese has compiled accounts from people who have had near-death experiences (NDEs) and after-life visitations (ALVs), and assembled considerable scientific, religious and historical material for his new book. Well-known NDE researcher Dr Raymond Moody has provided the foreword and afterword.

From his exhaustive examination, Varghese concludes that there is indeed a convincing case for the

soul's continued existence beyond the death of the body. He reflects on how the testimony, revelations and observations from life-after-death experiences relate to everyday life and looks at how neuroscientific data relate to the transphysical dimension of the individual. This then opens up questions of soul survival in terms of immortality, reincarnation and resurrection. His book is a thought-provoking, soul-searching treatise for believers and sceptics alike.

STORIES FROM THE ANIMAL WHISPERER

by Trisha McCagh

Allen & Unwin, NSW, Australia, 2010

ISBN 978-1-74175-950-1 (278pp pb)

Available: www.allenandunwin.com

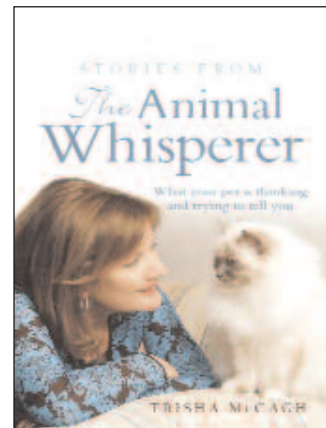
Animals, like humans, have personalities, intelligence, emotions, intuition and spirit. They can also communicate with us telepathically by sending visual messages—but if only we could understand what they're saying to us.

Ever an animal lover as well as a natural intuitive, Trisha McCagh embarked on a second career when she began to develop her ability to communicate with animals. In her heartfelt book, she tells her own stories of how she learned from her animal companions and went on to

help many other animals and their human carers. Animals of all kinds—cats, dogs, horses, pigs, birds and even insects—can tell us about what's bugging them, how we can better help them, and how we can harmonise with unconditional love. With a still, quiet mind, we can ask questions and get answers.

McCagh has often been astonished by the inherent wisdom of animals; e.g., many express knowledge of death and the afterlife. She includes many touching examples in her book, which opens up a new world of animal communication possibilities that you may have overlooked.

(Trish McCagh is presenting a talk at the July 2010 NEXUS Conference. For more details about her work, visit <http://www.animaltalk.com.au>.)



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REVIEWS



ADVANCED CIVILIZATIONS OF PREHISTORIC AMERICA

by Frank Joseph

Bear & Company, VT, USA, 2010
ISBN 978-1-59143-107-7 (310pp tpb)
Avail: BearandCompanyBooks.com

Stretched across much of the length and breadth of America is evidence for four high cultures that rose and fell over the last 3,000 years. Frank Joseph (until recently, editor-in-chief of *Ancient American* magazine) believes they originated with migrations from Western Europe, Japan, Mexico and South America.

The Adena culture, coinciding with the arrival of "Kelts" around 1000 BC, left behind pyramid mounds, hill forts, roads and stone chambers and had proficiency in iron smelting, agriculture and astronomy. It extended from the Atlantic coast to the Mississippi River but mostly centred around the Ohio Valley.

The Hopewell culture was sourced c. 300 BC by Japanese seafarers, the Munakata, who moved into the Midwest from the Pacific and created stone circles, mounds, pyramids and geoglyphs, establishing vast ritual centres akin to their ones in Japan.

The third to arise were the Mississippians, originally Maya who abandoned their city-states c. AD 900 and relocated to eastern Missouri

and western-central Illinois. Around 1320, they packed up and migrated south to the Valley of Mexico.

The fourth migration, c. AD 1000, comprised two Peruvian groups: the Huari, or Anasazi, who took hold of the Four Corners region and Chaco Canyon where they carved their "Great Houses" out of the cliffs; and the Llacuaz, or Hohokam, who built an irrigation empire in New Mexico. Both suffered a major drought that began c. 1240, and most left a century later for northern Mexico.

Frank Joseph's book is an eye-opener for its documentation of these lost cultures and their legacies. It's also a cautionary tale with implications for our own survival.

TEMPLES OF THE AFRICAN GODS

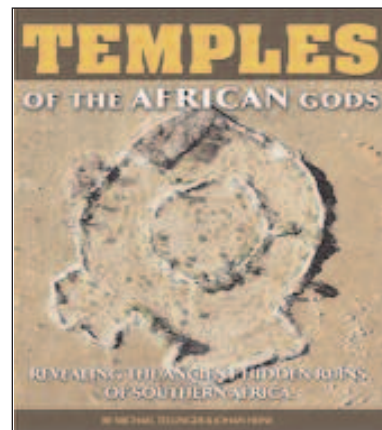
by Michael Tellinger & Johan Heine
Zulu Planet Publishers, SA, 2009
ISBN 978-1-920153-08-3 (176pp hc)
Available: www.zuluplanet.com

When pilot Johan Heine plotted the ruins he'd photographed while flying over southern Africa, he was amazed to discover solar and stellar alignments. Author Michael Tellinger, together with Heine, in this awe-inspiring sequel to *Adam's Calendar*, show that an ancient civilisation once existed in southern Africa that left behind petroglyphs,

tools, monolithic astronomical markers, dry-walled stone circles, roads, mines and terraced hillsides.

Tellinger argues that this culture seeded the Sumerian and Egyptian civilisations. The circular stone structures were resonance chambers that tapped into frequencies for the transmission of energy, and the roads acted as wires, conducting energy into the chambers and the greater settlement grid. If its alignment with Orion is true to form, the monolithic Adam's Calendar could be 160,000 years old (see article in this edition).

Amongst the stunning colour photographs from Heine, Tellinger rethinks population logistics and hints at the production of white powder gold at the behest of the Anunnaki of ancient Sumerian lore.



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REVIEWS

ATLANTIS AND 2012

by Frank Joseph

Bear & Company, VT, USA, 2010

ISBN 978-1-59143-112-1 (246pp tpb)

Available: BearandCompanyBooks.com

That the Mayan calendar is a relic of Atlantis and Lemuria, preserved by survivors of a cataclysm, is one of many revelations that Frank Joseph presents in *Atlantis and 2012*. He says that as well as seeding the pre-Mayan Olmec culture in Mesoamerica, the survivors settled in parts of Western Europe and Egypt, while people who fled Lemuria in the Pacific Ocean landed in Japan, for instance.

Joseph is convinced that the great island of Atlantis existed in the North Atlantic, but met its final demise later than other accounts tell us. Inspired by a reinterpretation of Plato's writings as well as by visions of "the Sleeping Prophet" Edgar Cayce, he fits the final cataclysm to the Late Bronze Age, c. 1200 BC.

The Atlanteans had a sacred numerical system, according to Plato's account, and had a calendar that not only marked the destruction of the world several times over but also pointed to 2012 AD as a marker for another great catastrophe. This marker is central to the Mayan calendar with its notion of an "end time" and the birth of the fifth world.

Joseph points to global cataclysms that affected our planet in c. 3100 BC, 2200 BC, 1600 BC and 1200 BC. The next cataclysm could coincide with a solar superstorm and a reversal of the Earth's magnetic field, bringing on a new ice age. He cautions that our civilisation could well be equally as fragile as those that rose and fell before it under the influence of massive cosmic and terrestrial forces.

THE SECRET LEGACY OF JESUS

by Jeffrey J. Bütz

Inner Traditions, Rochester, VT, 2010

ISBN 978-1-59477-307-5 (373pp tpb)

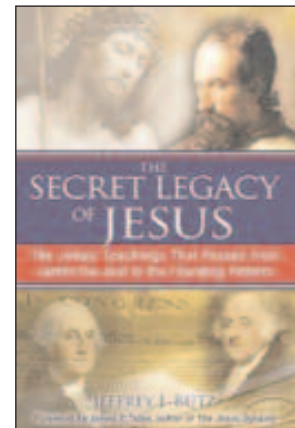
Available: www.InnerTraditions.com

A secret underground belief stream, dubbed "Jewish Christianity" and representing the original teachings of Jesus, has been preserved over the centuries and found its way to America's founding fathers, says Rev. Jeffrey Bütz, a Lutheran minister and adjunct professor of world religions at Pennsylvania State University.

Author of *The Brother of Jesus and the Lost Teachings of Christianity* (see 12/05), Bütz maintains that the orthodox Christian Church tried to eradicate this heretical secret stream. Forced into hiding by St Paul with his vision for a non-Jewish Christianity in his Nicaean Church, this clandestine movement, first led by Jesus' brother

James, was perpetuated by sects such as the Nazarenes and Ebionites.


But it didn't die out in the late fourth century, as records suggest. It was carried on by the obscure southern Mesopotamian Elkesaites and had links with Islam, the Cathars and the Knights Templar. It allegedly was protected with the continuation of Jesus' bloodline through European royal houses and the patronage of such luminaries as Leonardo da Vinci, Isaac Newton and Victor Hugo. It was nurtured by Freemasons who saw the opportunity to create a New Jerusalem in America. Bütz has uncovered details that other authors have missed, and he looks forward to a rediscovery of the original spiritual vision to bring reconciliation among Christians, Jews and Muslims.



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HIDDEN IN PLAIN SIGHT

by Richard Sauder, PhD

Keyhole Publishing, NY, USA, 2010

ISBN 978-0-9677995-2-0 (207pp tpb)

Available: www.keyholepublishing.com

Secret underground and underwater
bases no doubt exist throughout



much of America and the world, says Dr Richard Sauder in this update to his ongoing series (see reviews in 2/25, 8/04; articles in 8/05, 11/06). The technology to build cavernous bases many kilometres deep has been available for decades and has also undergone refinements. It's just that the evidence is usually circumstantial and witnesses risk breaking national security laws. Still, what Dr Sauder pieces together from documentation and sources is compelling.

Since the early 1990s, Dr Sauder has heard from many whistleblowers who've worked on compartmentalised black-budget projects. Reportedly, the US purloined Nazi technicians from Project Paperclip, experienced in subterranean construction, and utilised their expertise over the next decades. Locations tagged include a labyrinth beneath the NSA's HQ at Fort Meade, Maryland, tunnels below Washington, DC, and a vast expanse below Pine Gap in central Australia. There's also evidence for high-speed underground maglev shuttles.

The 1960s-era illustrations of former US Navy artist Walter Koerschner indicate what some of the undersea bases might look like—but Koerschner has no proof that the plans were actually enacted.

What could these bases be for? In his riveting book, Dr Sauder says we have a right to know what's going on.

ROSWELL AND THE REICH

by Joseph P. Farrell

Adventures Unlimited Press, USA, 2010

ISBN 978-1-935487-05-0 (535pp tpb)

Avail: adventuresunlimitedpress.com

What if there's a completely different explanation for the 1947 Roswell, New Mexico, incident? What if it doesn't involve a weather balloon or even a downed alien spaceship? What if it involves a craft that was part of the post-World War II Nazi power push to establish an "extraterritorial Reich"? Readers familiar with Joseph Farrell's revelations in *Nazi International* and *The SS Brotherhood of the Bell* (16/02, 13/06) will not be surprised at the prospect.

In his new book, Farrell says the official cover stories were so ludicrous that the explanation of a crashed UFO gained ascendancy—just as the contrived psychological operation was intended to do—helped along by second-hand reports and, later, a mythology surrounding the recovery of alien bodies.

Farrell deconstructs all the chronological layers and related facts and he revisits roles of key players, including highly placed military officers from General Twining, head of the department investigating foreign technological advances who was present at Kirtland air base at the time of the crash, to Colonel Philip Corso, who even alluded to Nazi technology in his now-famous book about reverse-engineering. Farrell also reexamines the validity of the so-called "Majestic" documents.

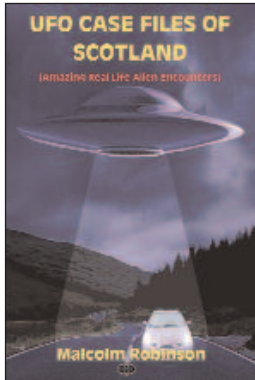
In his new interpretation of the evidence, and knowing as much as he does about developments in Nazi free-energy and advanced propulsion technology prior to the end of World War II, Farrell advances a reasonable and plausible argument that the Nazi International survived the war and continued to develop its advanced technologies in secret bases.



REVIEWS

UFO CASE FILES OF SCOTLAND: Amazing Real Life Alien Encounters by Malcolm Robinson

Healings of Atlantis, UK, 2009
ISBN 978-1-907126-02-4 (372pp tpb)
Avail: www.HealingsOfAtlantis.com



As far as UFO sightings and experiences go, Scotland has had a plethora over the last four decades and there's no let-up. Such examples aren't unique to this land, but few books have been published that document and present them for the worldwide audience. Long-time UFO and paranormal researcher Malcolm Robinson has assembled some of the most interesting Scottish cases in this, his first book. A member of two UFO groups from the mid-1970s, he went on to start Strange Phenomena Investigations in 1979, thus he has a wealth of material to draw and expand upon. His book is given the seal of approval by Philip Mantle, former BUFORA investigations director, in the foreword.

Reports of lights in the sky and abductions by aliens are par for the course (as they are elsewhere). The Bonnybridge, Stirlingshire, sightings of the early 1990s were pivotal and even led to calls for a British government inquiry, with suspicions growing about military knowledge. There's the classic case of forester Robert Taylor who encountered a large dome-shaped object in Dechmont Woods in 1979, and coverage of the 1992 A70 incident—allegedly Scotland's first "reported" abduction case. There's the 1994 Fife incident with sightings of Grey aliens,

and the Craigluscar Reservoir case of the same year, famous for its documentation in photographs (some of them are reproduced here).

In summing up, Robinson considers a number of hypotheses that attempt to explain where UFOs come from, and he gives credence to Colin Wilson's idea that aliens are not so much taking material from us as putting it into us, i.e., altering our genetic structure. This is important testimony for the ufological annals.

MESSAGES

by Stan Romanek with
J. Allan Danelek

Llewellyn Publications, USA, 2009
ISBN 978-0-7387-1526-1 (264pp tpb)
Available: www.llewellyn.com

This case could well be "the world's most documented extraterrestrial contact story", as promised in the subtitle of *Messages*.

The scene was set in December 2000 when Stan Romanek had his first close sighting of a UFO, and as the son of a US Air Force serviceman he already knew a thing or two about aerial vehicles. He was also a self-confessed cynic about UFOs, but that was about to change. It turned out that as a child, he'd had three encounters with a "pretty lady" whom he now wonders was preparing him for future ET contacts.

Romanek has amazing tales to impart about his ET encounters, with the help of J. Allan Danelek, an author who explores paranormal realms in his own right. As well as bearing evidence of alien surgical procedures involving tissue sampling and microchipping, Romanek has captured a video image of a "Grey" alien at his window and amassed multiple witness statements to verify some of his UFO experiences.

Incredibly, Romanek has also "received" equations relating to space travel and auspicious planetary diagrams from this ET source—equations which have been verified by some astonished scientists. Visit www.stanromanek.com for a peek.

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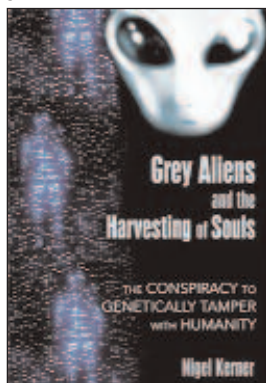
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GREY ALIENS AND THE HARVESTING OF SOULS

by Nigel Kerner

Bear & Company, VT, USA, 2010
ISBN 978-1-59143-103-9 (470pp tpb)
Avail: BearandCompanyBooks.com;
www.nigelkerner.com



Whether you believe Grey aliens exist or not, or don't really care, you'd better sit up and take notice of what Nigel Kerner has to say in his astonishing thesis. A journalist, screenwriter and author (*The Song of the Greys*), Kerner has a keen intellect and well-honed research skills. In 1997, he set his attention on the Grey aliens phenomenon, interviewing eyewitnesses and abductees and making contact with individuals, many in military or intelligence fields who cannot safely speak out.

His inescapable conclusion is that the Greys are "roboids"—biological robots created by an advanced but extinct ET civilisation and now hell-bent on manipulating human DNA, feeding on our emotions and stealing our souls. They have accomplices if not hybrids in the highest levels of government and have been in our midst for many millennia, attempting to hijack our spiritual connection with the "Godverse"—something they can't do if we're already united with this Source, for they would not be able to get an "in" within the space between atoms. Now, many readers may not take these assertions seriously, but Kerner's argument is cogent enough that it cannot be dismissed out of hand. As back-up to his analysis, Kerner informs on the

balance between nothingness and "somethingness", advances in quantum physics, and esoteric truths behind major spiritual systems of knowledge. He presents breathtaking colour graphics to illustrate many of his findings, plus there's a 3D monochrome of the Shroud of Turin.

This longstanding Greys presence could be the ultimate conspiracy. But the only way to free ourselves is to embrace the Godverse, says Kerner in his original, cutting-edge book.

PERFECTIBILISTS: The 18th Century Bavarian Order of the Illuminati

by Terry Melanson
Trine Day, Walterville, OR, USA, 2009
ISBN 978-0-9777953-8-3 (523pp tpb)
Available: www.TrineDay.com

Founded by law professor Adam Weishaupt in Bavaria in 1776, the Order of the Illuminati had a brief period as Perfectibilis, or the Perfectionists—based on an ancient aspiration but difficult to adhere to in reality. For the short duration of its official life, until 1787 or 1793 at the latest, the Order made life hell for the Freemasons, particularly members of the Strict Observance Lodge, the Rosicrucians and the already derided Jesuits. While we know something of the Illuminati in the context of conspiracy politics and even from the popular works of Robert Anton Wilson, very little historical detail has been published in English about them, their membership and their intentions; much of the material is in German.

In the last decade Terry Melanson, director of the online Illuminati Conspiracy Archive, has been on a fact-finding mission for details on the Order and has had many German texts translated in his research effort. He explains that the Illuminati needs to be understood in the context of the Age of Enlightenment. From the influential people in its membership, it extended its tentacles into society and had a hand in the French Revolution as well. Its influence, arguably, is still with us today.



REVIEWS

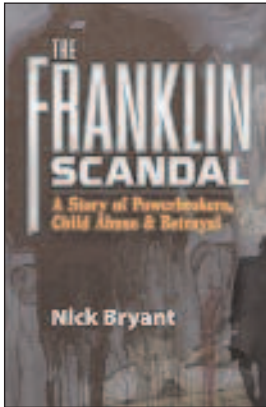
THE FRANKLIN SCANDAL

by Nick Bryant

Trine Day, Walterville, OR, USA, 2009

ISBN 978-0-9777953-5-2 (650pp hc)

Available: www.TrineDay.com



Most shameful episode in US history is the 1980s scandal of the child abduction, prostitution and pornography ring that operated out of Nebraska and serviced, often via the Boys Town orphanage, an elite clientele in Washington, DC, and across the nation. The ringleader allegedly was African-American Republican rising star and Franklin Credit Union rip-off artist Larry King, who with his criminal connections gathered evidence to blackmail key political, judicial and military figures.

Investigative journalist and child welfare advocate Nick Bryant has written the most comprehensive account of the Franklin scandal so far, but he's had to endure death threats in the process. Many of those he interviewed, both boys and girls, were kidnapped or abused as children and have spoken of despicable crimes including satanic ritual abuse, mind-control drugging and sacrificial murder. There are also revelations about the activities and complicity of CIA operatives, FBI and law-enforcement officers, members of the government and judiciary, church leaders and foster carers. Sadly, such evils continue to this day and many of the guilty parties (mostly unnamed here) are still on the scene.

Publisher Trine Day is donating 50 per cent of proceeds to organisations

that help abused children. Support its efforts by purchasing this book.

A TERRIBLE MISTAKE

by H. P. Albarelli, Jr

Trine Day, Walterville, OR, USA, 2009

ISBN 978-0-9777953-7-6 (826pp hc)

Available: www.TrineDay.com

Hank Albarelli uncovered more about the CIA's drastic Cold War mind-control experiments than he imagined possible in the nearly decade-long process of researching the "suicide" of biochemist Frank Olson for his book. Olson worked with the US Army and the Special Operations Division (SOD) at the then Camp Detrick, Maryland, biowarfare facility with CIA links—until he met an untimely death on 28 November 1953 by apparently diving through a 10th-floor hotel window.

Olson's case has reached almost mythic proportions in conspiracy circles, but it's only now, thanks to Albarelli's comprehensive research, that we are close to knowing who murdered Olson and why. Indeed, Albarelli does name the perpetrators, their bosses and associates, including frontier psychiatrists, and presents a convincing case supported by documentation from FOIA and other sources. Albarelli kept his promise to protect the identities of two CIA informers who revealed key aspects surrounding Olson's death—one reason the reopened case was dropped by the New York District Attorney, and soon after 9/11.

One explanation is that Olson was becoming careless about divulging top-secret details of the SOD's covert LSD doping of the villagers of Pont-St-Esprit in France in August 1951, and so had to be brought into line—with a mixture of LSD and truth serum. Allegedly, Olson was meant to have been transported away for monitoring, but the planned hotel room abduction went horribly wrong.

Albarelli presents a gripping exposé with important implications for us today, considering the roles of major players still pulling the strings.

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REVIEWS



DVDs

Compiled by Duncan Roads

CROP CIRCLES:

Reflections of a Season

Crop Circle Connector © 2009

Available: www.cropcircleconnector.com

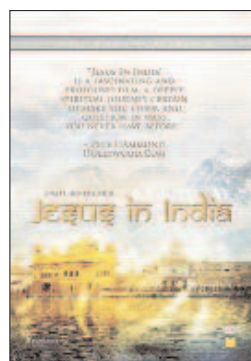
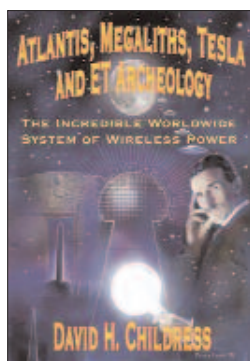
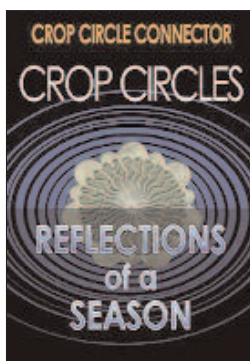
After finding what seemed to be a small shrine in a formation that had appeared late in the season, Stuart Dike became inspired to reflect on the crop circle phenomenon in which he has been closely involved over many years.

An abundance of formations had appeared across the southern English countryside during

2009, many of which seemed to hold mysterious messages and meanings within their designs.

This DVD incorporates the wonder of geometry with the amazing imagery of the crop circles within their landscape. The power and presence of these incredible events certainly comes through in Stuart's own vision of this phenomenon.

There is wonderful aerial camerawork by Julian Gibsone.



ATLANTIS, MEGALITHS, TESLA AND ET ARCHEOLOGY

Adventures Unlimited Press © 2009
www.adventuresunlimitedpress.com

David Hatcher Childress begins this DVD, from a presentation in Los Angeles in 2008, by examining the megalithic structures in Peru and Bolivia, and then he launches into a discussion of vimana craft and the

ancient Hindu Rama Empire. From there he discusses Nikola Tesla, free energy, Guglielmo Marconi's secret inventions, the Philadelphia experiment and the genesis of flying saucer technology in the 1930s to 1940s. Childress winds up with an examination of unusual structures on the Moon, including obelisks, and of a worldwide wireless system of power transmission utilising obelisks and pyramids placed around planet Earth.

JESUS IN INDIA

A Paul Davids Film

www.jesus-in-india-the-movie.com

The story begins with a former fundamentalist from Texas, ousted from his provincial church for asking too many questions. "If God wanted you to know about that, it would have been in the Bible," he is told.

But that's not good enough for Edward T. Martin, and thus begins a seeker's quest across 4,000 miles of India in search of answers about where Jesus was during the "missing years" from the age of 12 to thirty.

In India, there is an ancient tradition that young Jesus joined a caravan and took the Silk Road to the East, where he lived with both Hindus and Buddhists before returning home.

To what extent are these traditions based on evidence, and why does the "Pope" of Hinduism now insist that Jesus was in India? Scholars and religious authorities are joined in this film by the Dalai Lama and an Apostolic Nuncio of Pope John Paul II. You will be surprised by some of the answers offered for the Bible's silence about Jesus in India.

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REVIEWS

MUSIC

Reviewed by Richard Giles

ALI AND TOUMANI by Ali Farka Touré and Toumani Diabaté

World Circuit Ltd, UK, 2010 (50mins)
Distributors: **Australia**—Fuse Music, tel (02) 9699 7555; **UK**—World Circuit Records, tel (0)20 7749 3222, www.worldcircuit.co.uk; **USA**—Nonesuch, www.nonesuch.com

The success of *In the Heart of the Moon* (NEXUS 12/06) prompted World Circuit's Nick Gold to make studio time for Ali Farka Touré (on guitar and vocals) and Toumani Diabaté (on kora) to get together again. This album was recorded in London in mid-2005. It turned out to be their last collaboration because sadly, a year later, Ali succumbed to a long illness and passed away. This superb CD includes contributions from Orlando "Cachaíto" López on bass, Vieux Farka Touré on congas and backing vocals, Souleye Kane and Ali Magasa also on backing vocals, and Tim Keiper on percussion.

THE ROUGH GUIDE TO ARABIC LOUNGE

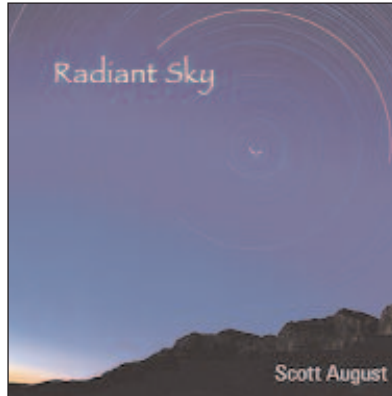
by various artists

Rough Guide/World Music Network, UK, 2010 (2CDs, 112mins)

Distributors: **Australia**—The Planet Company, tel (02) 9283 8250; **UK**—World Music Network, tel (0)20 7498 5252, www.worldmusic.net

In the 1960s, Arab musicians began experimenting with orchestral techniques and instrumentations. They introduced jazz and Latin sounds into classical Arabic songs, inspired by the world film and recording industries bursting into Arab cultures. Middle Eastern artists have been influenced to mix all styles of music, and *Arabic Lounge* samples a host of these. From musicians such as Ishtar Alabina, Amir ElSaffar, Natacha Atlas, Mohamed Houssein, Munir Bashir, Smadar Levi, Ghazi Abdel Baki and more, this is a

notable album. The second CD features Akim El Sikameya with his Arab-Andalusian style of music.



RADIANT SKY by Scott August

Cedar Mesa Music BMI, USA, 2010
Distributor: **USA**—Cedar Mesa Music BMI, www.cedarmesa.com

The night sky has fascinated all peoples, and it inspired Scott August to create his newest and fifth album, *Radiant Sky*. Scott plays Native American wooden flute and shows his musical skill on keyboards, guitars and percussion. He reflects the breathtaking sight of the Milky Way with the Inca-inspired "River of Stars" and captures the awed feeling of the Yuman tribes watching meteor showers in "Since the Stars Fell". A sacred journey to the starry heavens and haunting ancient landscapes.

SHOSHAN

by Shye Ben-Tzur

EarthSync, India, 2010 (46mins)
Distributors: **Aust**—The Planet Co., tel (02) 9283 8250; **India**—EarthSync, www.earthsync.com

Shye Ben-Tzur is an Israeli composer, poet and flautist who, captivated by the Qawwali musical tradition, went to study in India and ended up living there. On this album, he works with Rajasthani musicians who perform Qawwali and folk tunes to produce a fusion of Hebrew music, devotional Sufi poetry and Rajasthani rhythms. This is a special album of gentle, soul-stirring music that unifies three racial influences.



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An Overview of Earth Expansion Tectonics

Continued from page 38

This has never been achieved before, and in itself it quantifies Expansion Tectonics.

By the use of modern global geological and geophysical data, our Earth is shown to have undergone a steady expansion throughout the Precambrian Superaeon, prior to a rapidly accelerating expansion during the more recent eras, and continental break-up and opening of the modern oceans during the past 200 million years to the present.

With this modern geological and geophysical data, we now have the means to quantify an Earth expansion process accurately, making the evidence in favour of expansion very favourable.

In order to accept Expansion Tectonics as a viable global tectonics concept, we must be prepared, however, to remove the constant-Earth-radius premise in order to encourage active research into

alternatives to currently accepted global tectonics theories.

About the Author:

Dr James Maxlow was born in England in 1949 and migrated to Australia in 1953. He has a degree in geology (1971) from Royal Melbourne Institute of Technology and a Master's degree in geology (1995) followed by a PhD in geology, specialising in global tectonics (2002), from Curtin University of Technology in Perth, WA. He has over 35 years' experience working as an exploration and mine geologist throughout much of Australia.

Dr Maxlow's interest in Earth expansion stems from working in the Pilbara region of Western Australia. What so intrigued him was that the bedded sediments, right down to finest sedimentary laminations seen in the iron ores, could be intimately correlated between widely separated sites for distances of over 300 kilometres. It occurred to him that this domal structure may be a preserved fragment of the ancient Earth, with the dome

reflecting the radius of the ancient Earth. It took a further 15 years of working and raising a family before he was able to return to university.

Since completing his academic studies, Dr Maxlow has been actively involved in spreading the merits of Earth Expansion, with conferences in Japan, Greece and Australia to his credit. He is involved with production of software and DVDs to promote Earth Expansion Tectonics as a viable alternative to Plate Tectonics.

Dr Maxlow has contributed several articles to NEXUS (see 7/06, 8/03, 13/01). He is the author of *Terra Non Firma Earth* (see review in 13/01; book available from TerrellaPress@bigpond.com, and e-book from <http://www.oneoffpublishing.com>). He was a speaker at the 2005 NEXUS Conference in Brisbane and is scheduled to make a presentation at the July 2010 NEXUS Conference on the Sunshine Coast, Queensland, Australia.

Dr Maxlow can be emailed at contact@jamesmaxlow.com. For more information, visit his website <http://www.jamesmaxlow.com>.

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To Infinity and Beyond: Transcending our Limitations

Continued from page 46

About the Author:

Born in Geneva, Switzerland, in 1962, Nassim Hamein from as early as nine years old was developing the basis for a unified hyperdimensional theory of matter and energy, which he eventually called the Holo fractographic Universe theory.

He has spent most of his life researching the fundamental geometry of hyperspace.

Combining this knowledge with a keen observation of nature, he discovered a specific geometric array that is fundamental to creation. His unification theory, known as the Hamein-Rauscher Metric (a new solution to Einstein's field equations that incorporates torque and Coriolis effects), and his recent paper "The Schwarzschild Proton" lay down the basis of what could be a fundamental change in our current understandings of physics and consciousness.

In the past 20 years, Mr Hamein

has directed research teams of physicists, electrical engineers, mathematicians and other scientists.

He founded a non-profit organisation, The Resonance Project Foundation, where as Director of Research he continues exploring unification principles and their implications.

The foundation is actively developing a research park in Hawai'i which combines science, sustainability and green technology.

Nassim Hamein has been giving lectures and seminars on his theory for more than 10 years. He is a scheduled speaker at the 2010 NEXUS Conference in Queensland, Australia, on 24-26 July. For more information and to contact Nassim Hamein, visit <http://www.theresonanceproject.org>.

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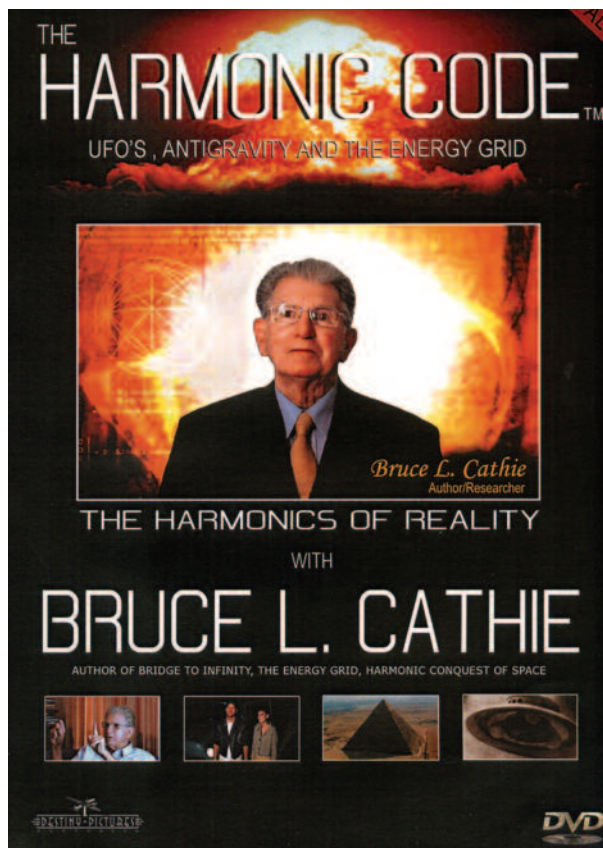
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In Search of the Mythical Mermaid

Continued from page 59

great depths when they observed boats approaching.

The people regarded them as just another animal to be caught and eaten for food. Remember that many of the people of the South Pacific were cannibals until relatively recently, so eating a human-like marine mammal would not have been all that different from eating members of their own species.

The Mediterranean Mermaid

In mid-2009, dozens of people reported sightings of mermaids close to the town of Kirvat Yam, near Haifa, Israel. According to Israel National News (12 August 2009), one witness, Shlomo Cohen, described his observation as follows:

I was with friends when suddenly we saw a woman laying on the sand in a weird way. At first I thought she was just another sunbather but when we approached she jumped into the water

and disappeared. We were all in shock because we saw she had a tail. At least five of us saw it and we all couldn't believe it.

Kirvat Yam town council is offering a US\$1 million reward for anyone who can prove the existence of a Mediterranean mermaid. Council spokesman Natti Zilberman told Sky News (11 August 2009):

Many people are telling us they are sure they've seen a mermaid and they are all independent of each other.

People say it is half girl, half fish, jumping like a dolphin. It does all kinds of tricks, then disappears.

Are Mermaids Aquatic Hominins?

From the observations of mermaids over hundreds of years, the descriptions of the animals reveal that there may have been, and perhaps still is, an aquatic species of hominin. Perhaps, like ourselves, the merbeings evolved from a chimpanzee-like species that spent so much time foraging in the water that

it adapted its body to a wholly aquatic lifestyle. On the other hand, it may well be our nearest relative, a true aquatic human that evolved from semi-aquatic humans that gave rise to our species.

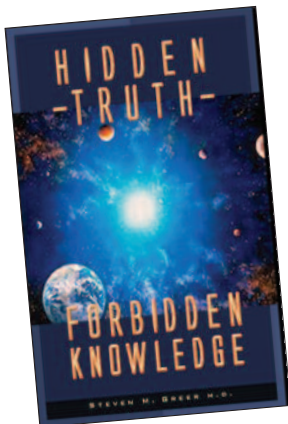
Although this may sound unlikely, it must be remembered that the oceans are teeming with marine mammals whose ancestors were terrestrial species that adapted themselves to a marine existence.

Marine mammals are warm-blooded and the females suckle their young. Some species have reduced the four-legged hairy body into a sleek, hairless body with a fin and tail flukes. Porpoises, dolphins, whales and seals all evolved from a dog-like carnivore.

Sea otters evolved from a ferret- or weasel-like animal. The dugong and manatee evolved from an elephant-like herbivore, and one species was elephant-sized until it was hunted to extinction in relatively recent times.

These species have lost much, most

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In Search of the Mythical Mermaid

or all of their original hairy covering, and in its place is skin with a subcutaneous layer of fat. Humans also have a fat layer beneath our skin, and this is unique amongst primates. The largest populations of humans are to be found along the seaside or by lakes and rivers.

We still possess slight webbing between our fingers. The pattern of hair lines across our bodies exactly parallels the way the water flows across it while bathing.

We have a large hooded nose instead of a pair of nostrils, like most other primates. Imagine what would happen if a monkey or an ape tried to dive or swim underwater. Of course, the water would run straight down its nostrils. But if a hooded extension arose to cover the nostrils partially from water, which comes sweeping down across the forehead and face as one dives or swims, the problem would be greatly alleviated. The only other species of monkey that has a hooded nose, the proboscis monkey

of Borneo, is also the only other semi-aquatic primate.

Humans are, in fact, partly aquatic. This is the reason why we love to swim. The original ecological niche that we chose long ago as our favourite place to live was the water. Perhaps our closest living relatives still swim in remote regions around the islands of New Guinea and New Ireland and in other localities across the vast oceans of our planet. ∞

About the Author:

Gary Opit is a biologist and cryptozoologist based on the north coast of New South Wales, Australia. Since 1997 he has had a weekly wildlife talkback segment on ABC Radio North Coast. He has contributed several articles to NEXUS, including "Understanding the Yowie Phenomenon" (6/05) and "The Bunyip Mystery" (9/01). He is the author of *Understanding Humans, ETs & The Awakening of the Planetary Mind* (reviewed in 15/02) and *Australian Cryptozoology* (16/01), both of which contain information on mermaids and

other cryptic species.

Gary Opit can be contacted by mail at Post Office Box 383, Brunswick Heads, NSW 2483, Australia, and by email at garyopit@gmail.com.

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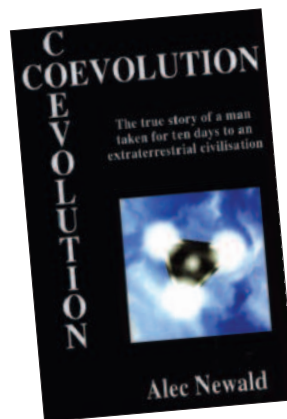
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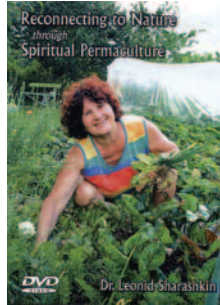
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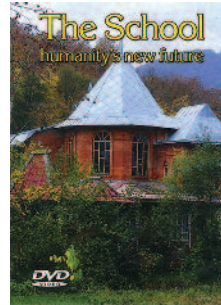
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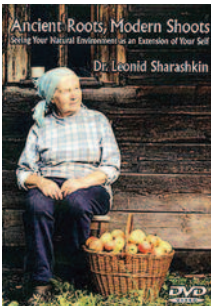
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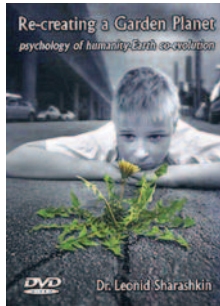
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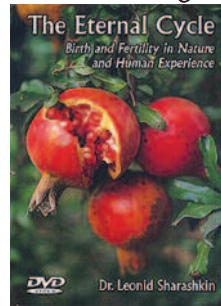
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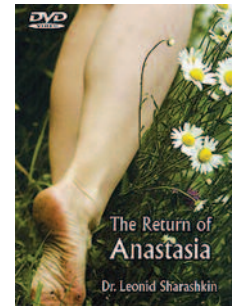
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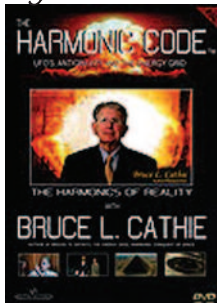
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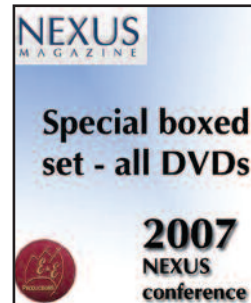
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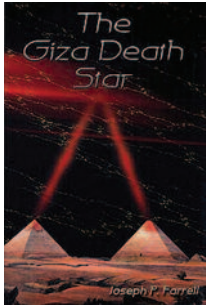


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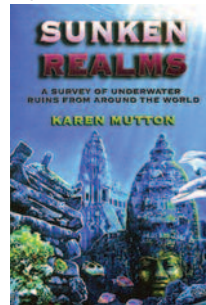
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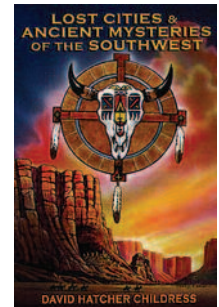
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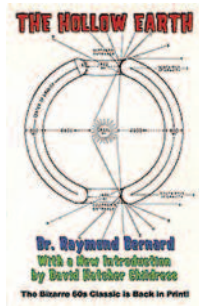
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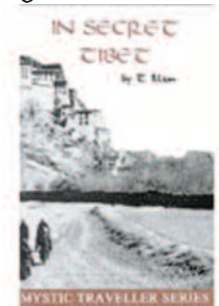
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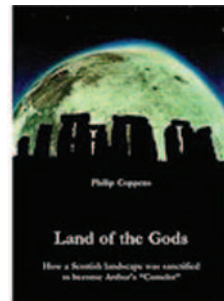
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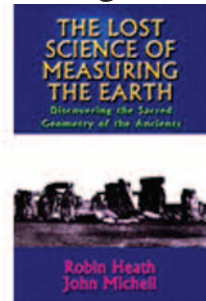
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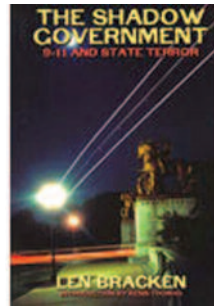
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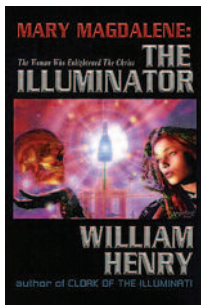
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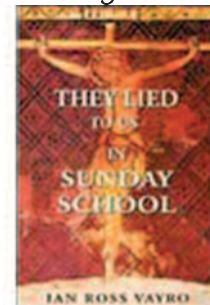
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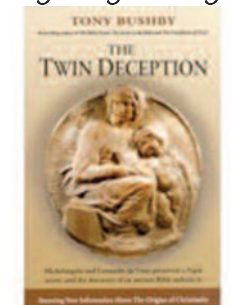
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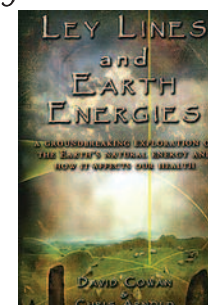
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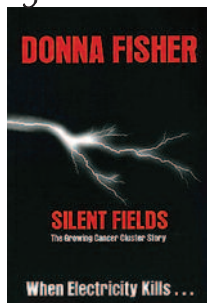
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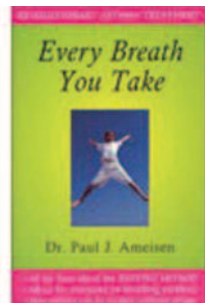
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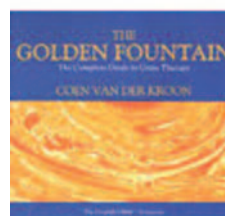
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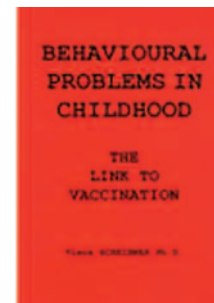
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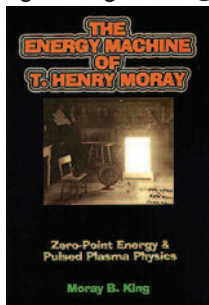


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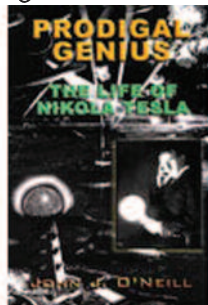
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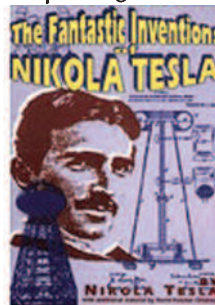
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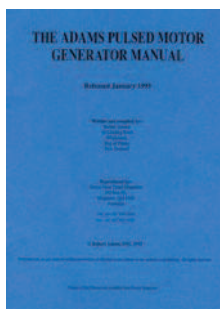
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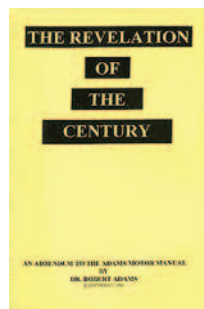
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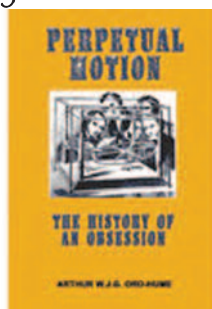
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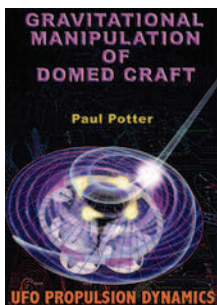
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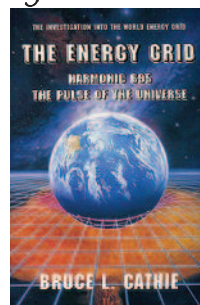
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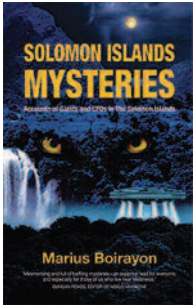


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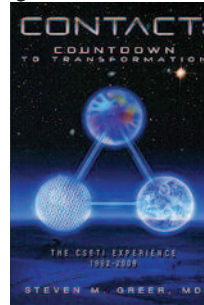
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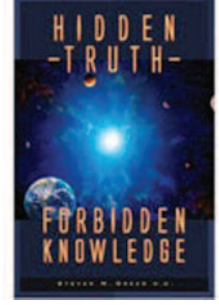
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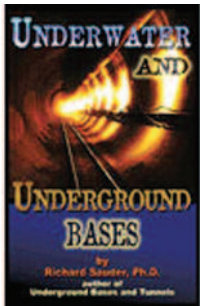
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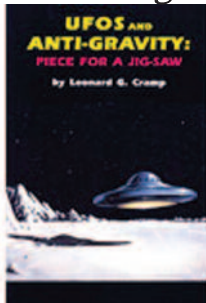
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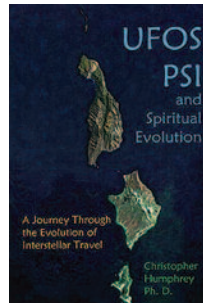
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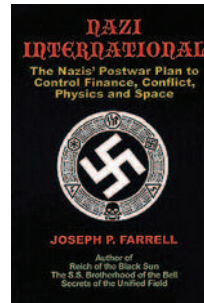
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